

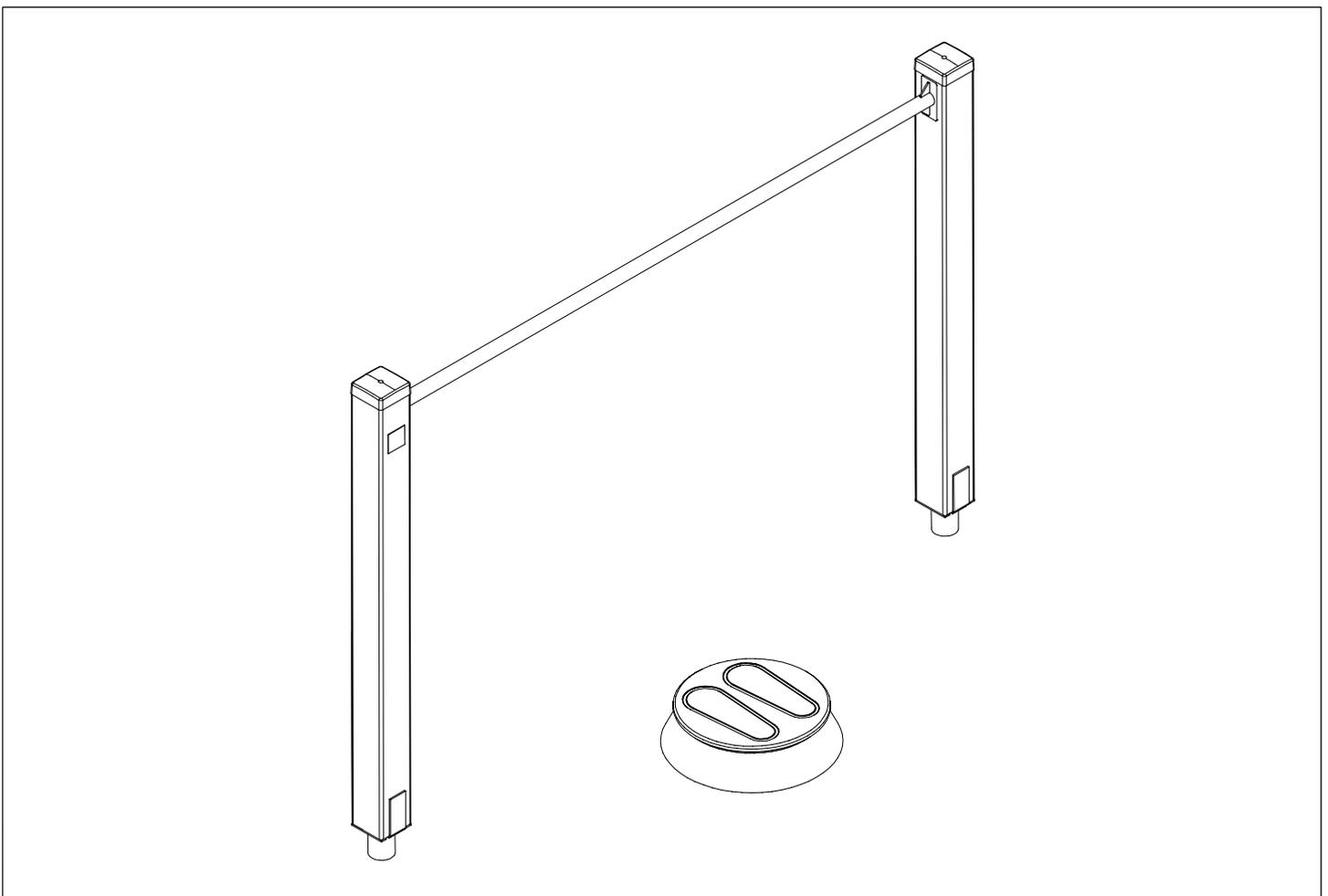


FITNESS

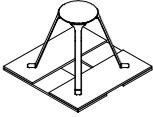
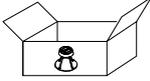
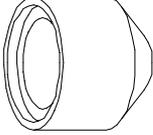
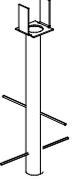
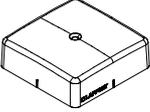
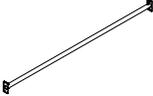
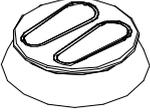
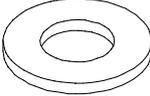
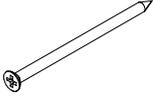
ASENNUSOHJE MONTERINGSANSVISNING INSTALLATION INSTRUCTION AUFBAUANLEITUNG NOTICE D'INSTALLATION

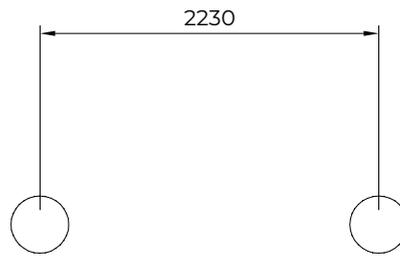
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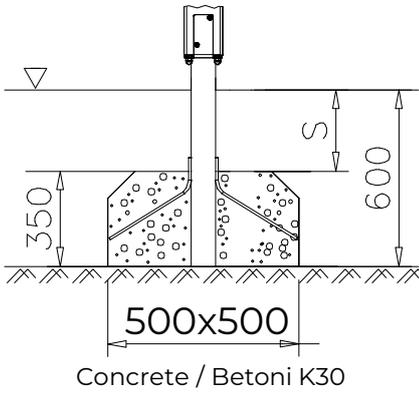
Q17112



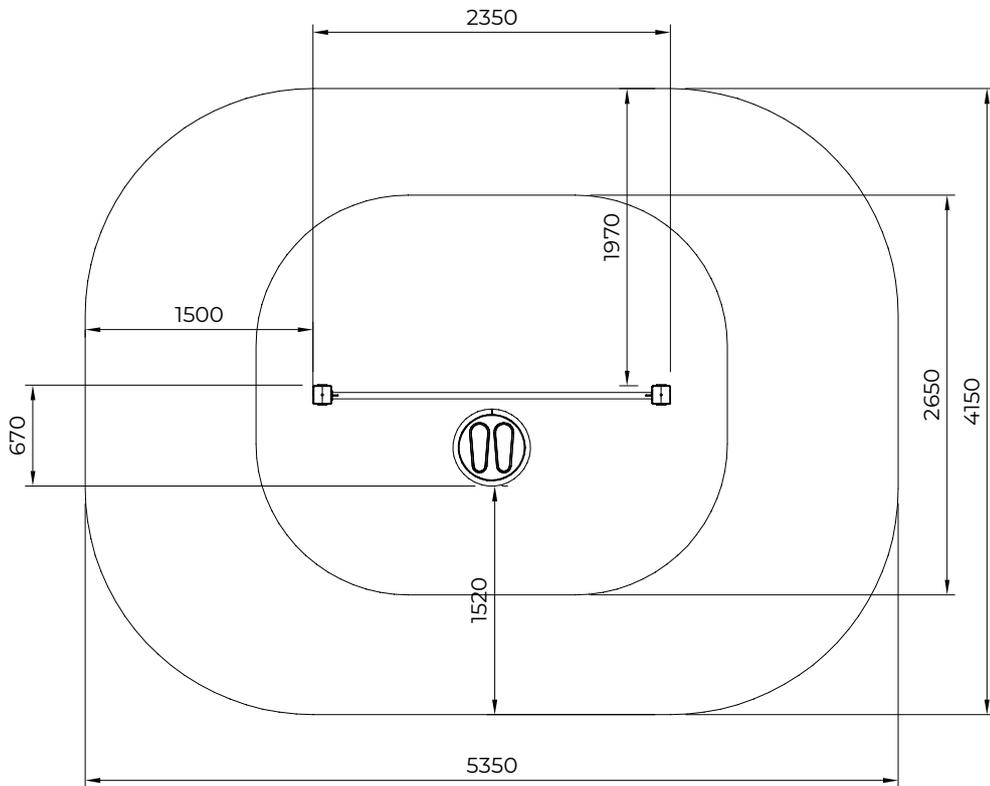
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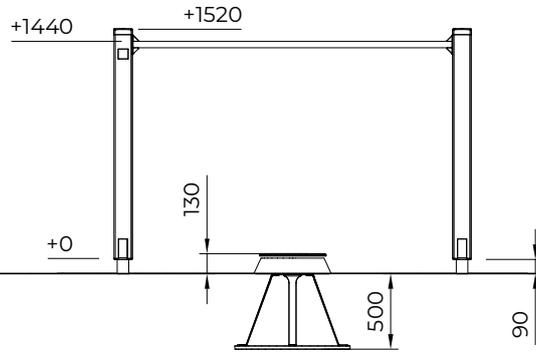
702286	PCS	705101	PCS	705345-603	PCS	707895	PCS	905104	PCS	905761	PCS
	1		1		2		1		8		2
65x65				118x118x1520				M10		120x120x700	
905830	PCS	906576-218	PCS	908474-205	PCS	909256	PCS	980104	PCS	980114	PCS
	2		1		1		8		2		4
123x123x40		1960x130x60		DEEP		Ø16/8.4		Ø5x90		Ø4x20	
980123	PCS		PCS		PCS		PCS		PCS		PCS
	16										
Ø7x60											
	PCS		PCS		PCS		PCS		PCS		PCS
	PCS		PCS		PCS		PCS		PCS		PCS
	PCS		PCS		PCS		PCS		PCS		PCS

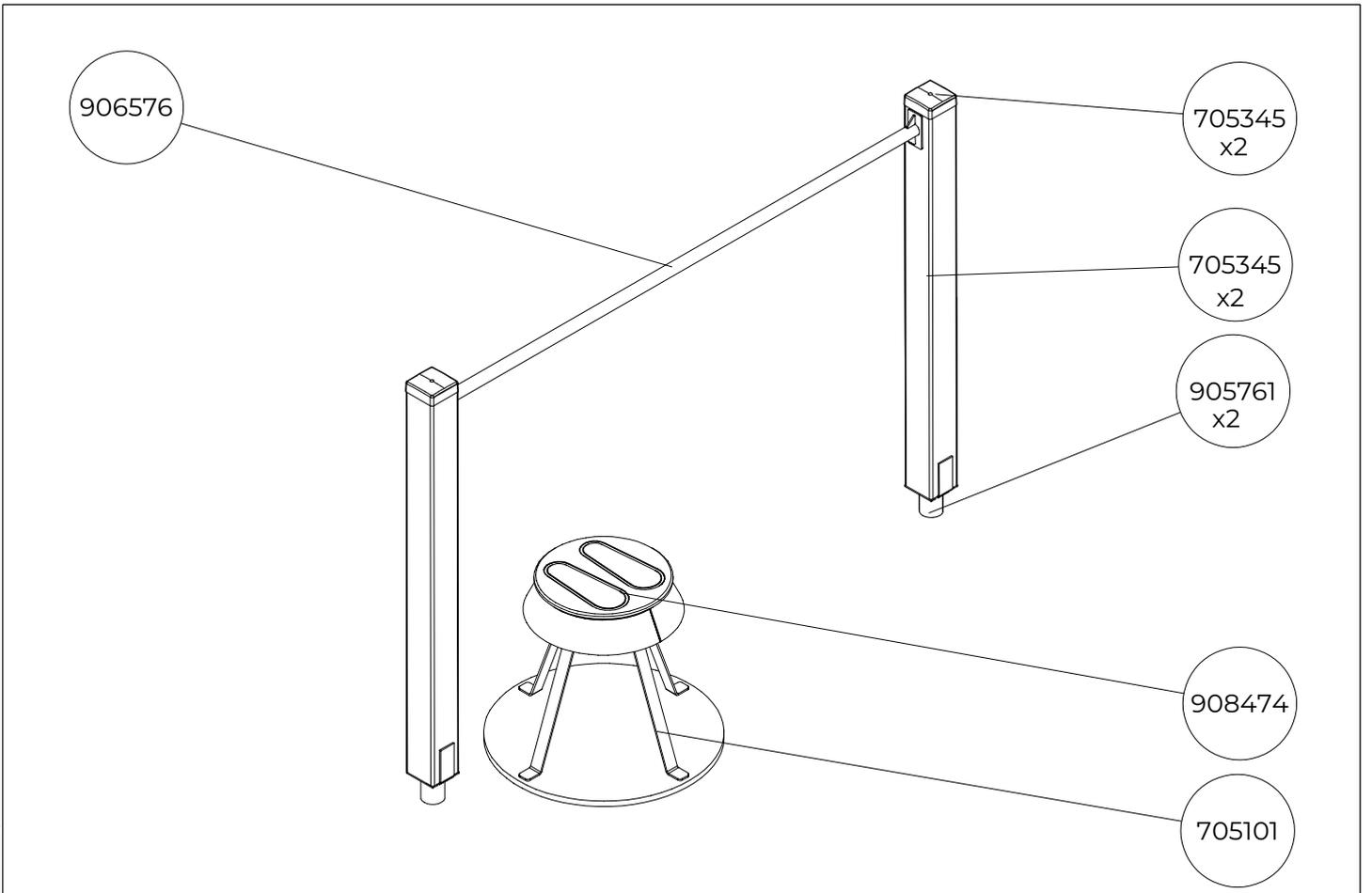
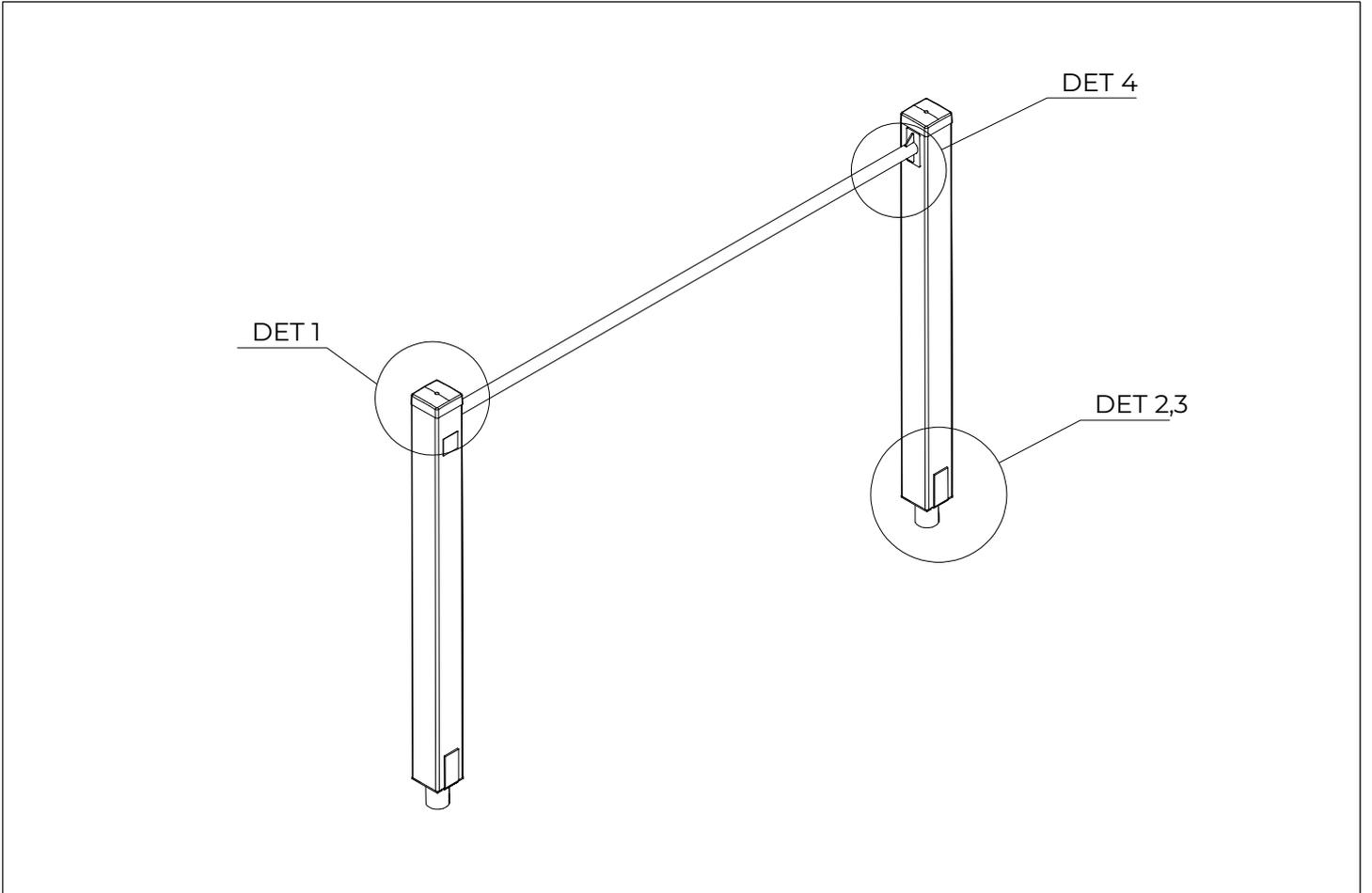




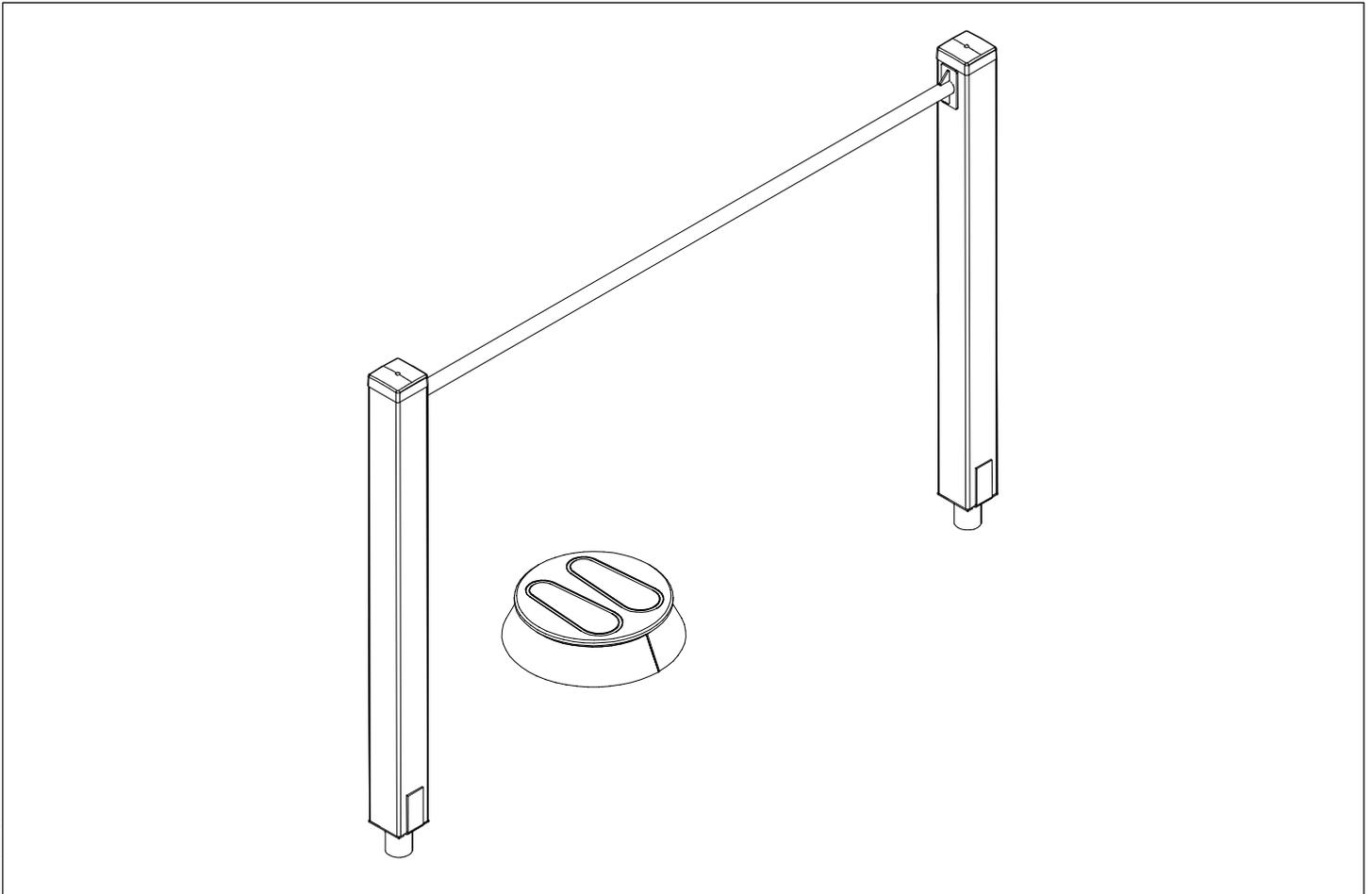
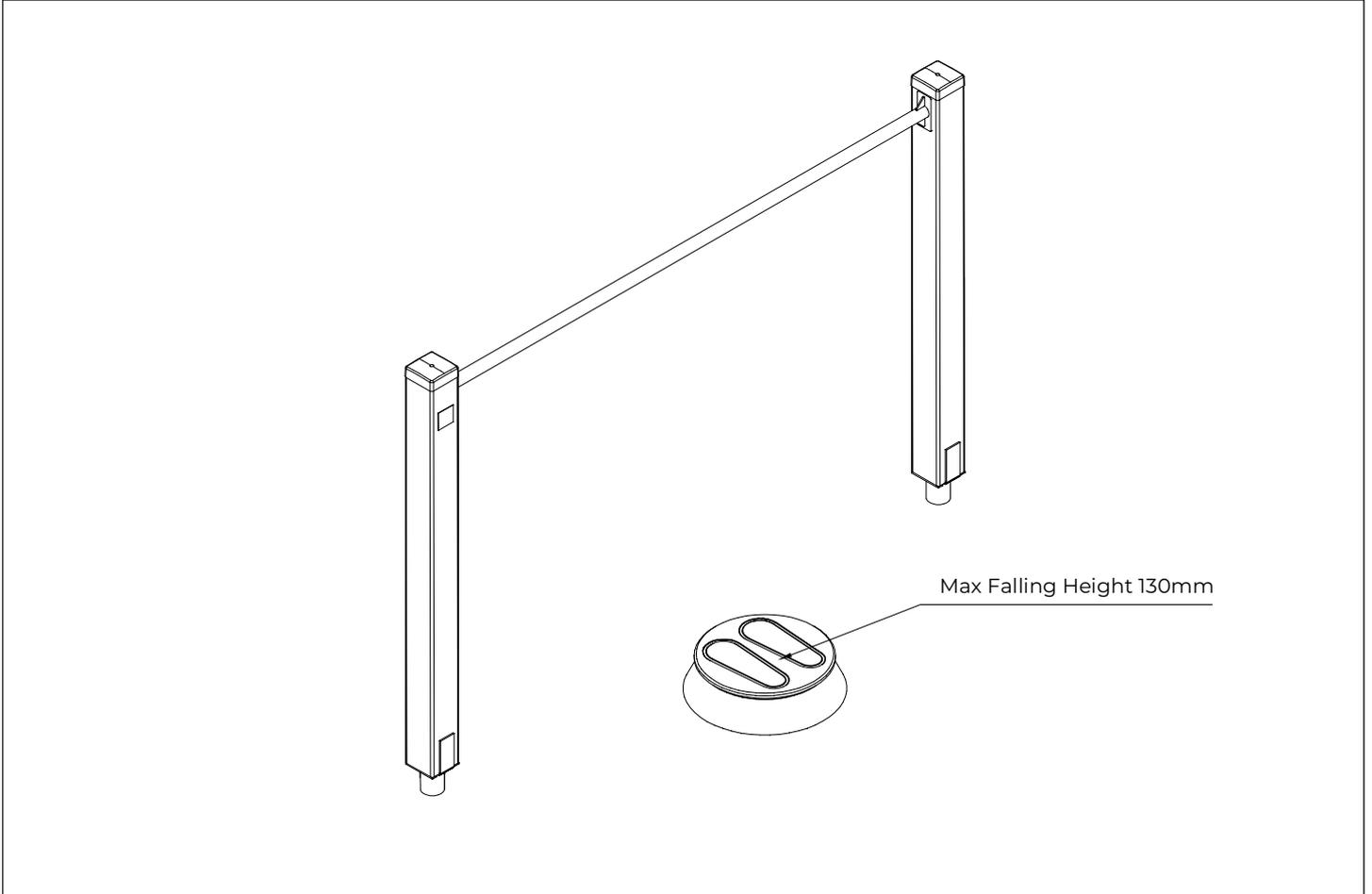
Area of Movement 20m²
Training Space 7.3 m²
Max Falling Height 130 mm

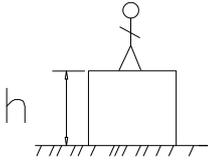
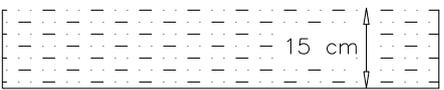
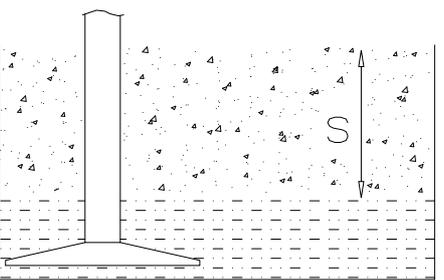
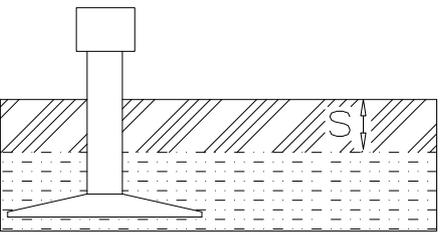




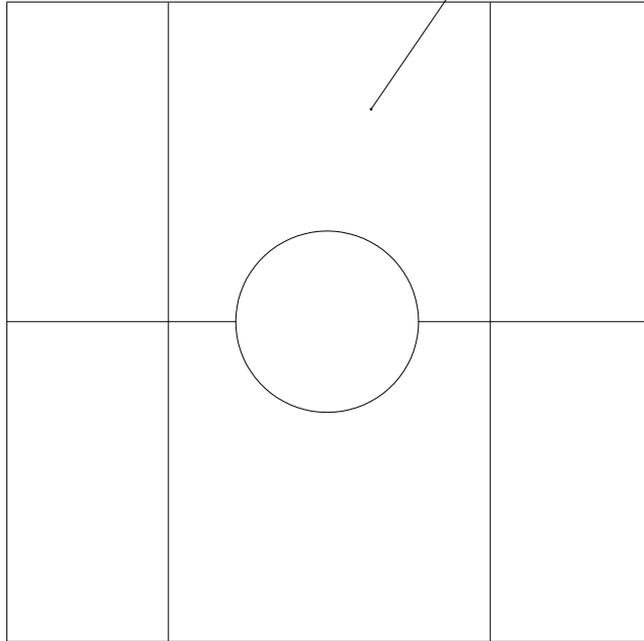


<p>DET 1</p> <p>Ø5x90 (980104)</p> <p>905830</p> <p>Place the logo laterally</p>	<p>DET 2</p> <p>M10 (905104)</p>	<p>DET 3</p> <p>Ø7x60 (980123)</p> <p>Ø16/8.4 (909256)</p>
<p>DET 4</p> <p>Ø16/8.4 (909256)</p> <p>Ø7x60 (980123)</p>		

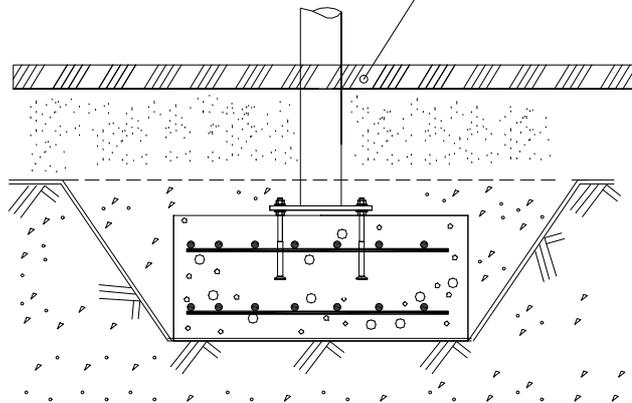


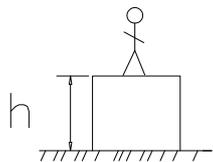
												
<p>$h < 600$</p> <p>Without movement and therefore without Impact Area</p>	<p>Totally hard surfaces.</p> <p>Note. Lappset does <u>not recommend</u> totally hard surfaces at all.</p>	<p>E.g. concrete or asphalt</p> 										
<p>$h < 600$</p> <p>With movement e.g. rocking</p>	<p>Materials with very limited impact attenuating properties.</p>	<p>E.g. wood</p> 										
<p>$h < 1000$</p>	<p>Materials with significant impact attenuating properties.</p>	<p>fine gravel 0–8 mm</p>  <p>grass</p>  <p>unsorted sand</p> 										
<p>$h < 3000$</p>	<p>Loose fill material</p> <p>E.g. sand/gravel 0,25...8 mm D60/D10<3,0 Woodchips 5...30 mm bark 20...80 mm</p>	 <table data-bbox="1024 1691 1332 1780"> <tr> <td>\underline{S}</td> <td>\underline{h}</td> </tr> <tr> <td>30 cm</td> <td>< 2,0 m</td> </tr> <tr> <td>40 cm</td> <td>< 3,0 m</td> </tr> </table>	\underline{S}	\underline{h}	30 cm	< 2,0 m	40 cm	< 3,0 m				
\underline{S}	\underline{h}											
30 cm	< 2,0 m											
40 cm	< 3,0 m											
	<p>Syntethic granulates</p> <table data-bbox="406 1892 758 2060"> <tr> <td>\underline{S}</td> <td>\underline{h}</td> </tr> <tr> <td>40 mm</td> <td>~> 1,2...1,3 m</td> </tr> <tr> <td>50 mm</td> <td>~> 1,5...1,7 m</td> </tr> <tr> <td>60 mm</td> <td>~> 1,8...2,0 m</td> </tr> <tr> <td>70 mm</td> <td>~> 2,1...2,5 m</td> </tr> </table> <p>Note. For accurate values, see manufacturer's instructions.</p>	\underline{S}	\underline{h}	40 mm	~> 1,2...1,3 m	50 mm	~> 1,5...1,7 m	60 mm	~> 1,8...2,0 m	70 mm	~> 2,1...2,5 m	
\underline{S}	\underline{h}											
40 mm	~> 1,2...1,3 m											
50 mm	~> 1,5...1,7 m											
60 mm	~> 1,8...2,0 m											
70 mm	~> 2,1...2,5 m											

REMOVE SAFETY SURFACE/SAND/GRAVEL
TO CHECK FOUNDATION



REMOVE SAFETY SURFACE/SAND/GRAVEL
TO CHECK FOUNDATION





$h < 1000$

Totally hard surfaces or materials with very limited impact attenuating properties.

Totally hard surfaces.
E.g. concrete or asphalt



Case by case risk assessment is needed including e.g. evaluation whether there is forced movement, what is the intended exercise and where will the product be installed.

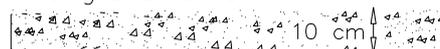
Materials with very limited impact attenuating properties.
E.g. wood



$h < 1200$

Materials with significant impact attenuating properties.

fine gravel 0–8 mm



Unsorted sand/ topsoil



$h < 1500$

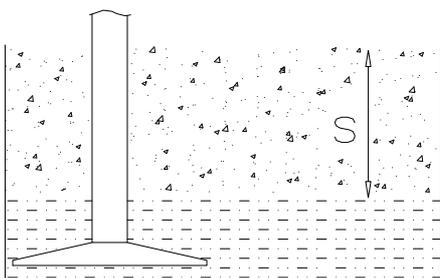
Lawn



$h < 3000$

Loose fill material

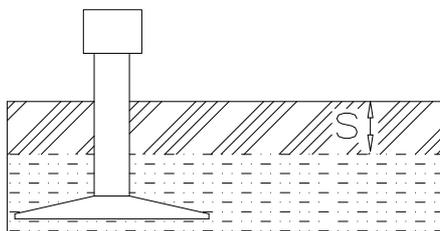
E.g.
sand/gravel 0,25...8 mm $D_{60}/D_{10} < 3,0$
Woodchips 5...30 mm
bark 20...80 mm



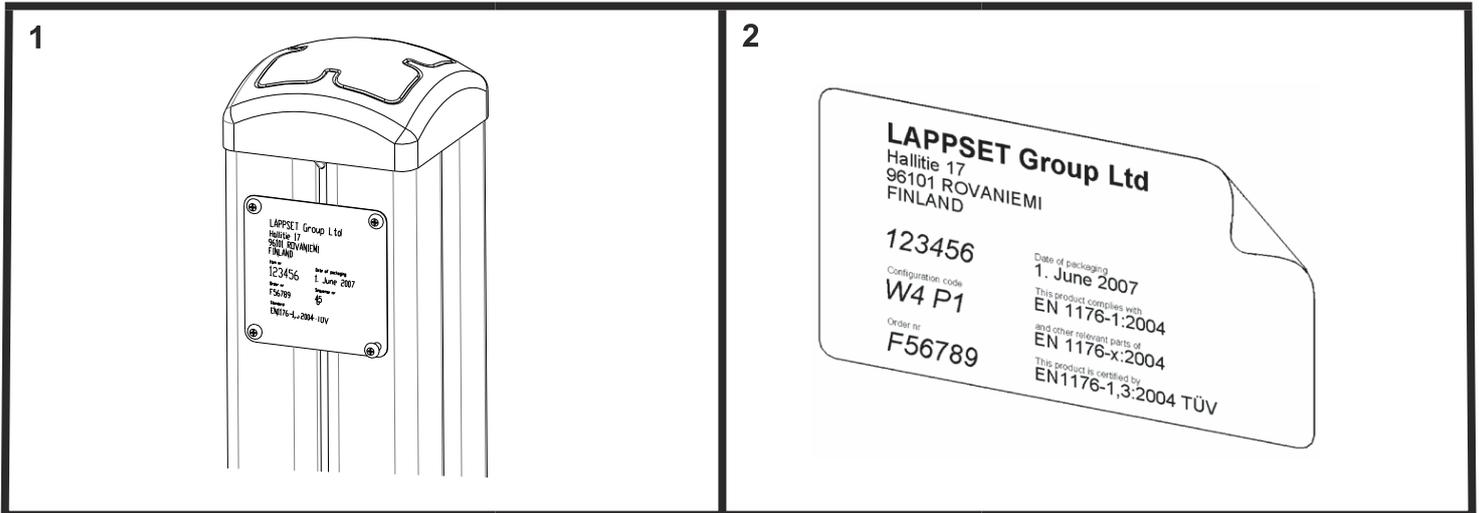
\underline{S}	\underline{h}
30 cm	$< 2,0$ m
40 cm	$< 3,0$ m

Syntetic granulates

\underline{S}	\underline{h}
40 mm	$\sim > 1,2...1,3$ m
50 mm	$\sim > 1,5...1,7$ m
60 mm	$\sim > 1,8...2,0$ m
70 mm	$\sim > 2,1...2,5$ m



Note. For accurate values, see manufacturer's instructions.



Tuotekyltti tulee tuotteen mukana yhdellä seuraavista tavoista:

1) Metallinen tuotekyltti ja kiinnitysruuvit

- Kiinnitä tuotekyltti ruuveilla tolppaan noin 2 metrin korkeuteen kuvan 1 mukaisesti.

2) Tuotekylttitarra

- Puhdista maalattu metalli- tai vaneripinta pölystä ja kosteudesta. Liimaa tarra kuvan 2 mukaisesti.
- Huom. Älä kiinnitä tarraa karheapintaiseen laminaattiin tai maalattuun puuhun.

Vår produktmärkning levereras på ett av följande sätt:

1) Produktskylt i metall

- Fäst skylten med de medföljande skruvarna

2) Självhäftande produktetikett

- Rengör den pulverlackerade metallytan eller laminatyten så att den blir fri från smuts och fukt. Fäst etiketten enligt fig. 2.
- Obs! Fäst ej etiketten på detaljer med skrovlig yta eller på målat trä.

Product label is delivered by one of following ways:

1) Metal product label and screws

- Fasten the label with screws.

2) Label sticker

- Clean the painted metal or plywood surface from dirt and moisture. Fasten the sticker as shown in the figure 2.
- Note. Do not attach the sticker to rough surfaced laminate or painted wood.

La plaque d'informations produit est livrée sous l'une de ces 3 formes :

1) Plaque métallique et vis

- Fixez la plaque à l'aide des vis.

2) Etiquette autocollante

- Avant de coller l'étiquette, nettoyez le composant métallique peint ou la plaque de contreplaqué, de toute saleté. La surface doit être sèche (voir image 2).
- Attention, ne pas coller l'étiquette sur une surface lamellé-collée irrégulière ou sur du bois peint.

Die Auslieferung des Produktaufklebers erfolgt auf eine dieser Arten:

1) Produkt-Schild aus Metall incl. Schrauben

- Die Befestigung des Schildes erfolgt mittels der Schrauben.

2) Aufkleber

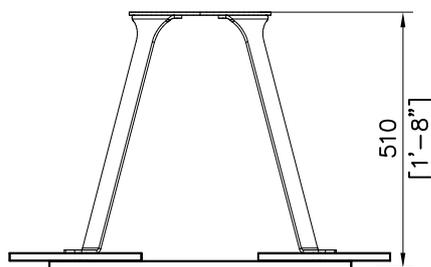
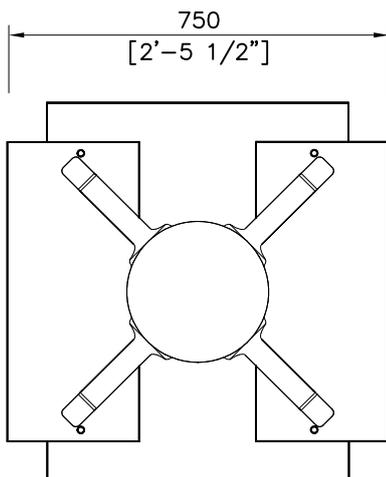
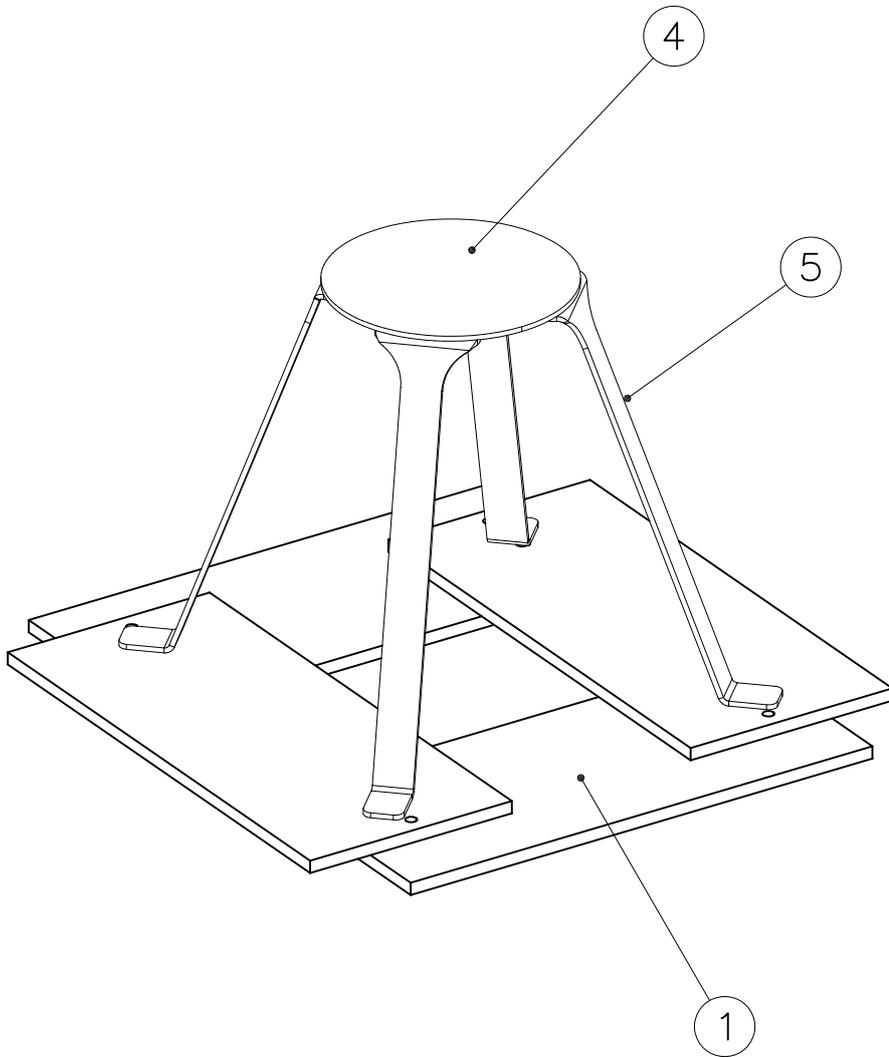
- Entfernen Sie zunächst Schmutz und Feuchtigkeit vom lackierten Metall bzw. von der Holzoberfläche und bringen Sie den Aufkleber wie im Bild oben rechts beschrieben auf den gesäuberten Untergrund auf.
- Beachten Sie: Bringen Sie den Aufkleber nicht auf raues laminiertes oder lackiertes Holz an.

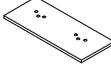
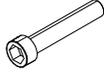
LAPPSET® GROUNDING

705101

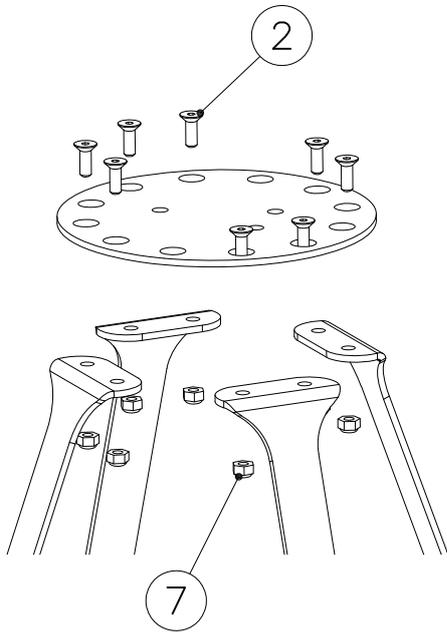
DATE: 5.6.2023

1(2)

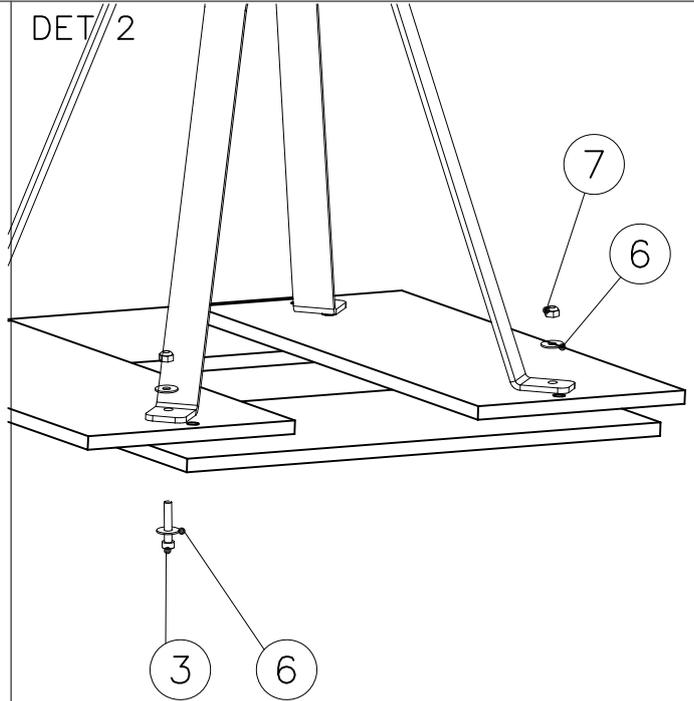


①	707138	PCS	②	900958	PCS
		4			8
	260x595			M10x30	
③	902232	PCS	④	905993	PCS
		4			1
	M10x55				
⑤	906000	PCS	⑥	909255	PCS
		4			8
				Ø30/10.5	
⑦	980161	PCS			PCS
		12			
	M10				
		PCS			PCS
		PCS			PCS
		PCS			PCS

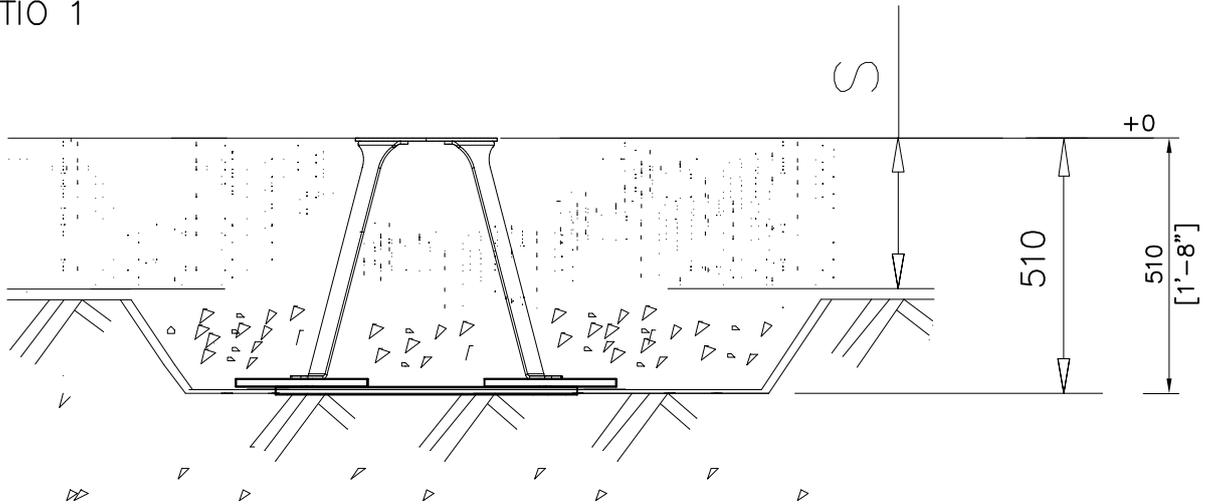
DET 1



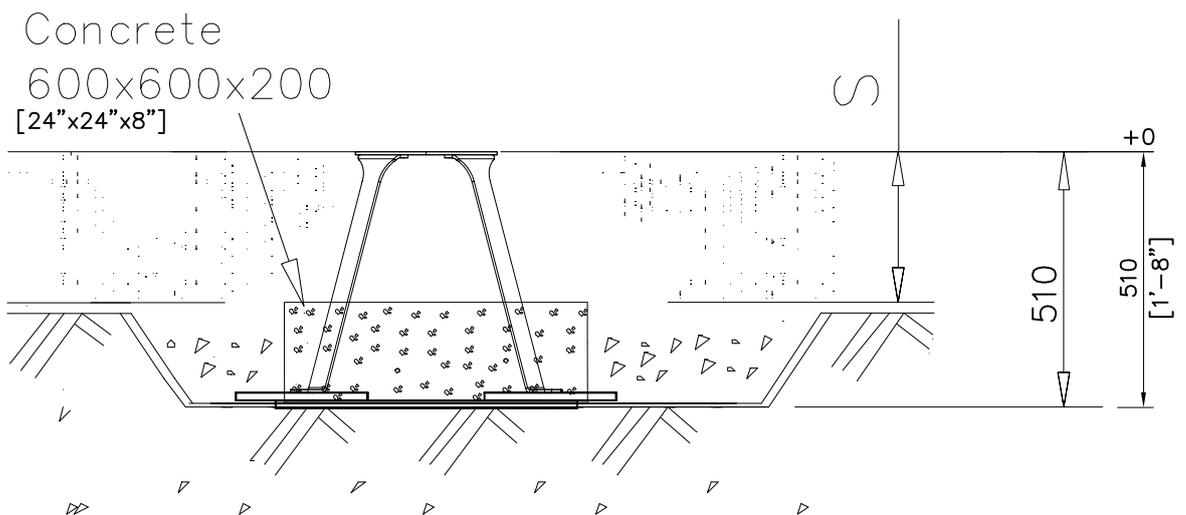
DET 2

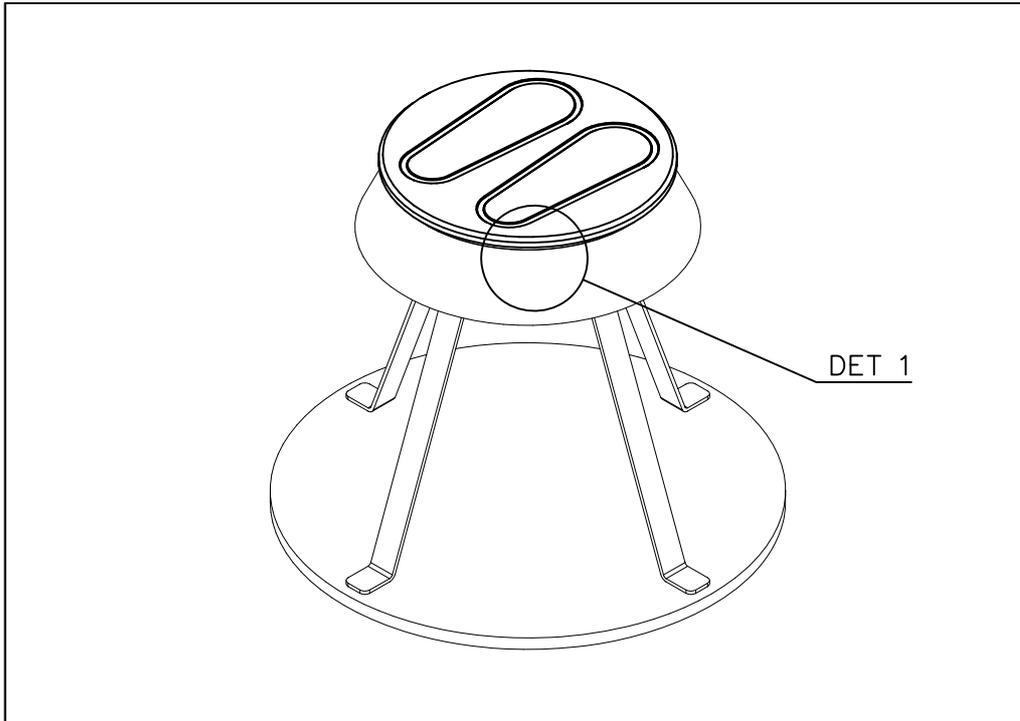


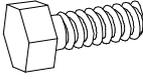
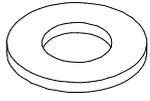
DET 3 OPTIO 1

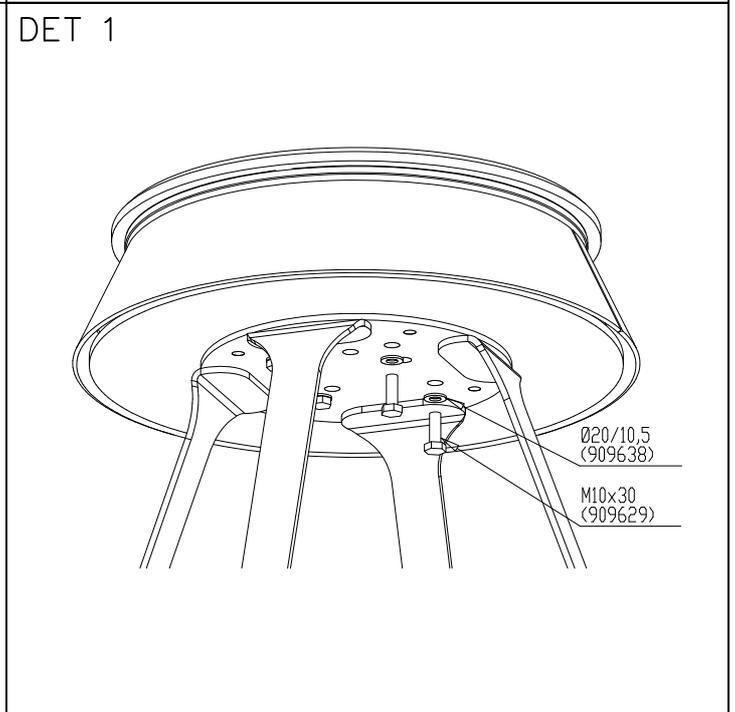
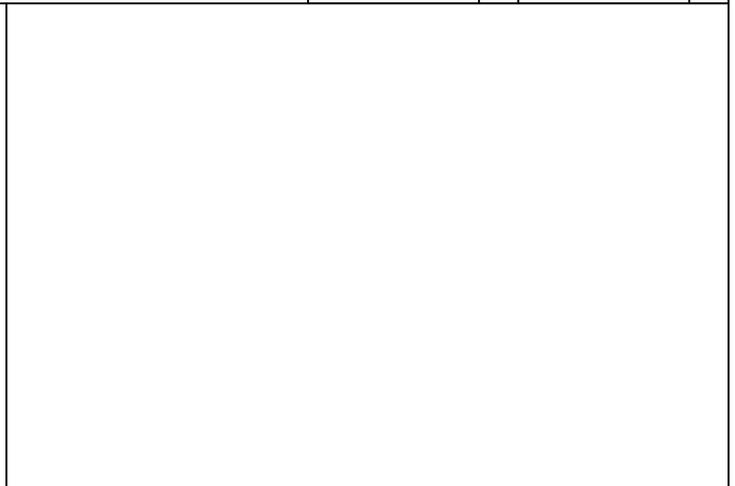
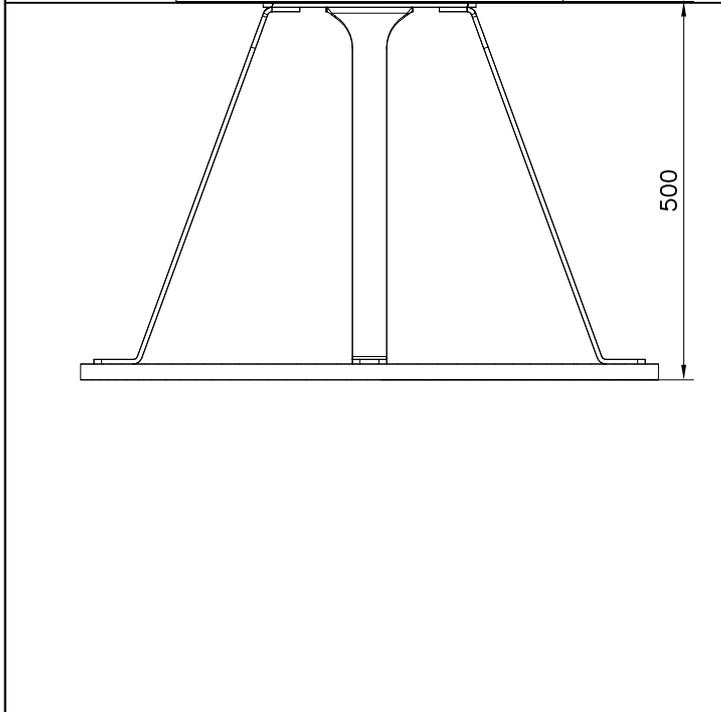
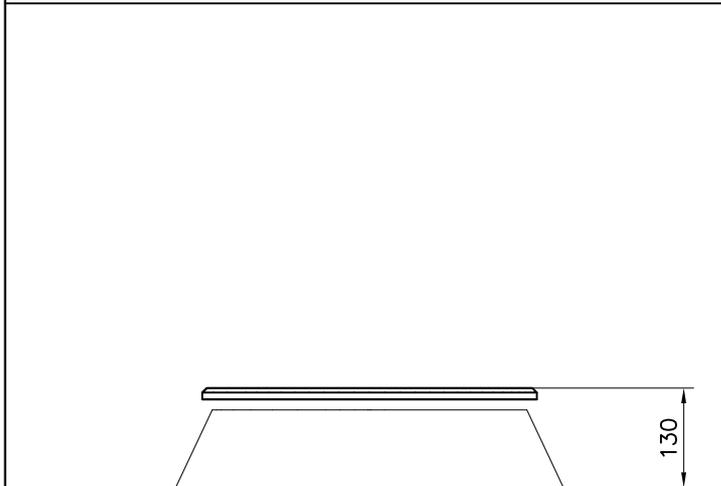


DET 3 OPTIO 2 (WITH CONCRETE)





① 909629	PCS	② 909638	PCS
	4		4
M10x30		Ø20/10,5	
	PCS		PCS
	PCS		PCS

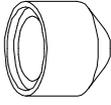


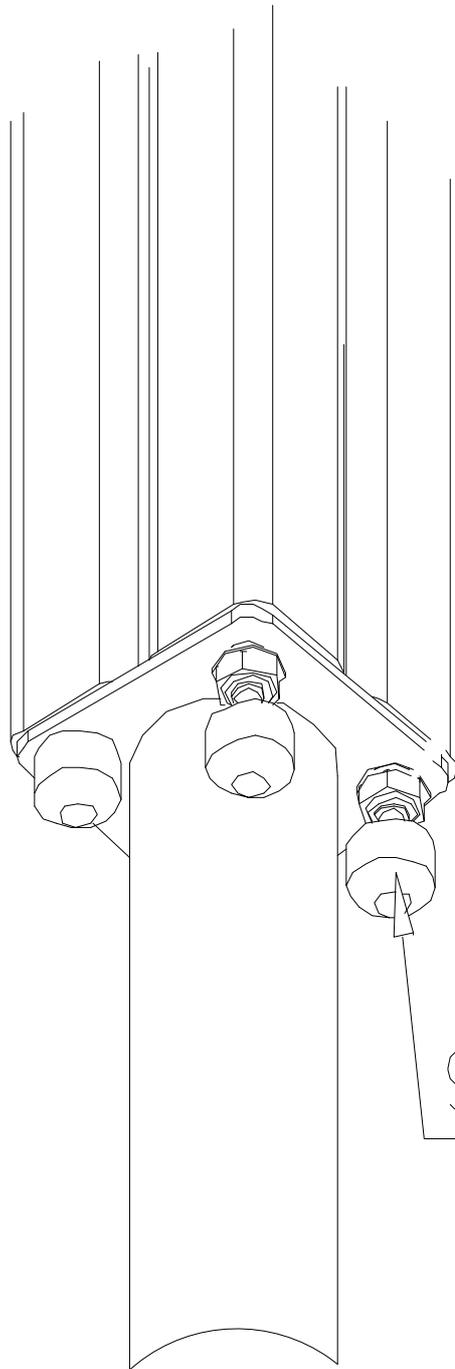
LAPPSET®
BETON FOUNDATION

FOOT

DATE: 27.10.2015

1(1)

② 905104	PCS		PCS
	4		
 M10	PCS		PCS



905104