

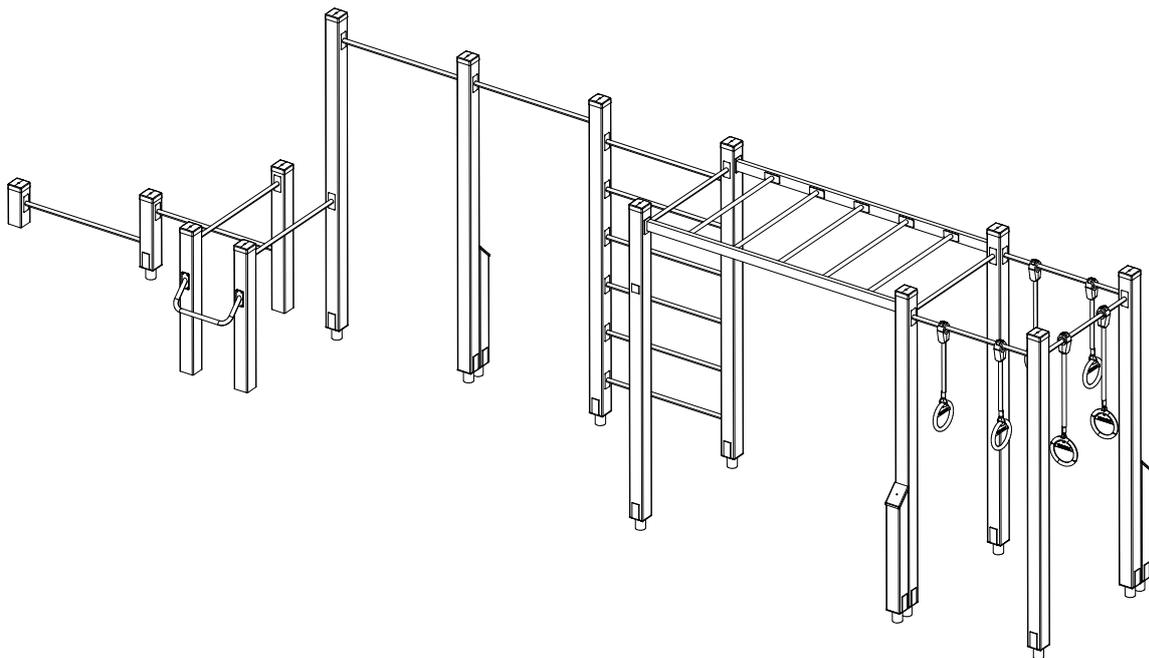


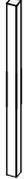
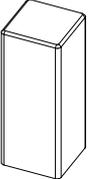
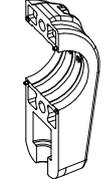
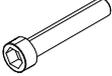
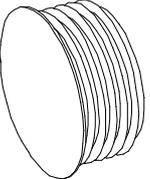
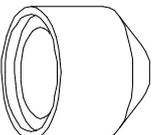
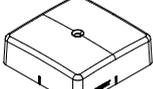
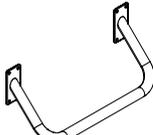
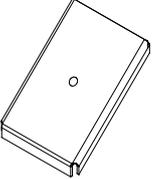
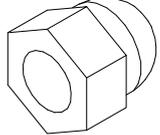
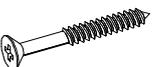
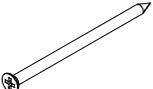
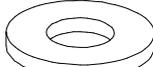
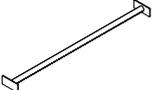
# FITNESS

## ASENNUSOHJE MONTERINGSANSVISNING INSTALLATION INSTRUCTION AUFBAUANLEITUNG NOTICE D'INSTALLATION

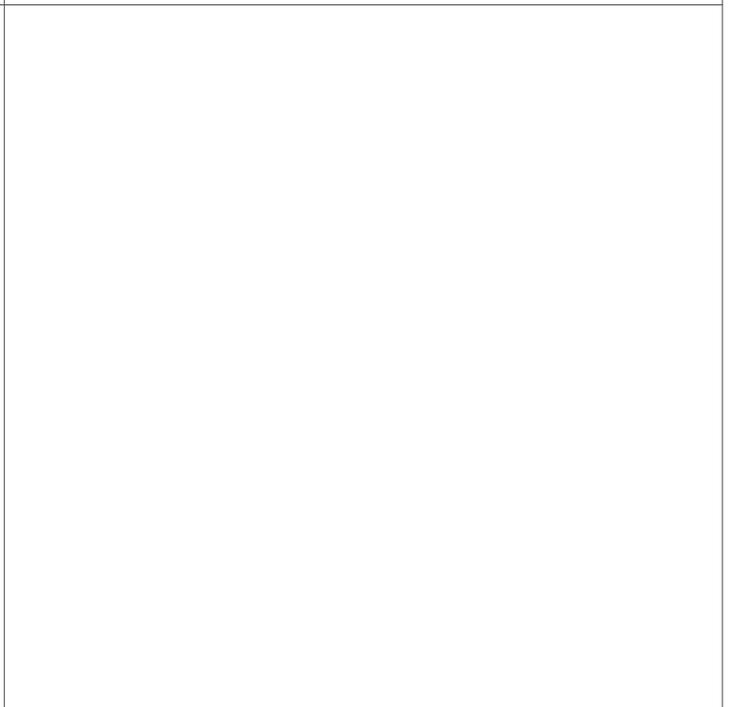
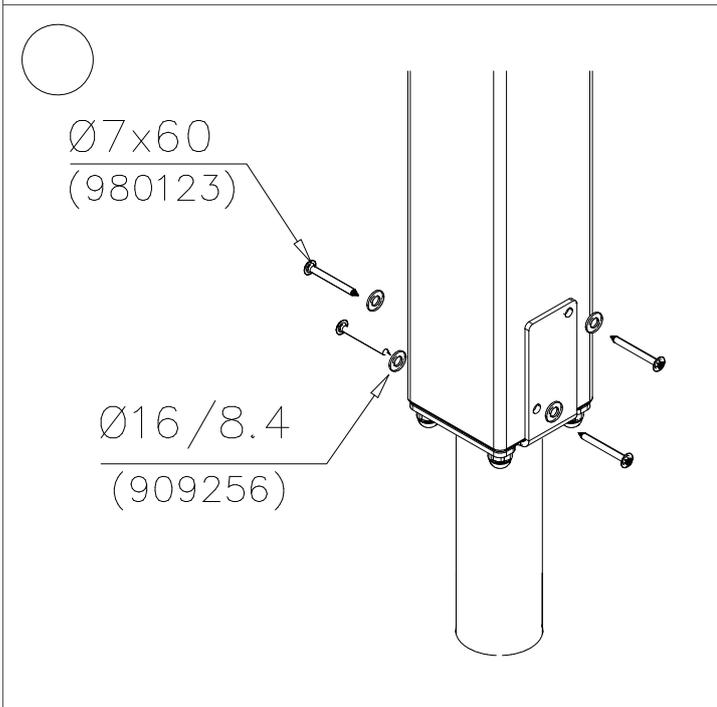
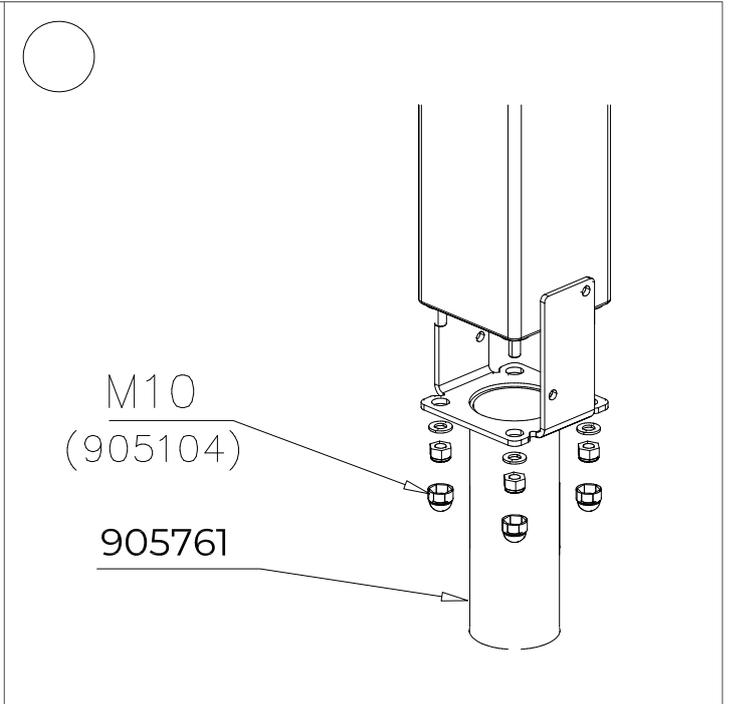
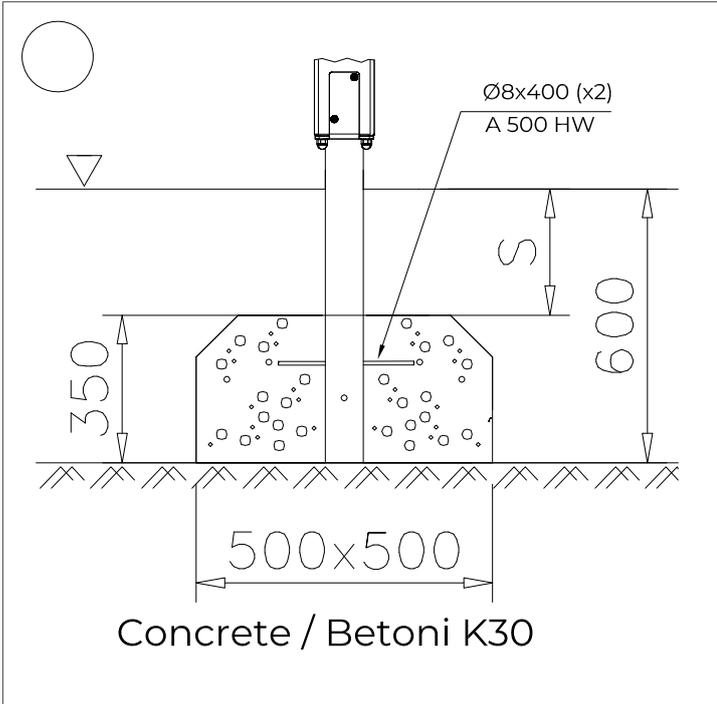
DATE: 29.8.2025

### Q11037-2

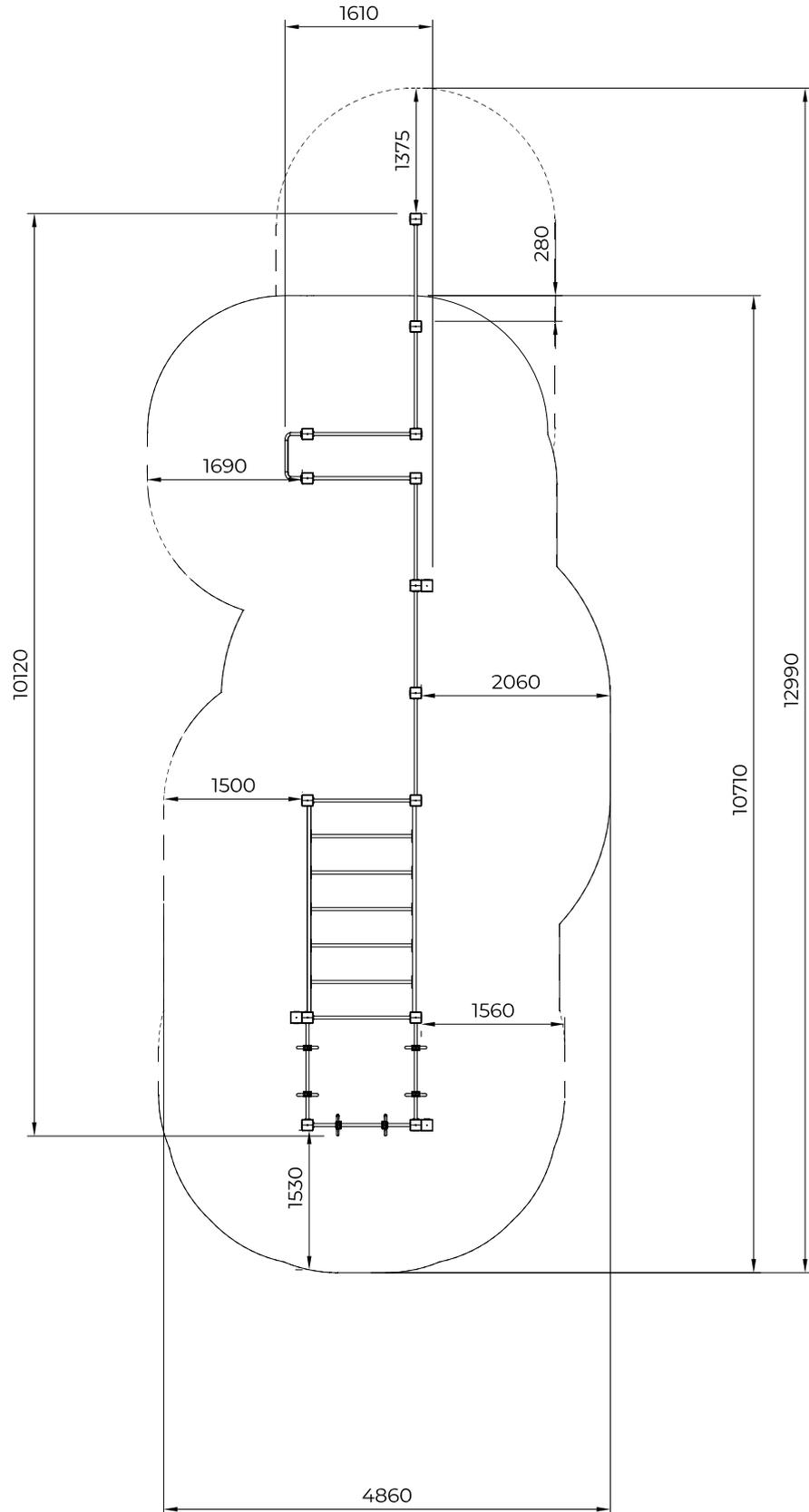


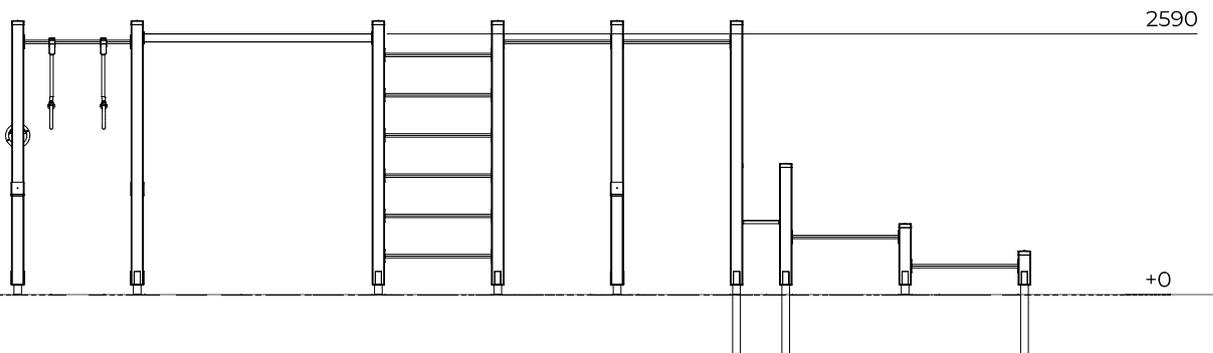
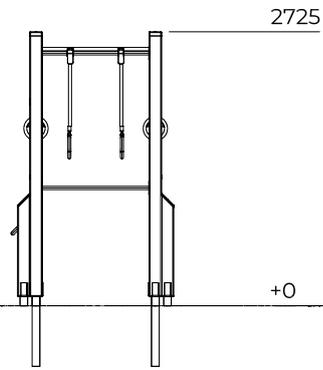
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<p>705348</p>  <p>118x118x300</p>	PCS 1	<p>900240</p>  <p>Ø8x70</p>	PCS 24	<p>902195</p>  <p>150x50x50</p>	PCS 12	<p>902232</p>  <p>M10x55</p>	PCS 6	<p>902233</p>  <p>M10x30</p>	PCS 6	<p>905103</p>  <p>PT -28/32-H</p>	PCS 9
<p>905104</p>  <p>M10</p>	PCS 68	<p>905761</p>  <p>120x120x700</p>	PCS 17	<p>905830</p>  <p>123x123x40</p>	PCS 14	<p>905838-216</p>  <p>L 1060</p>	PCS 17	<p>905934-216</p> 	PCS 1	<p>906006</p>  <p>Ø64/36,4x59</p>	PCS 12
<p>906583</p>  <p>129x181x14x3</p>	PCS 3	<p>908620-216</p>  <p>150x70x2260</p>	PCS 2	<p>909246</p>  <p>Ø12x140</p>	PCS 9	<p>909256</p>  <p>Ø16/8.4</p>	PCS 256	<p>909258</p>  <p>M8x55</p>	PCS 40	<p>909633</p>  <p>M8</p>	PCS 40
<p>980100</p>  <p>Ø5x60</p>	PCS 3	<p>980104</p>  <p>Ø5x90</p>	PCS 14	<p>980114</p>  <p>Ø4x20</p>	PCS 4	<p>980123</p>  <p>Ø7x60</p>	PCS 204	<p>980154</p>  <p>Ø24/13</p>	PCS 9	<p>980161</p>  <p>M10</p>	PCS 12
<p>P10375</p>  <p>SPECIAL COLOR</p>	PCS 4	<p>P11417-1</p>  <p>L 1104</p>	PCS 5	<p>P13061</p> <p>Ø16x974</p>	PCS 2		PCS		PCS		PCS
	PCS		PCS		PCS		PCS		PCS		PCS

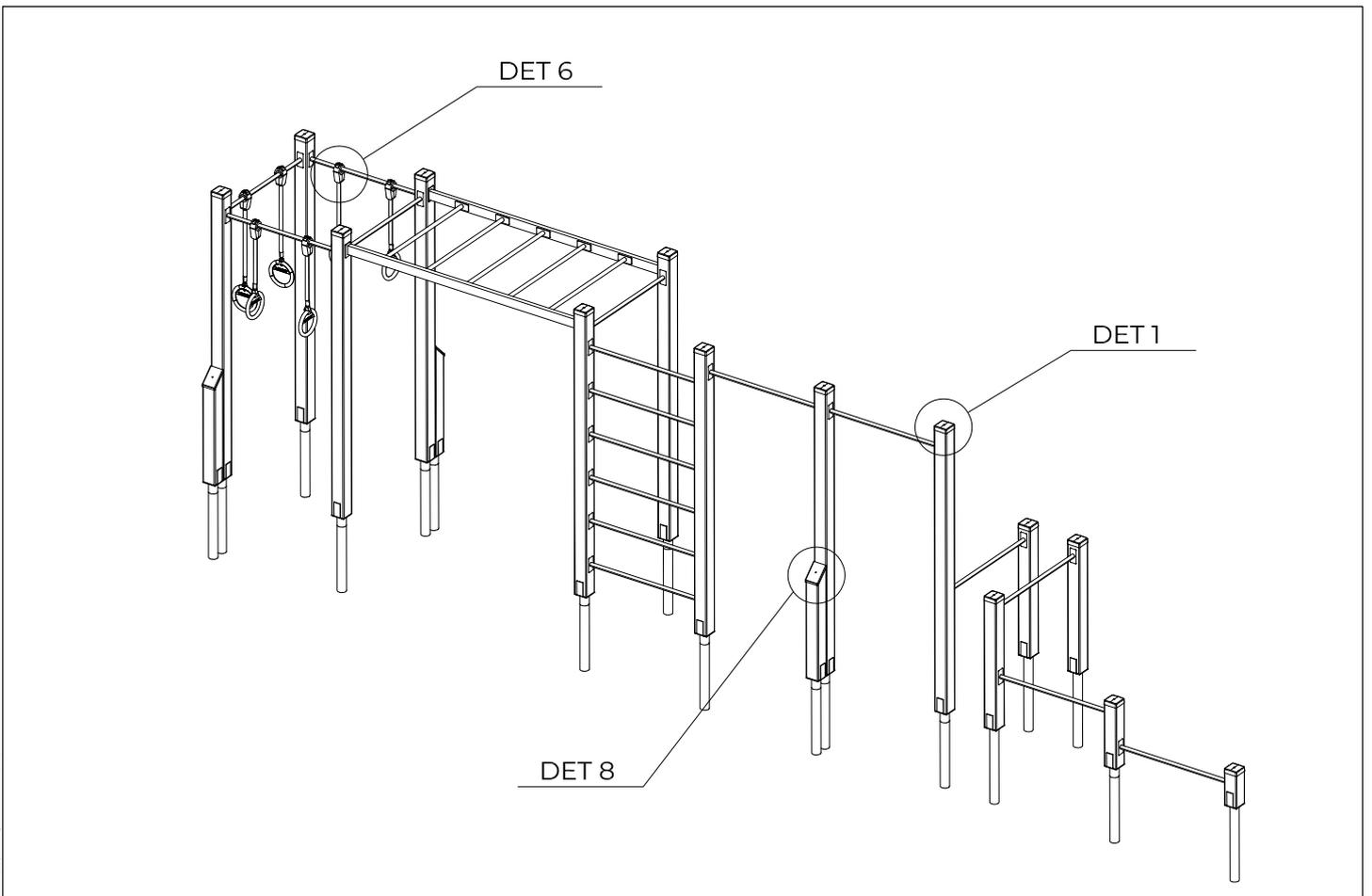
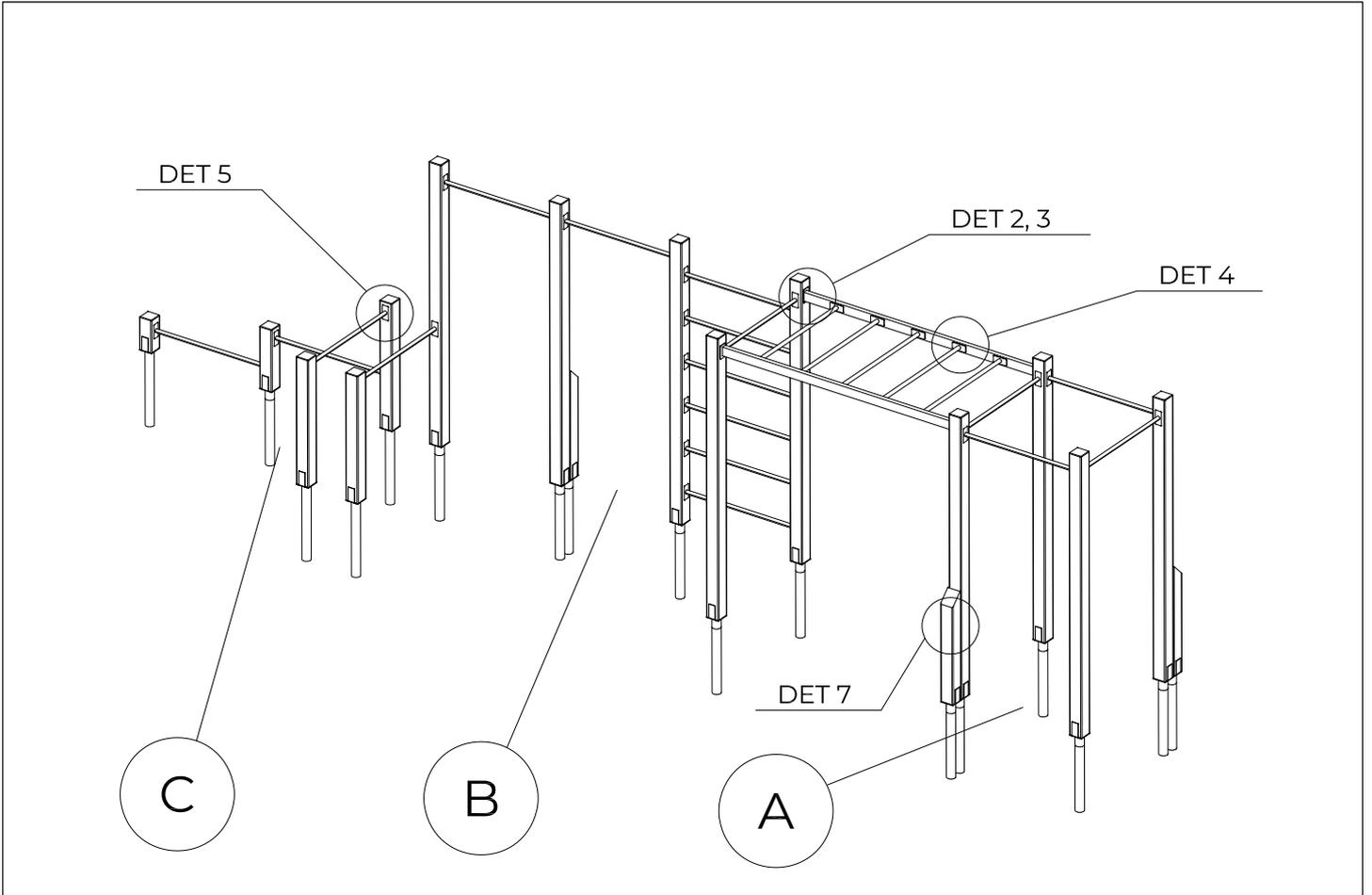




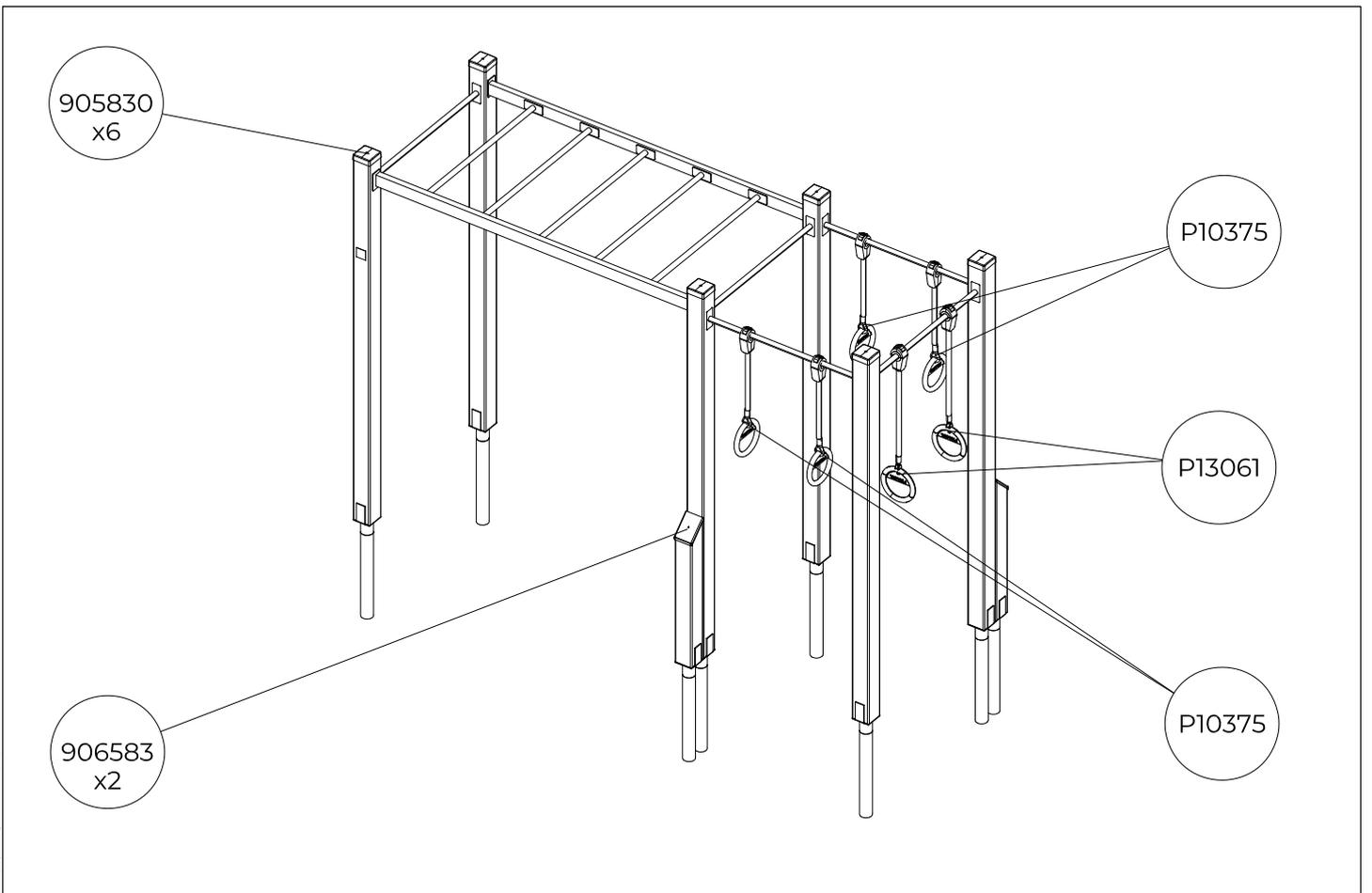
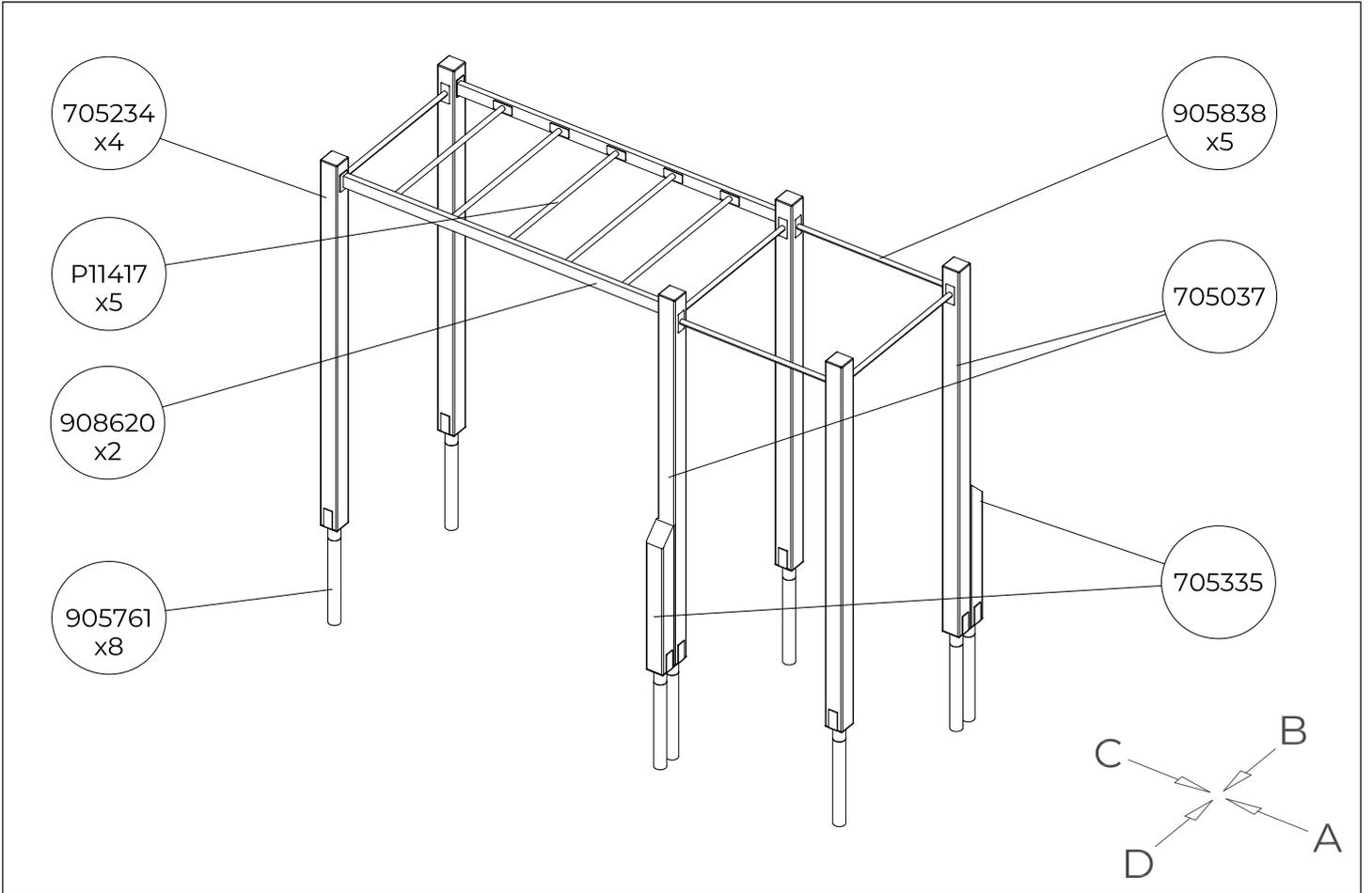
- EN16630 Area of Movement 45 m<sup>2</sup>
- - - Falling Space 51 m<sup>2</sup>
- Max Falling Height 2590 mm

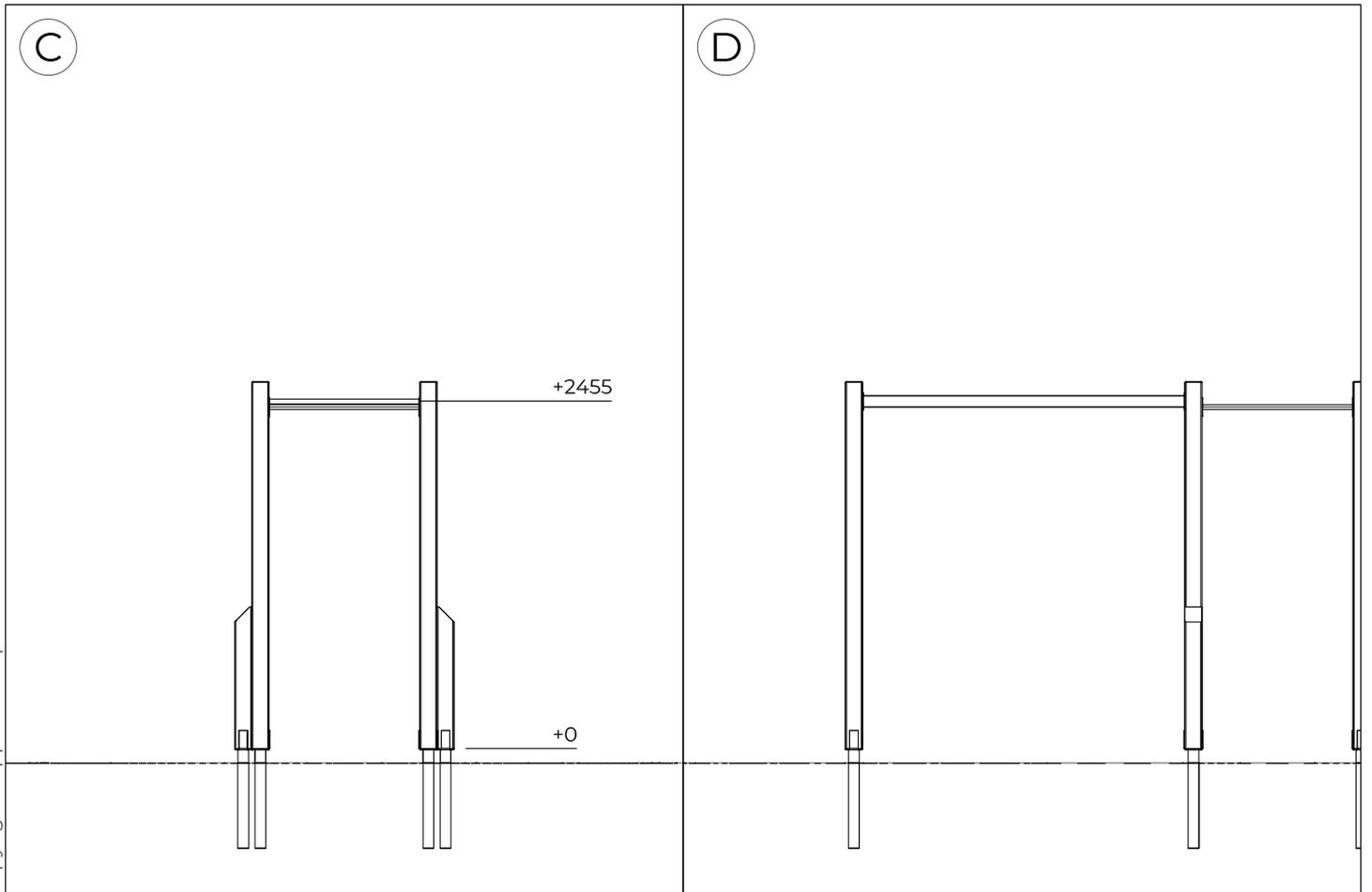
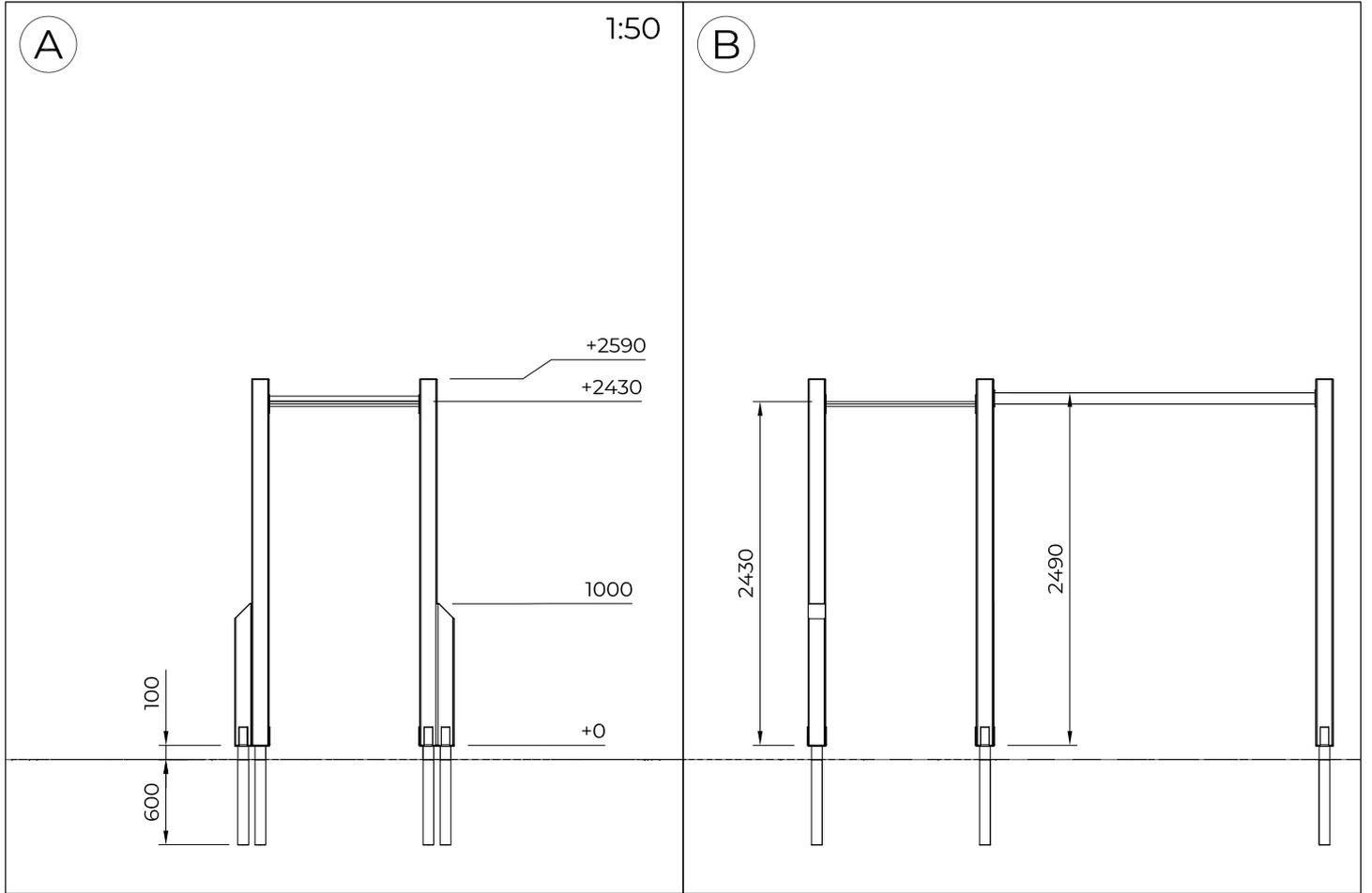


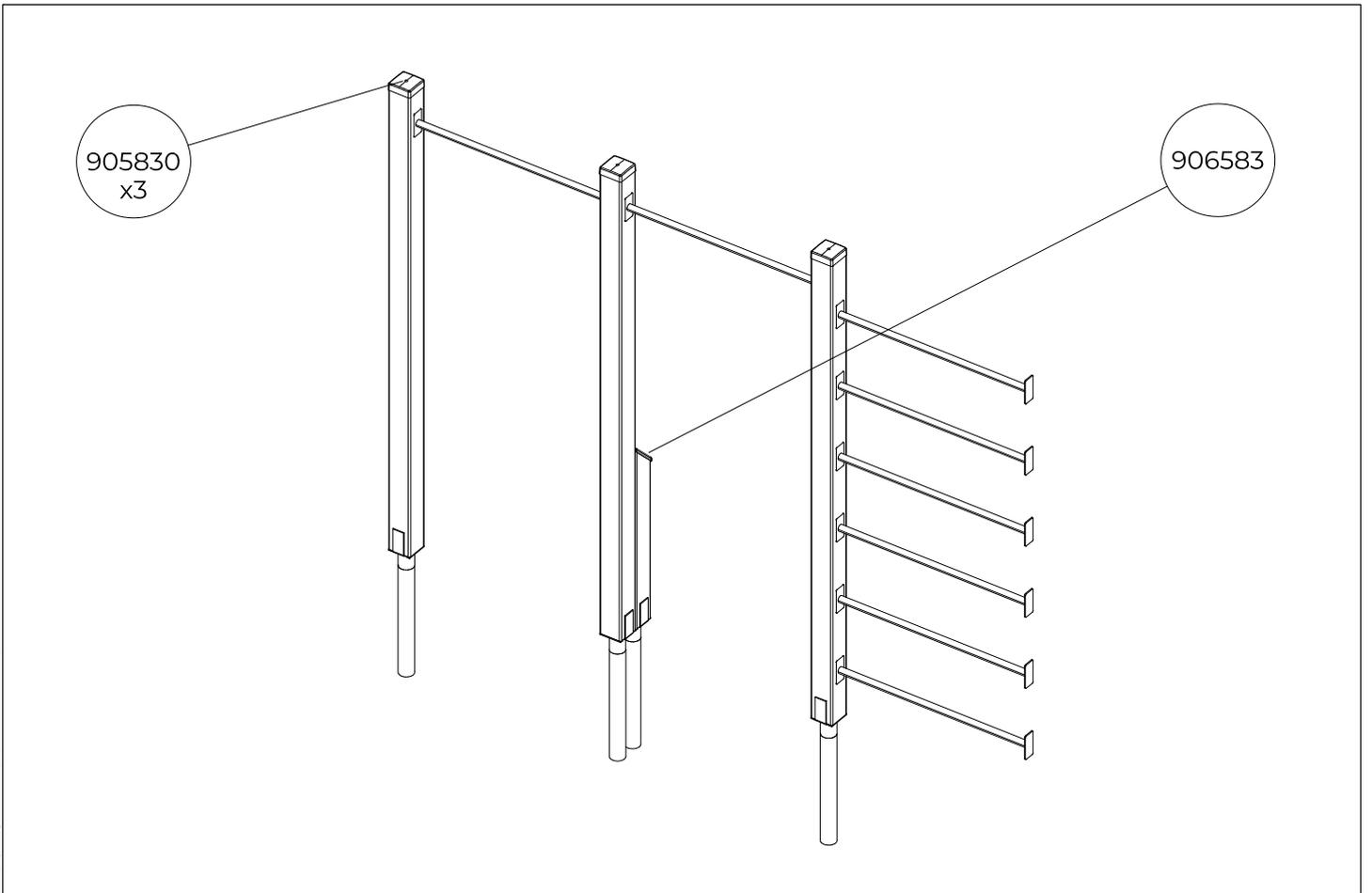
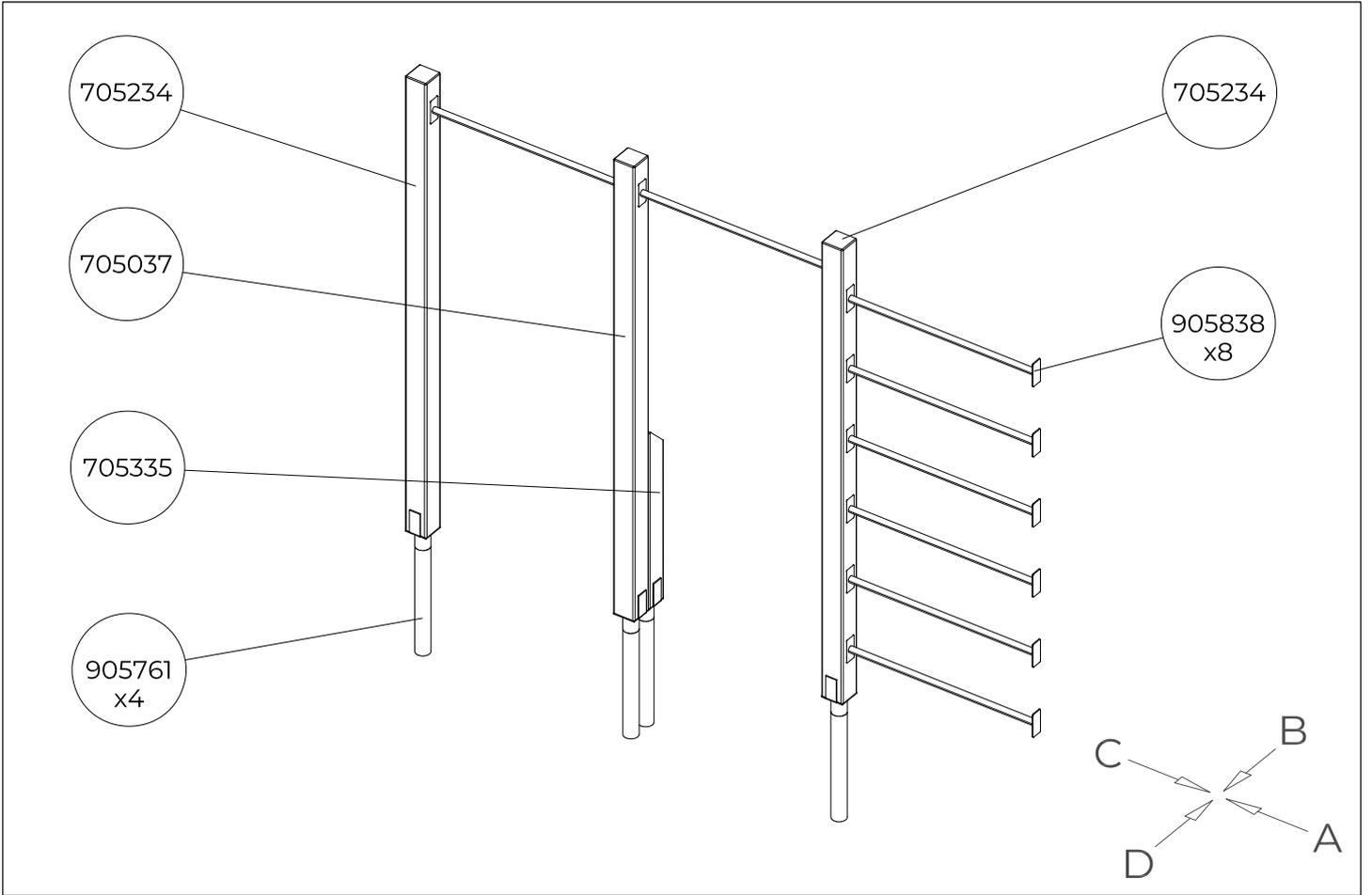




<p><b>DET 1</b></p> <p>Ø5x90 (980104)</p> <p>905830</p> <p>Place the logo laterally</p>	<p><b>DET 2</b></p> <p>10.5</p>	<p><b>DET 3</b></p> <p>Pre-drilled hole (x4) Ø5</p> <p>Ø16/8.5 (909256)</p> <p>Ø8x70 (900240)</p>	<p><b>DET 4</b></p> <p>Ø16/8.4 (909256)</p> <p>M8 (909633)</p> <p>M8x55 (909258)</p> <p>908620</p> <p>BAR L1104 mm</p>
<p><b>DET 5</b></p> <p>Ø16/8.4 (909256)</p> <p>Ø7x60 (980123)</p>	<p><b>DET 6</b></p> <p>M10x30 906006</p> <p>M10x55 906006</p> <p>902195 M10</p>		
<p><b>DET 7</b></p> <p>Ø24/13 (980154)</p> <p>M12x140 (909246)</p> <p>905103</p>		<p><b>DET 8</b></p> <p>Ø5x60 (980100)</p> <p>906583</p>	

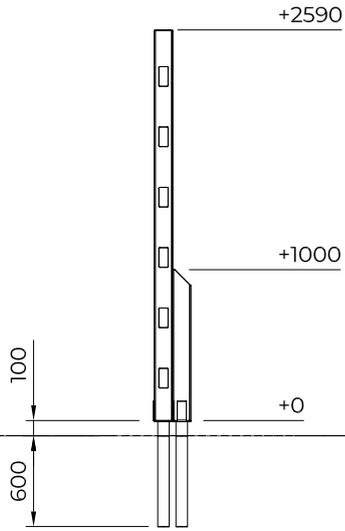




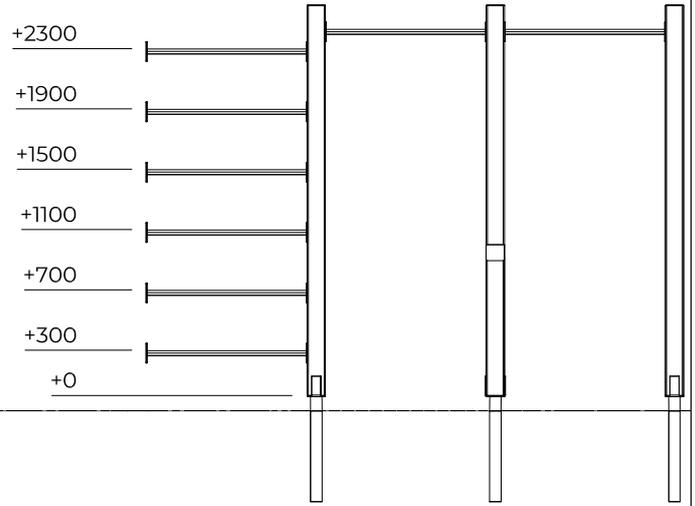


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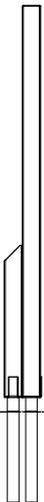
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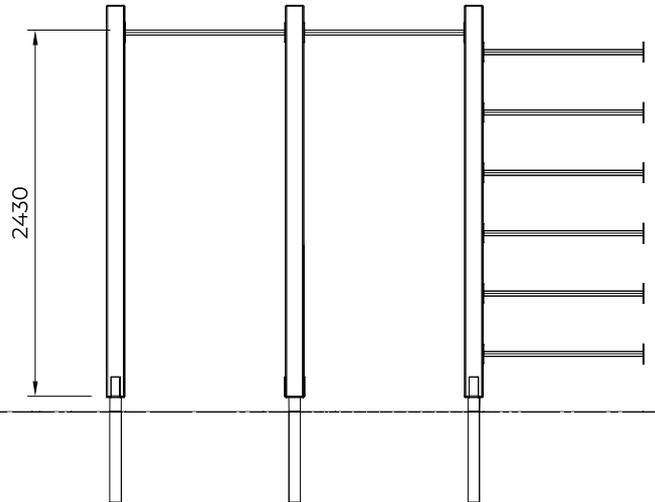
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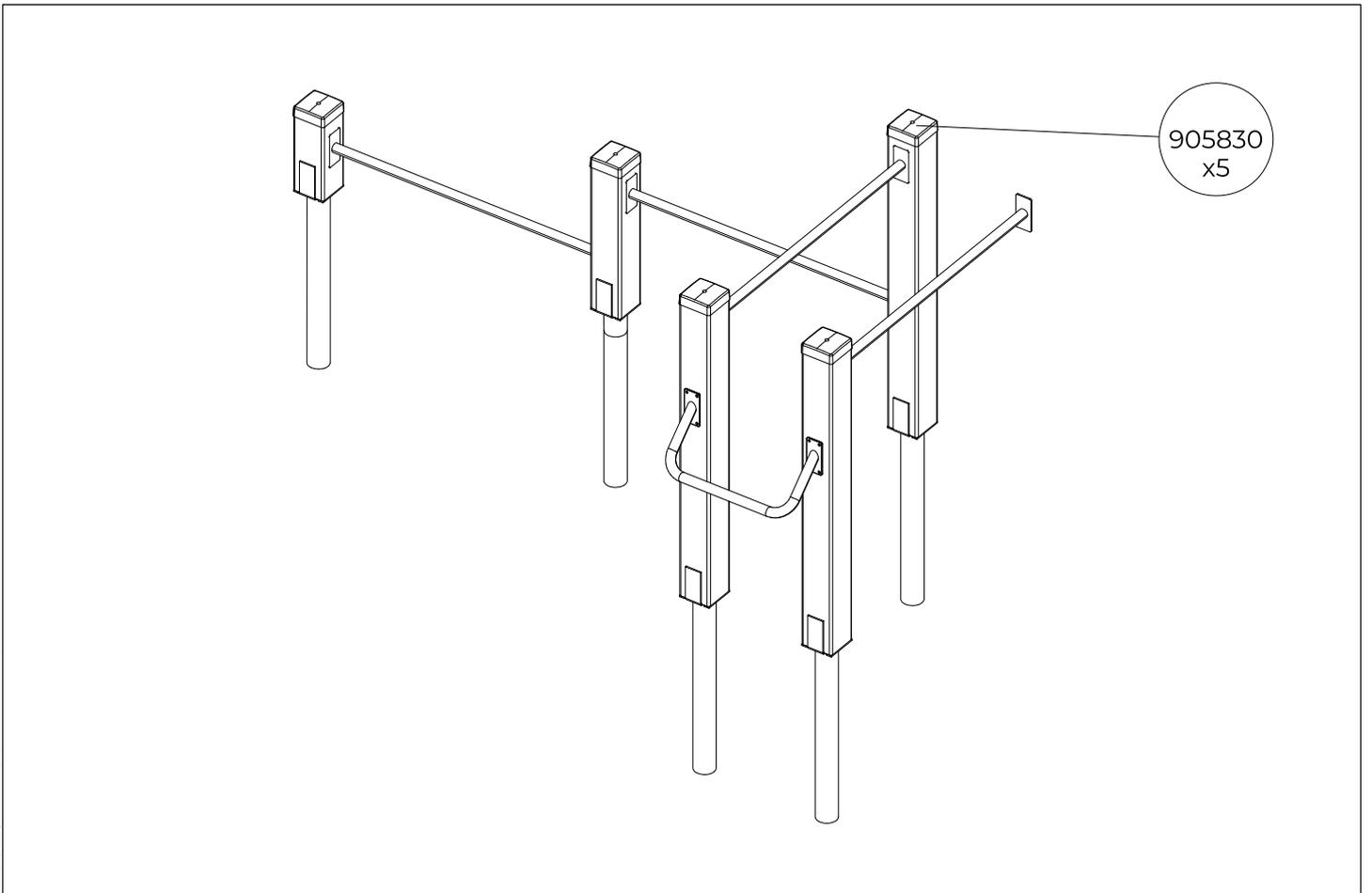
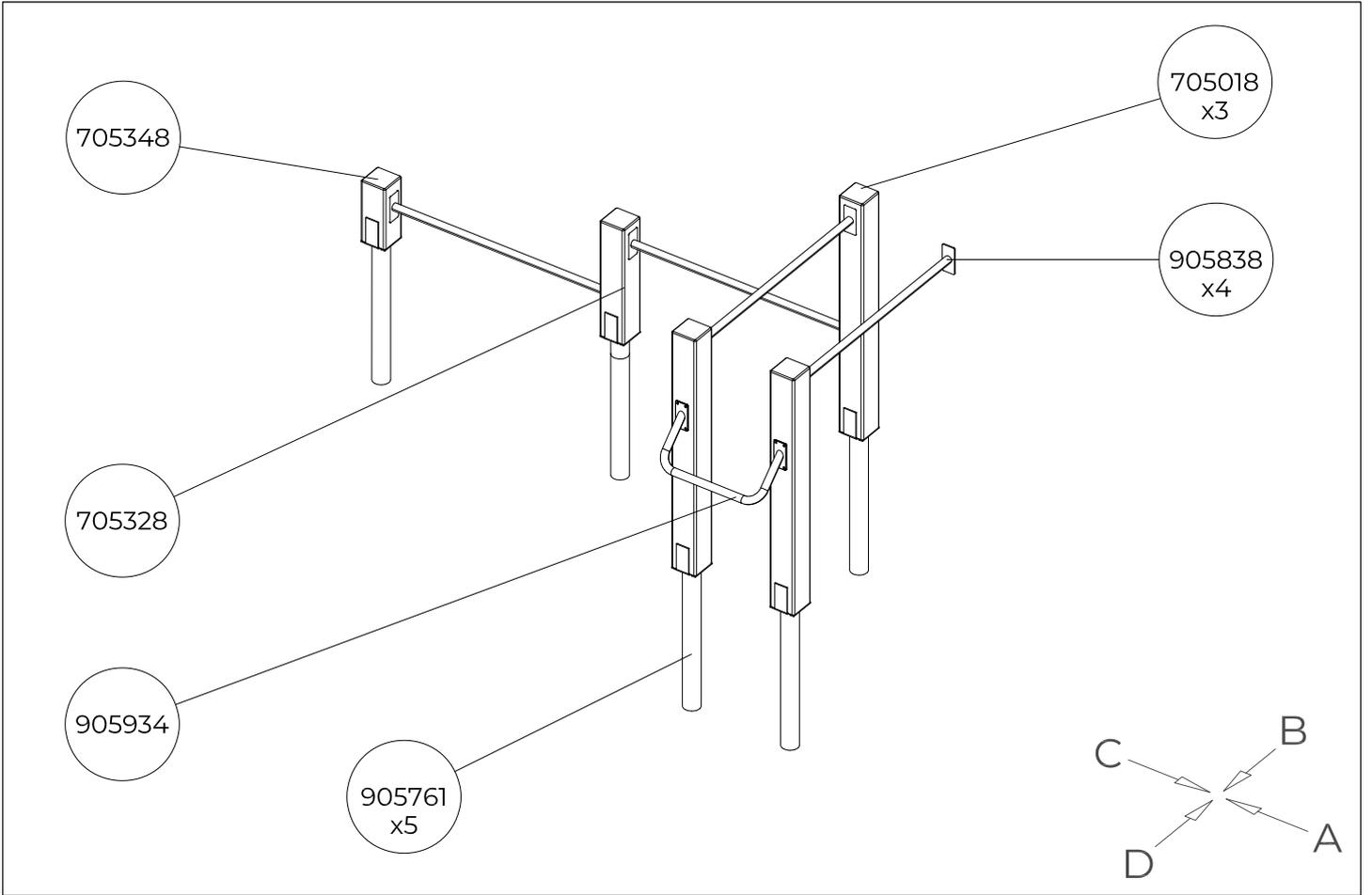


C



D



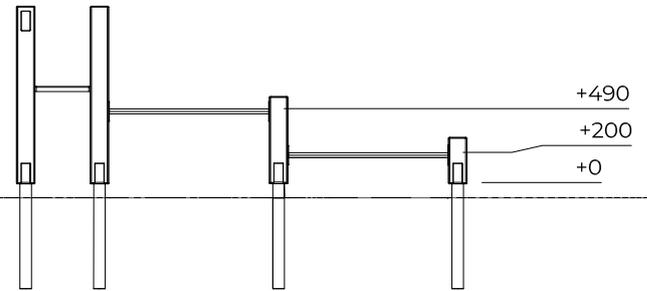
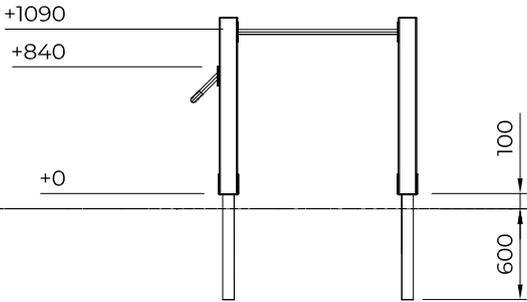


DATE: 29.8.2025

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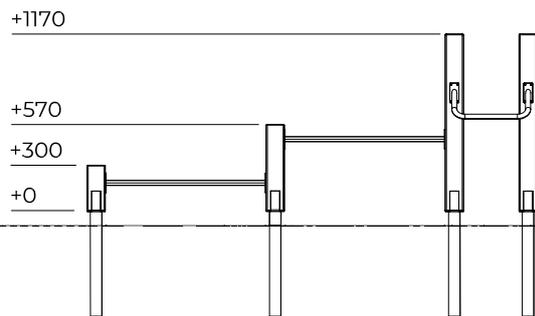
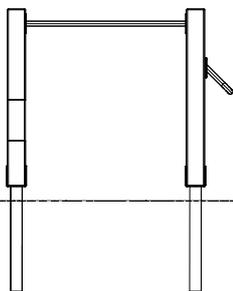
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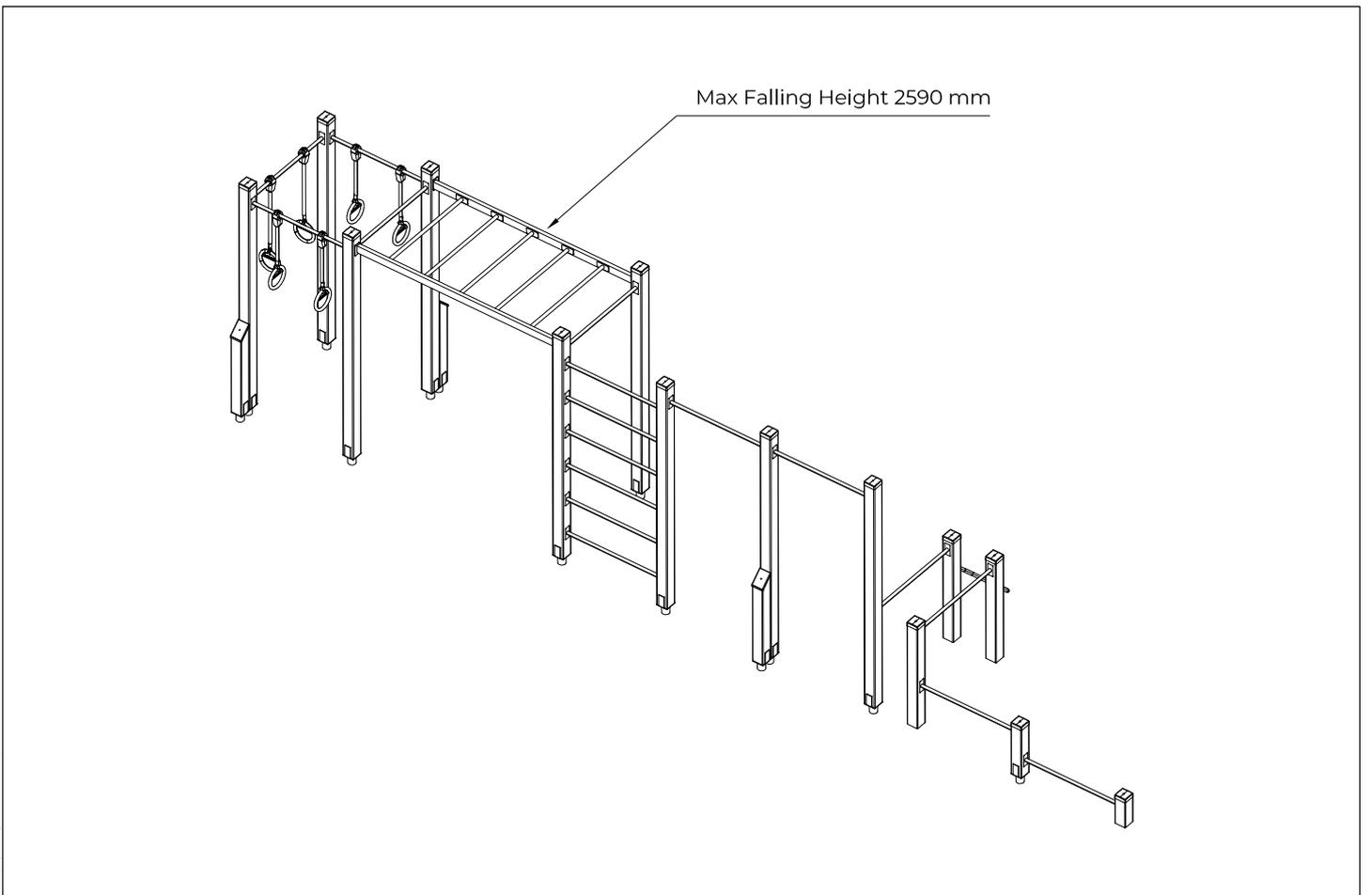
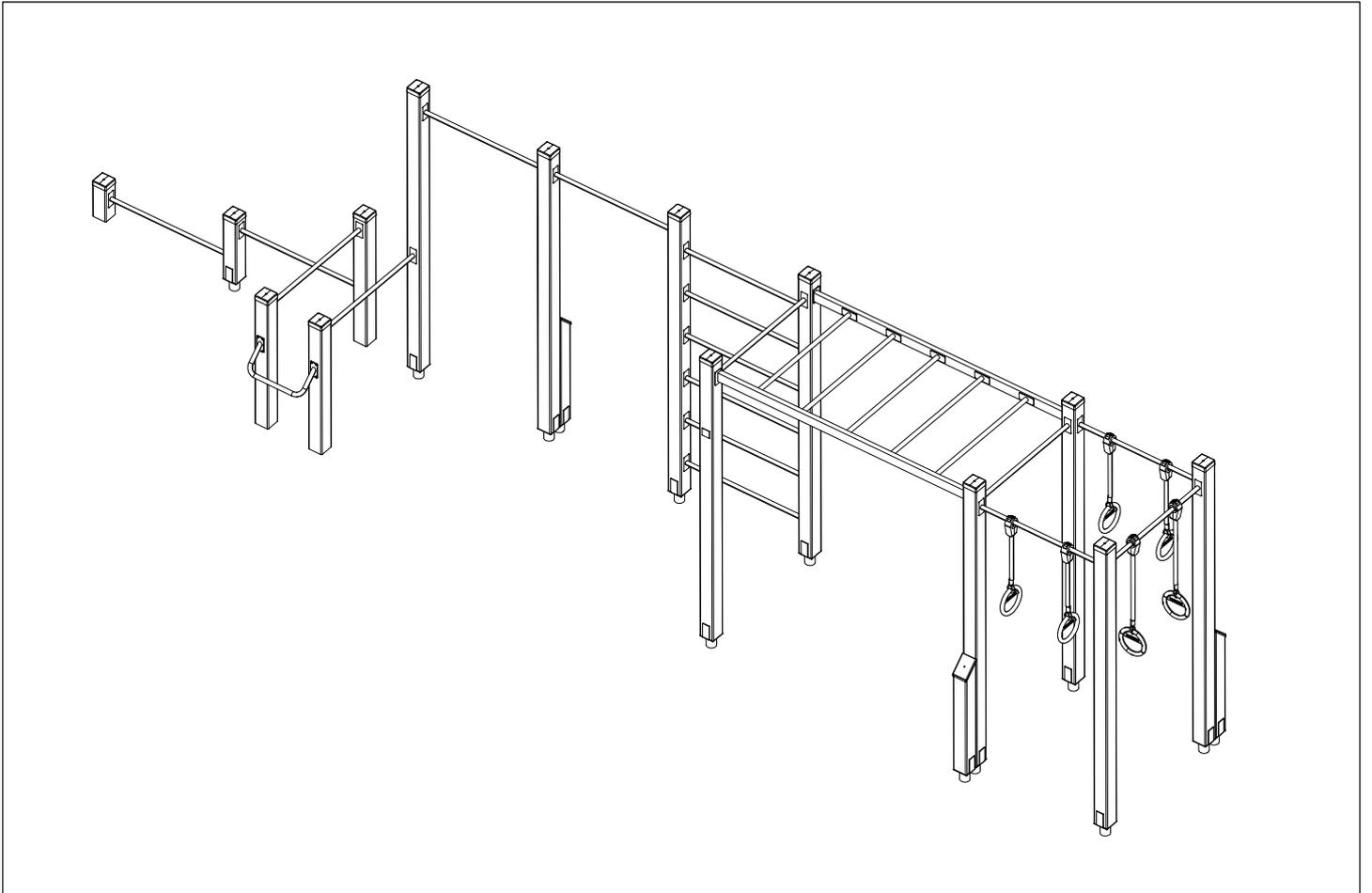
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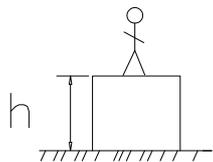


C

D







$h < 1000$

Totally hard surfaces or materials with very limited impact attenuating properties.

Totally hard surfaces.  
E.g. concrete or asphalt



Case by case risk assessment is needed including e.g. evaluation whether there is forced movement, what is the intended exercise and where will the product be installed.

Materials with very limited impact attenuating properties.  
E.g. wood



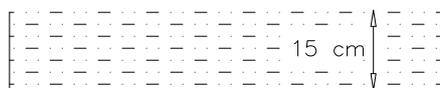
$h < 1200$

Materials with significant impact attenuating properties.

fine gravel 0–8 mm



Unsorted sand/ topsoil



$h < 1500$

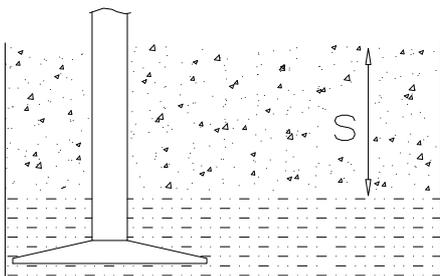
Lawn



$h < 3000$

Loose fill material

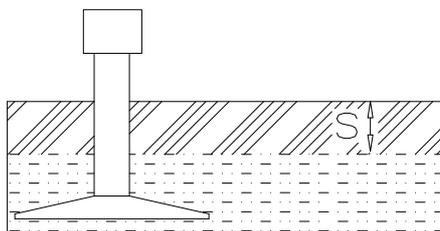
E.g.  
sand/gravel 0,25...8 mm  $D_{60}/D_{10} < 3,0$   
Woodchips 5...30 mm  
bark 20...80 mm



$\underline{S}$	$\underline{h}$
30 cm	$< 2,0$ m
40 cm	$< 3,0$ m

Syntetic granulates

$\underline{S}$	$\underline{h}$
40 mm	$\sim > 1,2...1,3$ m
50 mm	$\sim > 1,5...1,7$ m
60 mm	$\sim > 1,8...2,0$ m
70 mm	$\sim > 2,1...2,5$ m



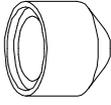
Note. For accurate values, see manufacturer's instructions.

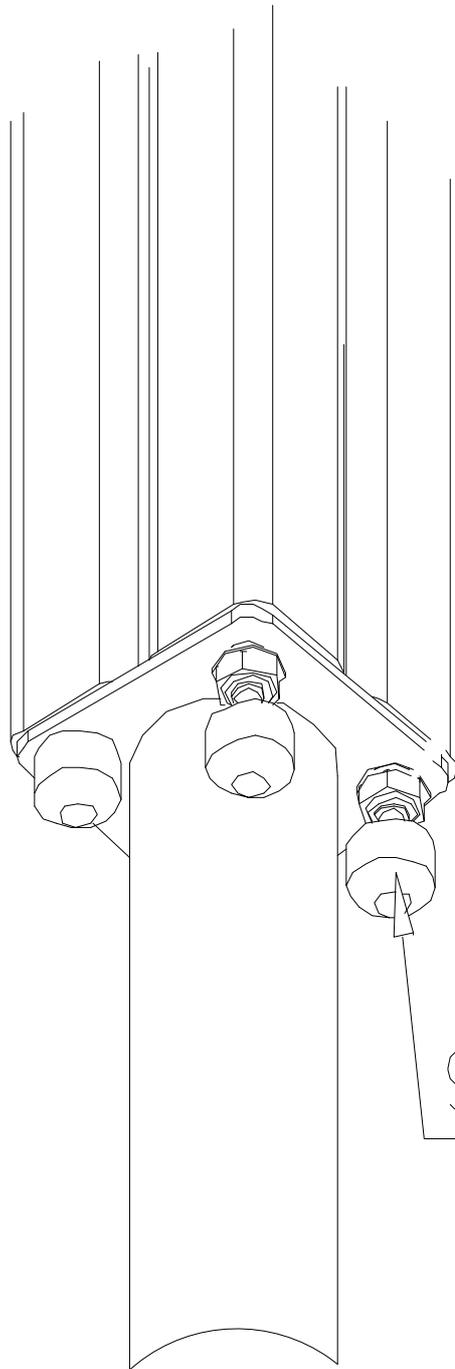
# LAPPSET® BETON FOUNDATION

# FOOT

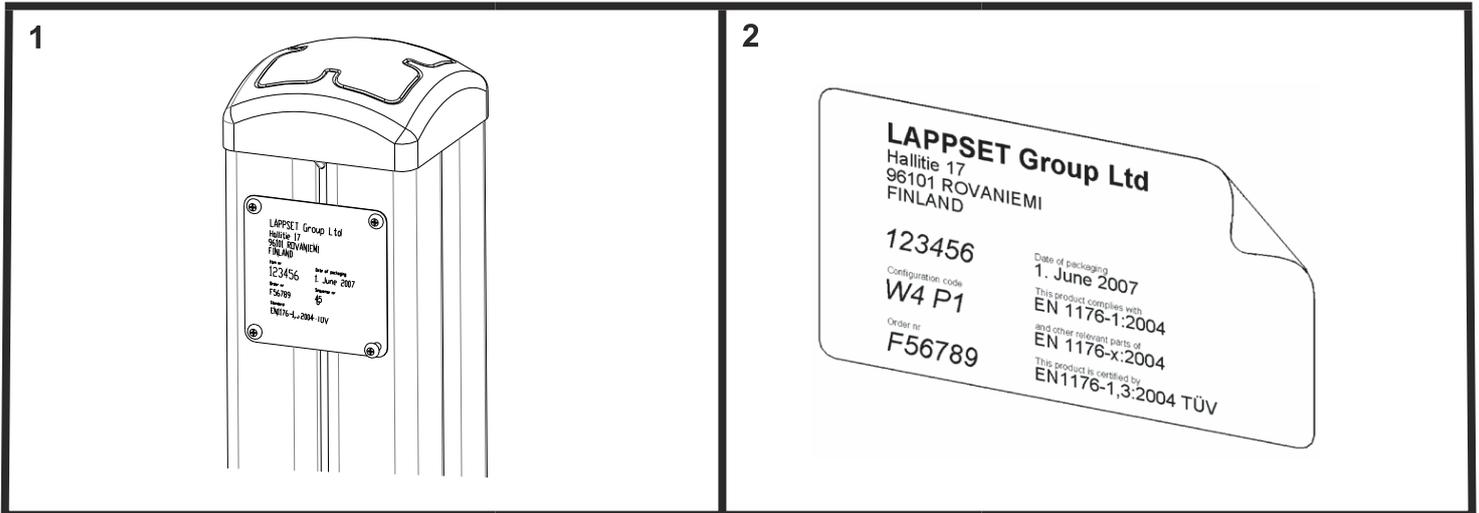
DATE: 27.10.2015

1(1)

② 905104	PCS		PCS
	4		
			
M10			
	PCS		PCS



905104



## Tuotekyltti tulee tuotteen mukana yhdellä seuraavista tavoista:

### 1) Metallinen tuotekyltti ja kiinnitysruuvit

- Kiinnitä tuotekyltti ruuveilla tolppaan noin 2 metrin korkeuteen kuvan 1 mukaisesti.

### 2) Tuotekyltitarra

- Puhdista maalattu metalli- tai vaneripinta pölystä ja kosteudesta. Liimaa tarra kuvan 2 mukaisesti.
- Huom. Älä kiinnitä tarraa karheapintaiseen laminaattiin tai maalattuun puuhun.

## Vår produktmärkning levereras på ett av följande sätt:

### 1) Produktskylt i metall

- Fäst skylten med de medföljande skruvarna

### 2) Självhäftande produktetikett

- Rengör den pulverlackerade metallytan eller laminatyten så att den blir fri från smuts och fukt. Fäst etiketten enligt fig. 2.
- Obs! Fäst ej etiketten på detaljer med skrovlig yta eller på målat trä.

## Product label is delivered by one of following ways:

### 1) Metal product label and screws

- Fasten the label with screws.

### 2) Label sticker

- Clean the painted metal or plywood surface from dirt and moisture. Fasten the sticker as shown in the figure 2.
- Note. Do not attach the sticker to rough surfaced laminate or painted wood.

## La plaque d'informations produit est livrée sous l'une de ces 3 formes :

### 1) Plaque métallique et vis

- Fixez la plaque à l'aide des vis.

### 2) Etiquette autocollante

- Avant de coller l'étiquette, nettoyez le composant métallique peint ou la plaque de contreplaqué, de toute saleté. La surface doit être sèche (voir image 2).
- Attention, ne pas coller l'étiquette sur une surface lamellé-collée irrégulière ou sur du bois peint.

## Die Auslieferung des Produktaufklebers erfolgt auf eine dieser Arten:

### 1) Produkt-Schild aus Metall incl. Schrauben

- Die Befestigung des Schildes erfolgt mittels der Schrauben.

### 2) Aufkleber

- Entfernen Sie zunächst Schmutz und Feuchtigkeit vom lackierten Metall bzw. von der Holzoberfläche und bringen Sie den Aufkleber wie im Bild oben rechts beschrieben auf den gesäuberten Untergrund auf.
- Beachten Sie: Bringen Sie den Aufkleber nicht auf raues laminiertes oder lackiertes Holz an.