

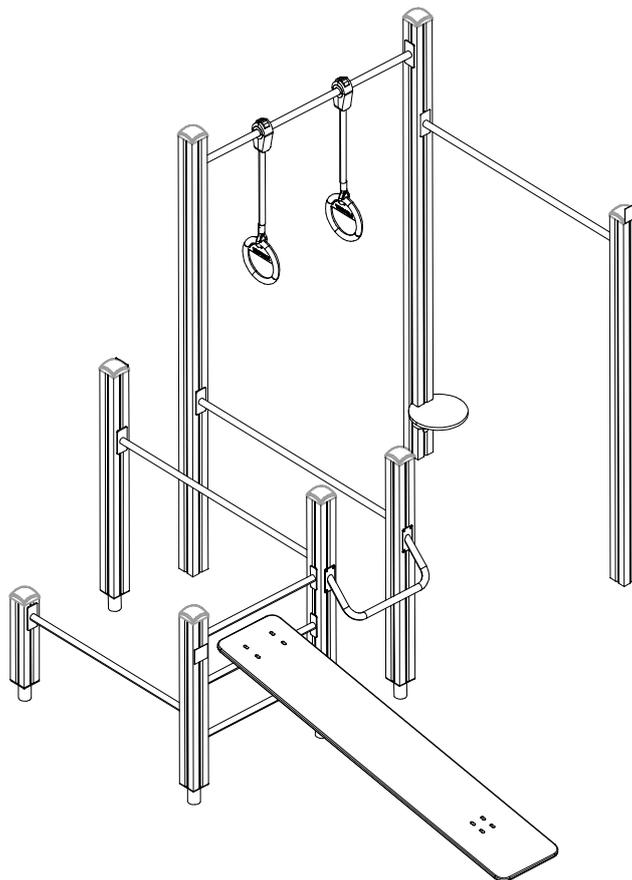
LAPPSET®

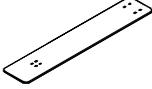
FITNESS

ASENNUSOHJE
MONTERINGSANSVISNING
INSTALLATION INSTRUCTION
AUFBAUANLEITUNG
NOTICE D'INSTALLATION

DATE: 10.10.2025

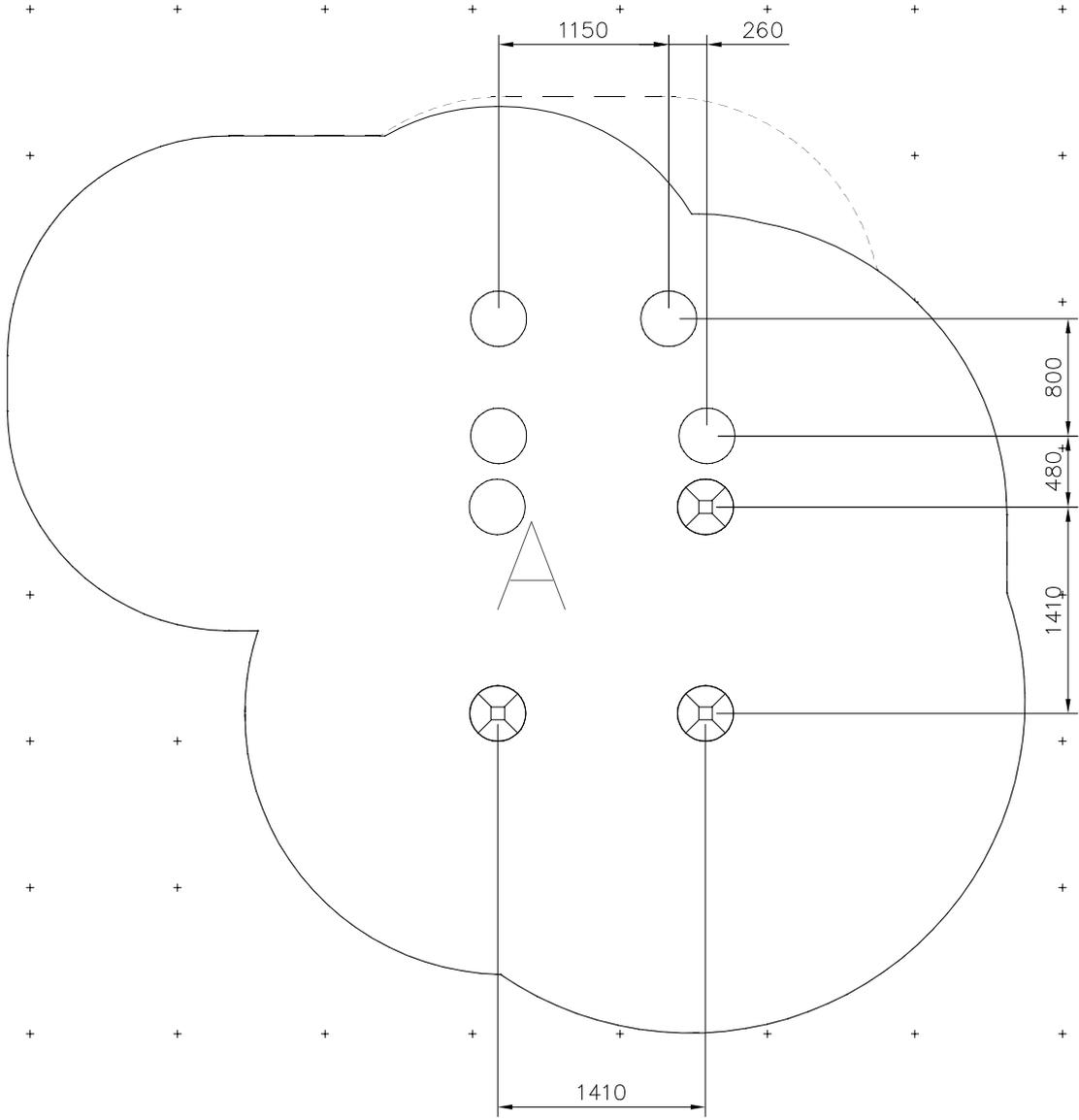
Q15435

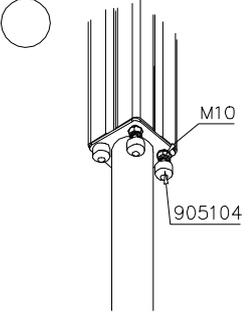
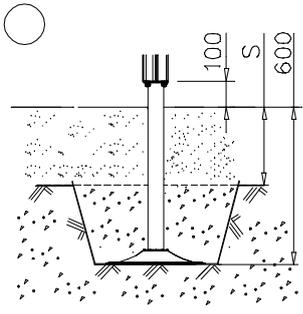
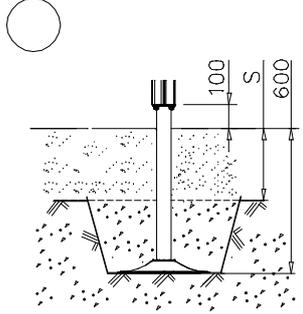
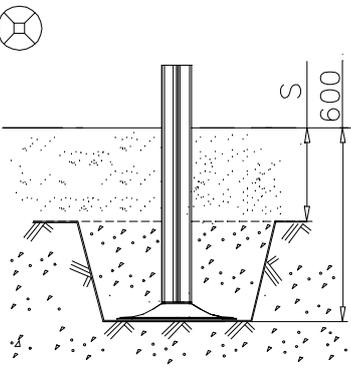


980161	PCS	P01987	PCS		PCS		PCS		PCS		PCS
	4		1								
											
M10		2000x380									
	PCS		PCS		PCS		PCS		PCS		PCS
	PCS		PCS		PCS		PCS		PCS		PCS
	PCS		PCS		PCS		PCS		PCS		PCS
	PCS		PCS		PCS		PCS		PCS		PCS
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EN/AS Impact Area 31.9 m²

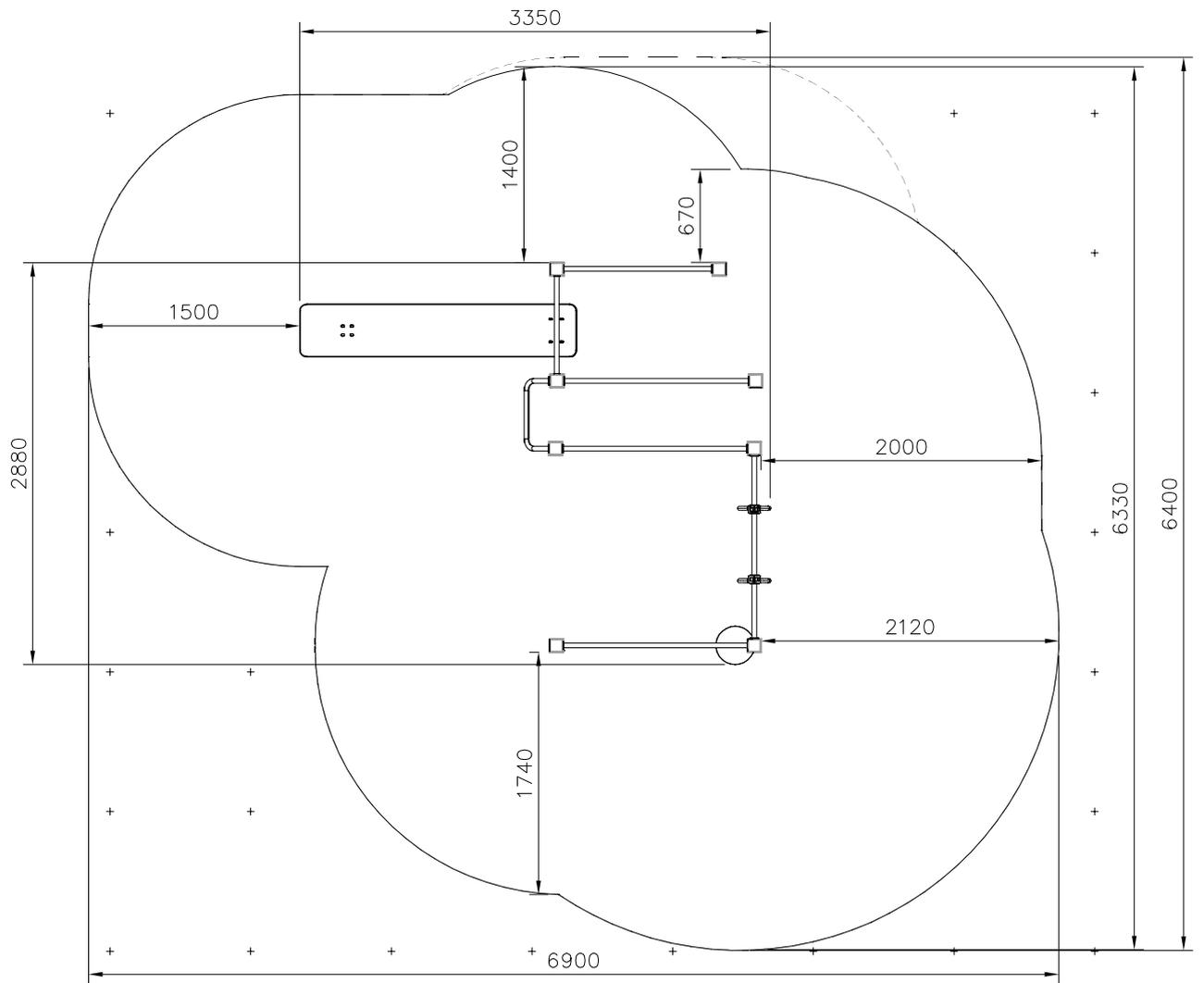
Falling Space 33 m²
Grid size = 1000mm

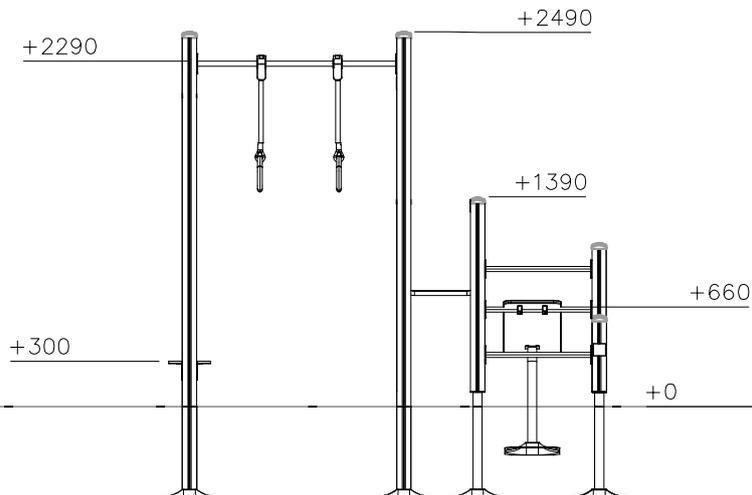
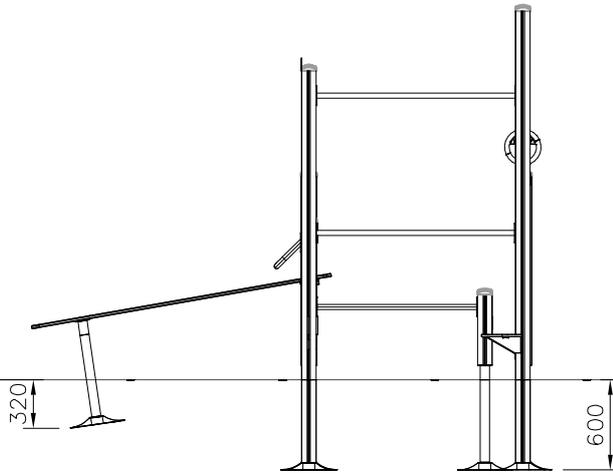


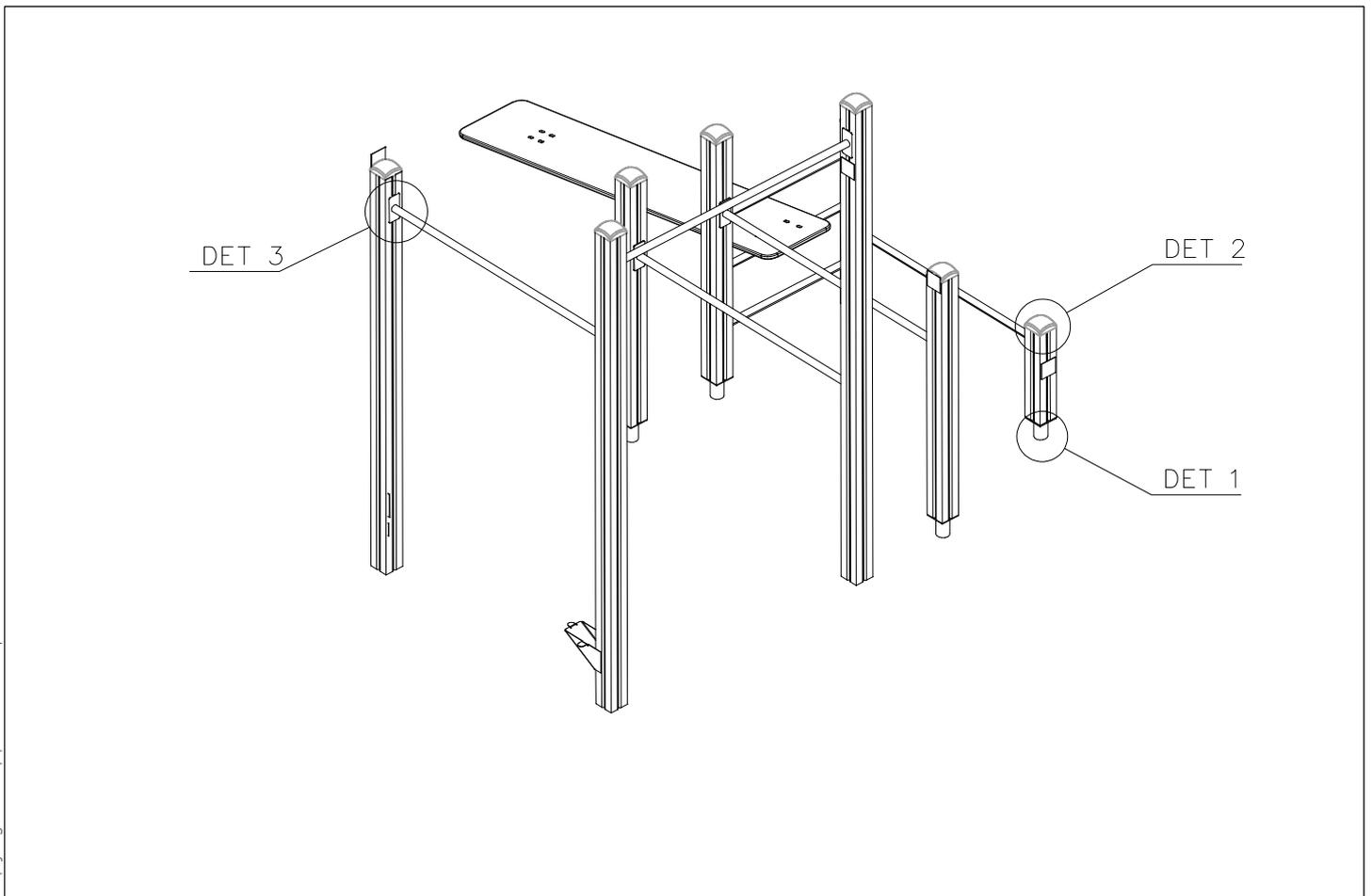
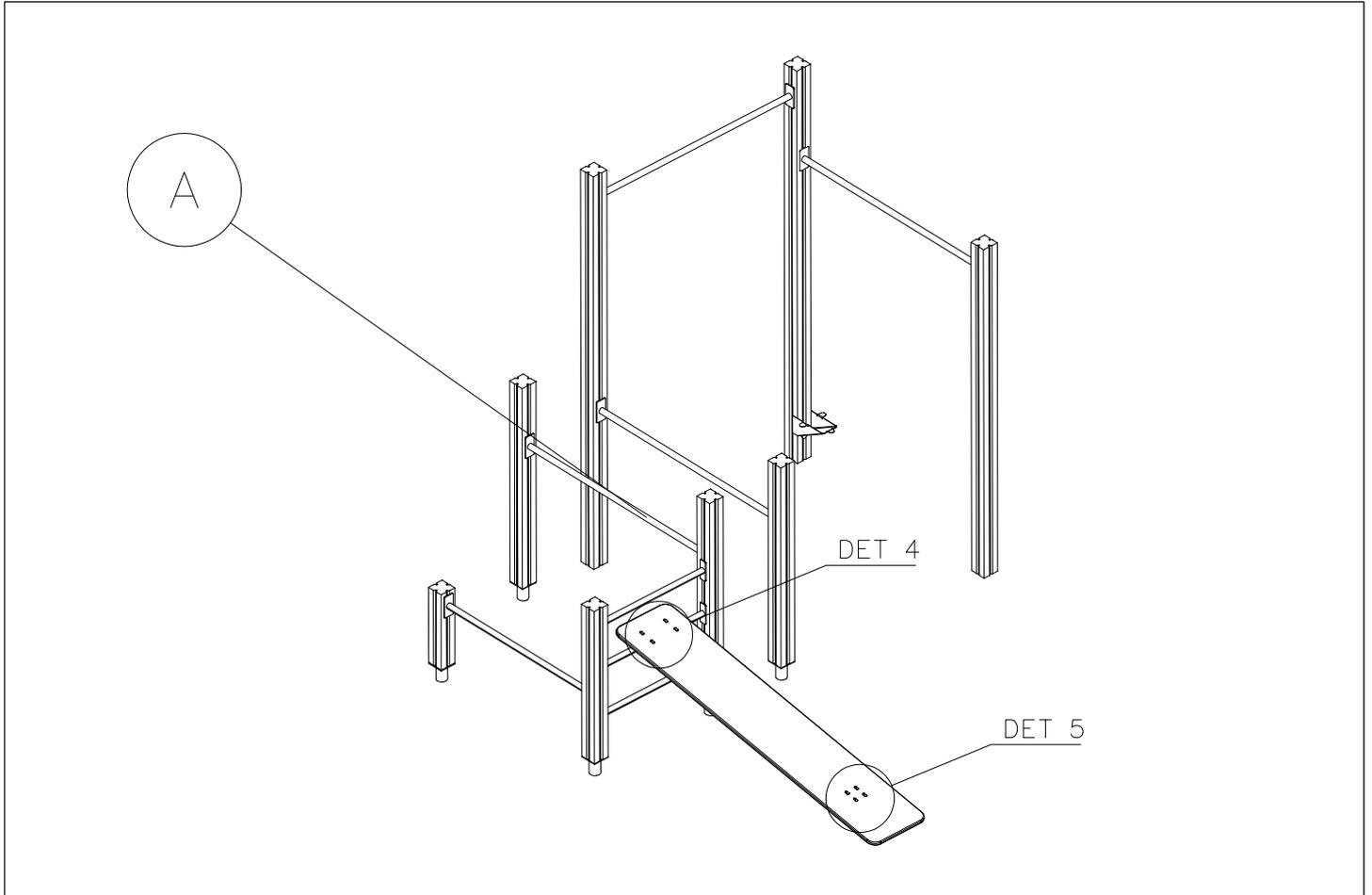
		
		

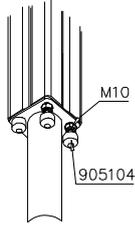
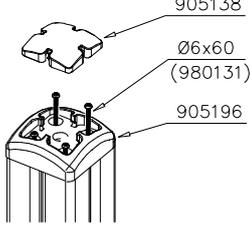
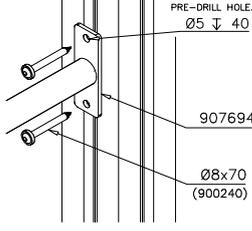
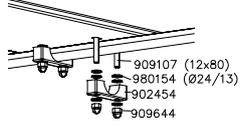
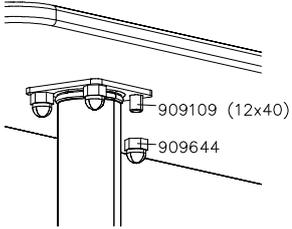
— EN/AS Impact Area 31.9 m²

- - - Falling Space 33 m²
+ Max Falling Height 2290 mm

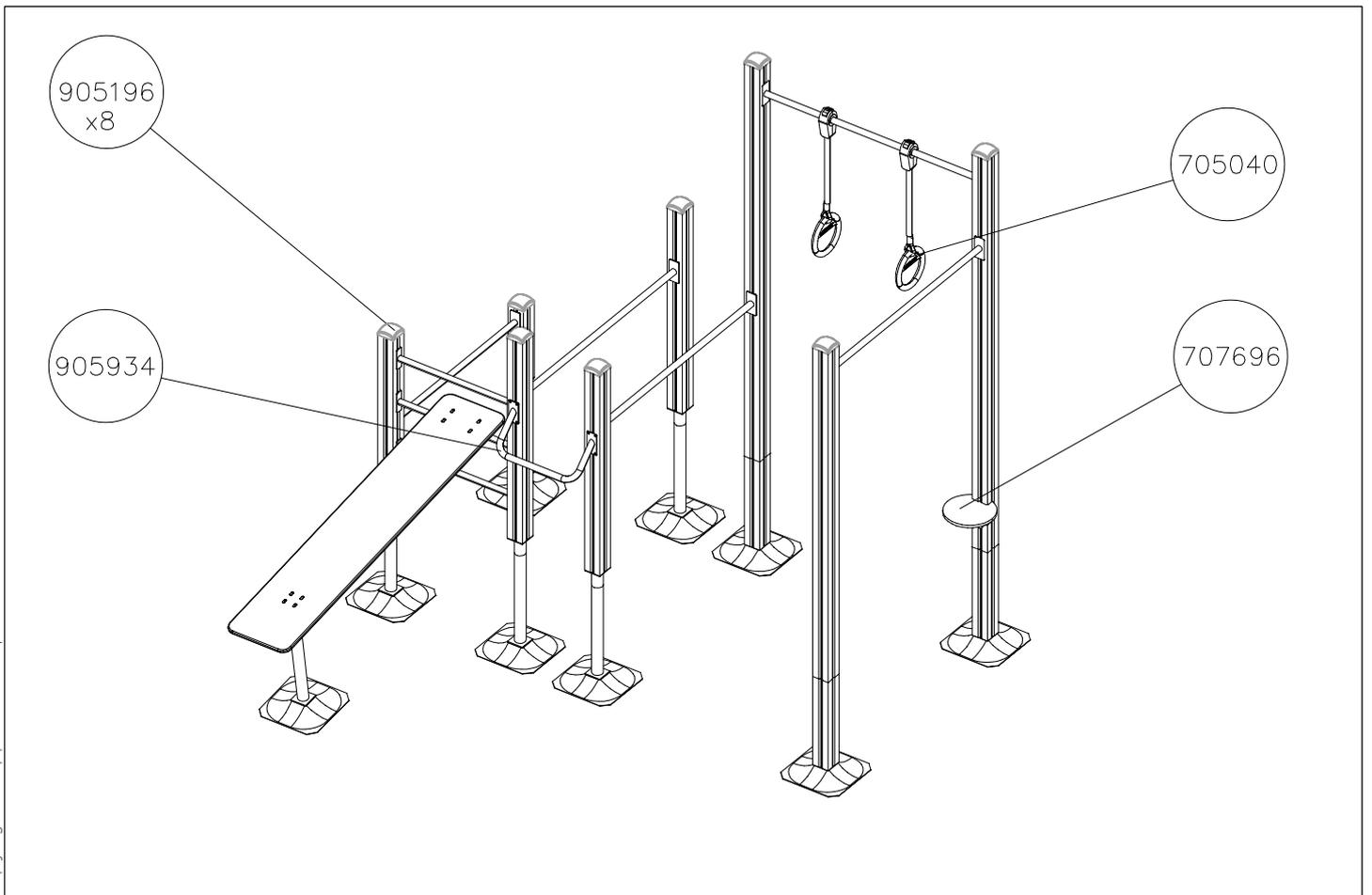
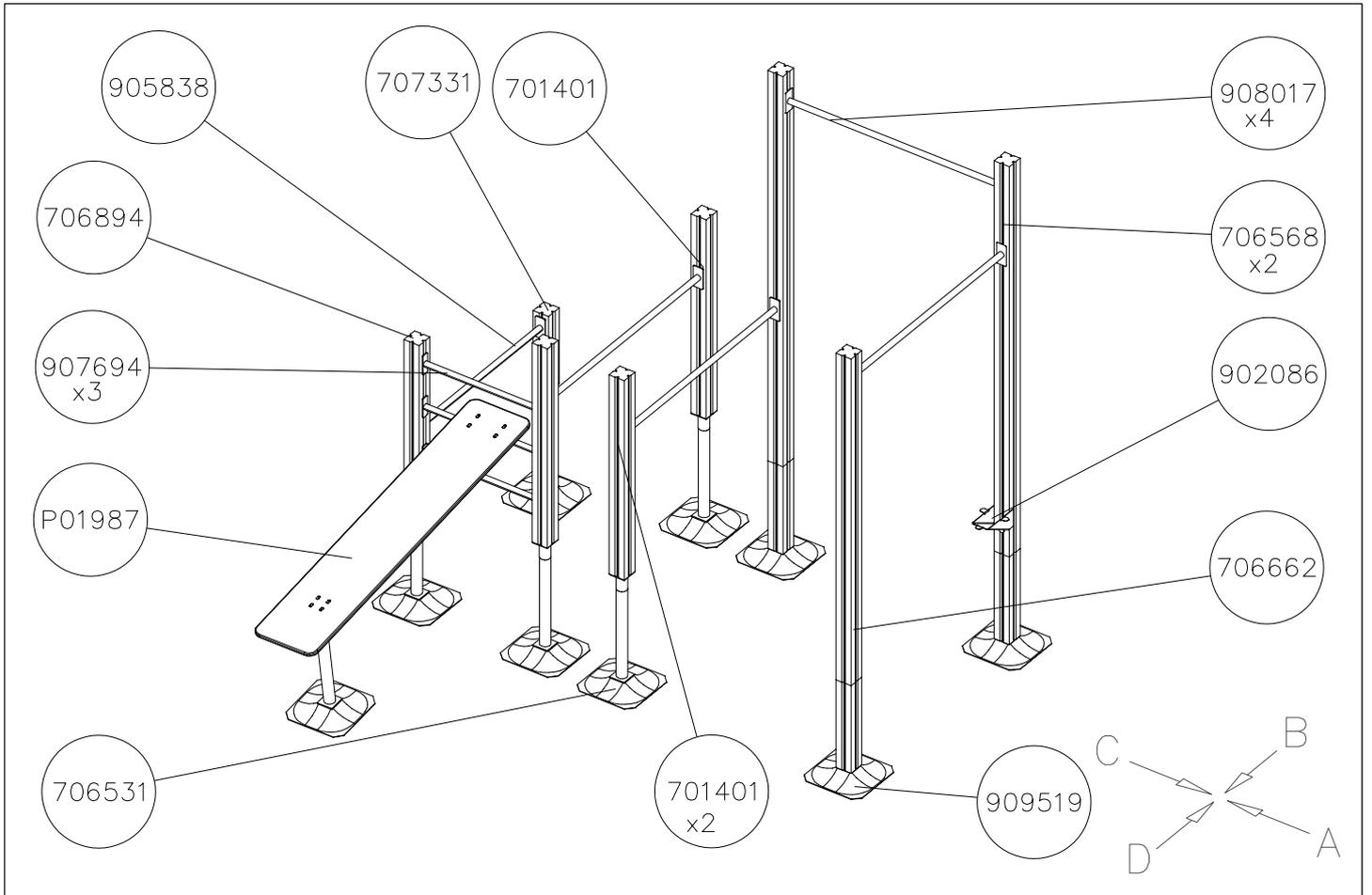




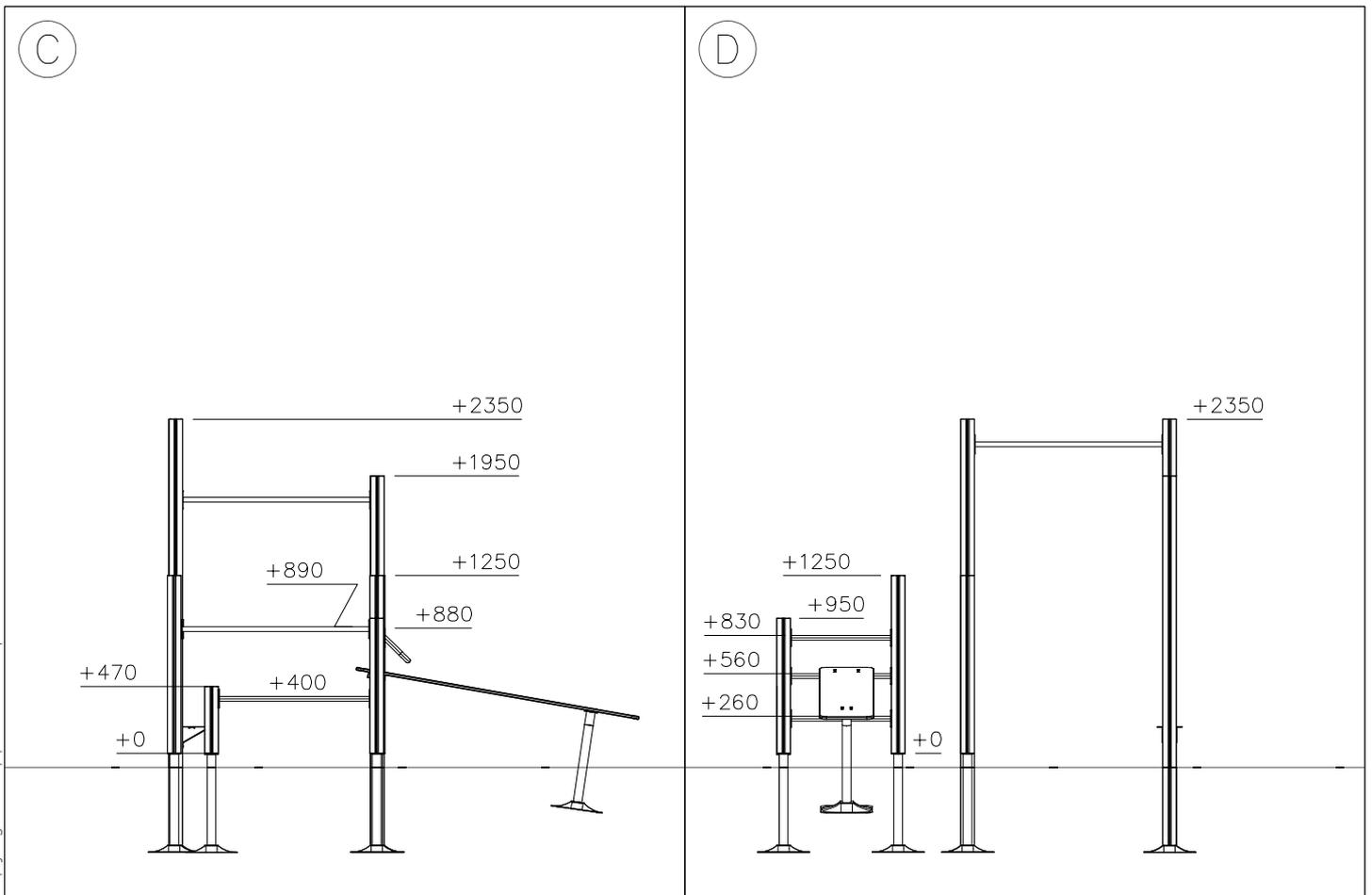
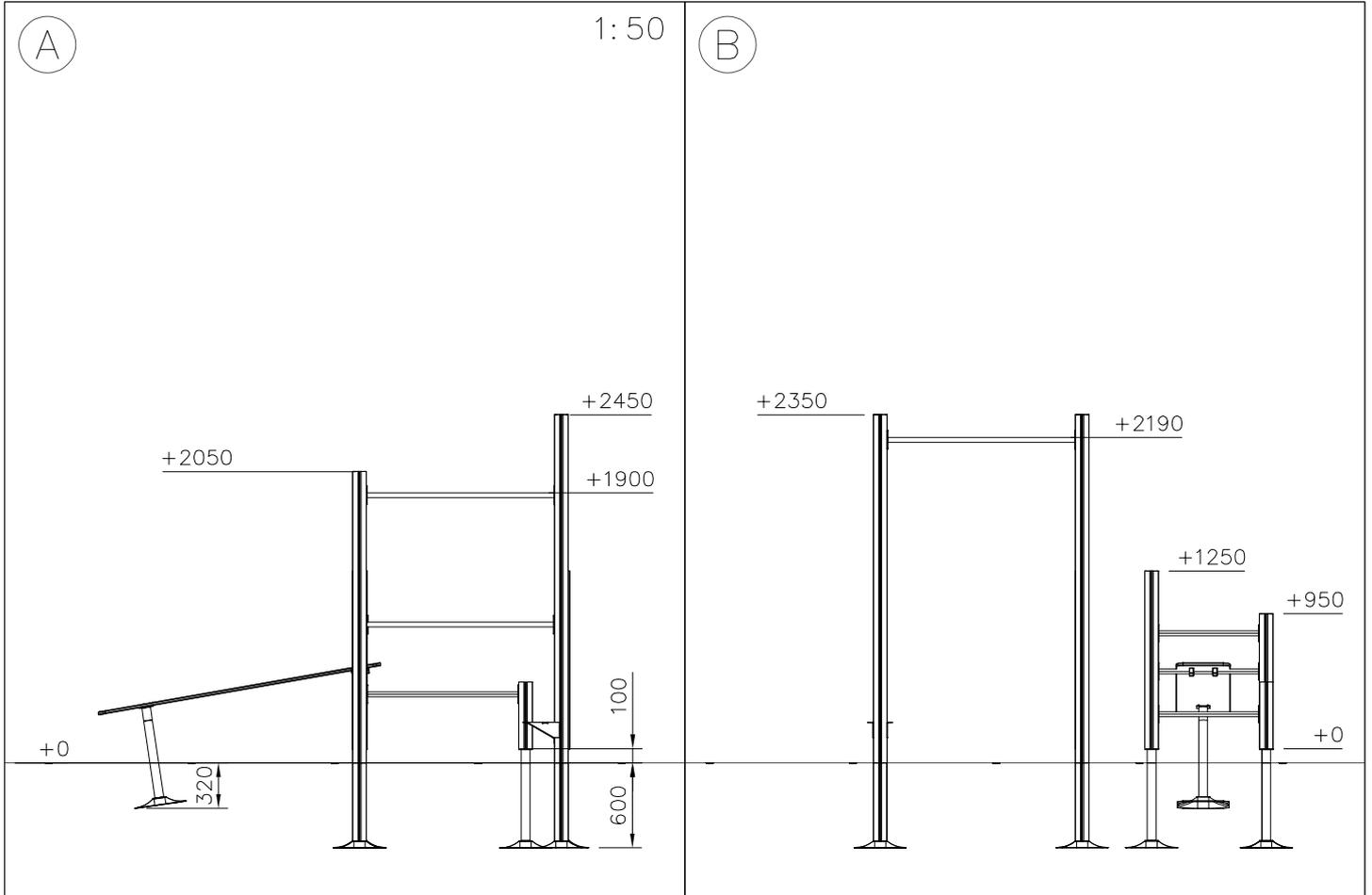


<p>DET 1</p> 	<p>DET 2</p> 	<p>DET 3</p> 	<p>DET 4</p> 
<p>DET 5</p> 			

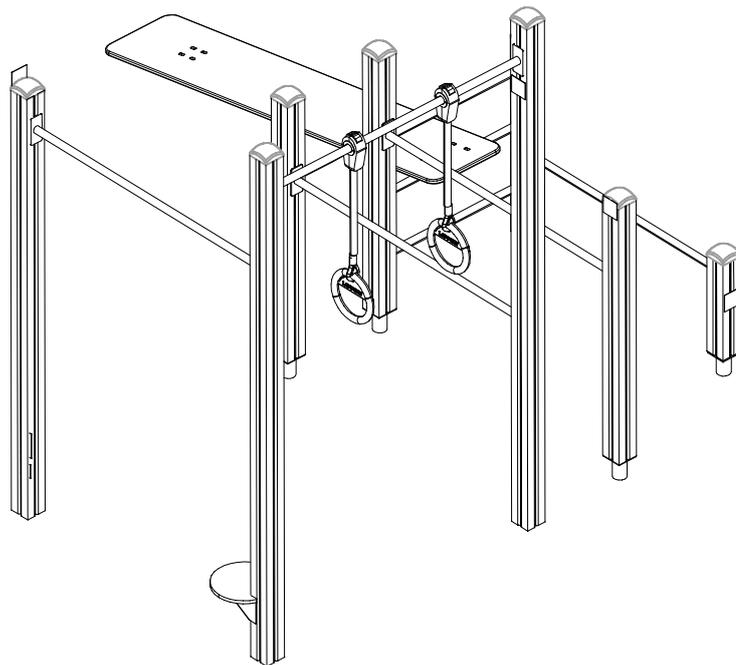
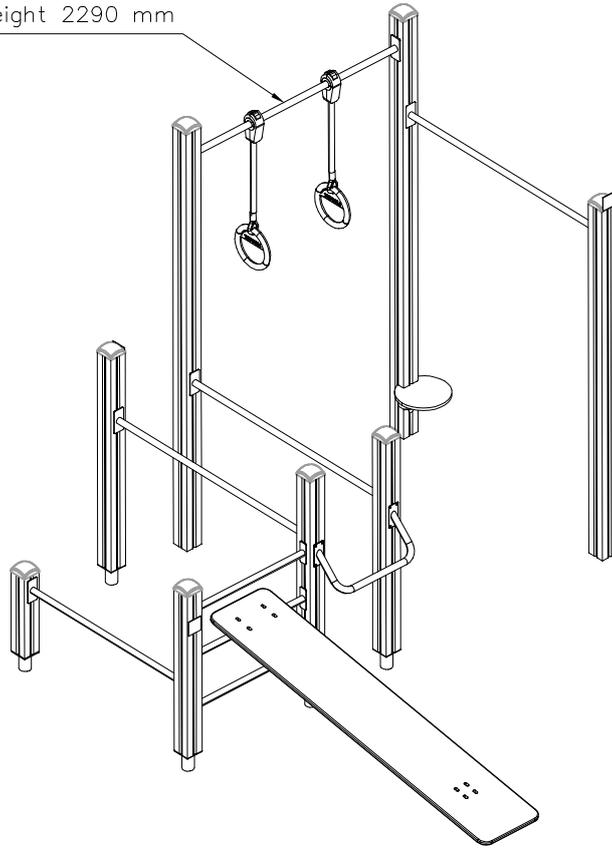
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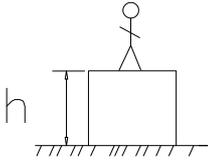
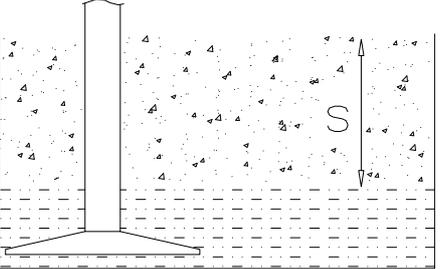
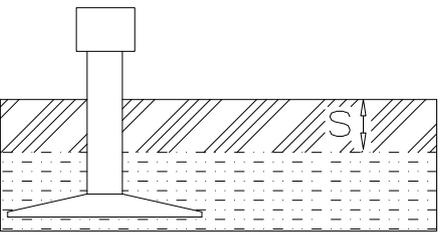


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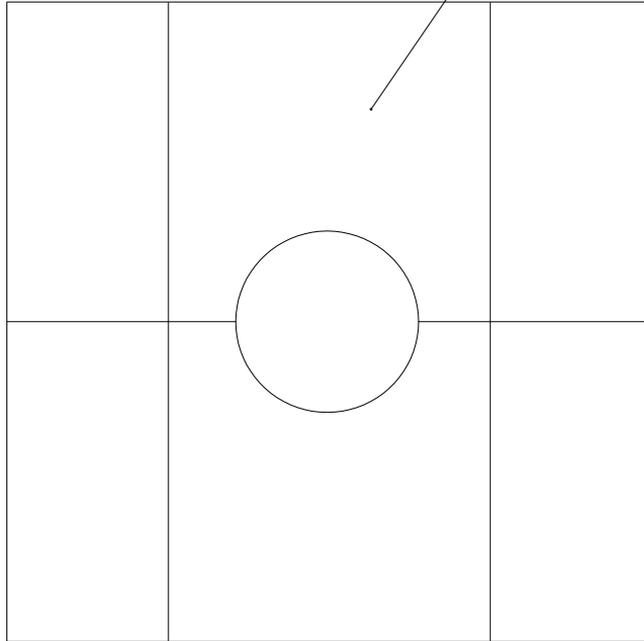


Max Falling Height 2290 mm

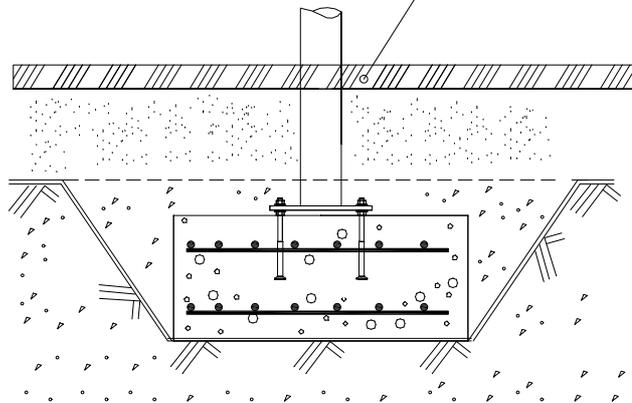


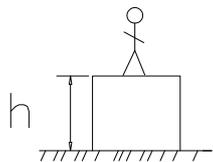
												
<p>$h < 600$</p> <p>Without movement and therefore without Impact Area</p>	<p>Totally hard surfaces.</p> <p>Note. Lappset does <u>not recommend</u> totally hard surfaces at all.</p>	<p>E.g. concrete or asphalt</p> 										
<p>$h < 600$</p> <p>With movement e.g. rocking</p>	<p>Materials with very limited impact attenuating properties.</p>	<p>E.g. wood</p> 										
<p>$h < 1000$</p>	<p>Materials with significant impact attenuating properties.</p>	<p>fine gravel 0–8 mm</p>  <p>grass</p>  <p>unsorted sand</p> 										
<p>$h < 3000$</p>	<p>Loose fill material</p> <p>E.g. sand/gravel 0,25...8 mm D60/D10<3,0 Woodchips 5...30 mm bark 20...80 mm</p>	 <table data-bbox="1021 1691 1332 1792"> <tr> <td>\underline{S}</td> <td>\underline{h}</td> </tr> <tr> <td>30 cm</td> <td>< 2,0 m</td> </tr> <tr> <td>40 cm</td> <td>< 3,0 m</td> </tr> </table>	\underline{S}	\underline{h}	30 cm	< 2,0 m	40 cm	< 3,0 m				
\underline{S}	\underline{h}											
30 cm	< 2,0 m											
40 cm	< 3,0 m											
	<p>Syntethic granulates</p> <table data-bbox="406 1892 758 2060"> <tr> <td>\underline{S}</td> <td>\underline{h}</td> </tr> <tr> <td>40 mm</td> <td>~> 1,2...1,3 m</td> </tr> <tr> <td>50 mm</td> <td>~> 1,5...1,7 m</td> </tr> <tr> <td>60 mm</td> <td>~> 1,8...2,0 m</td> </tr> <tr> <td>70 mm</td> <td>~> 2,1...2,5 m</td> </tr> </table> <p>Note. For accurate values, see manufacturer's instructions.</p>	\underline{S}	\underline{h}	40 mm	~> 1,2...1,3 m	50 mm	~> 1,5...1,7 m	60 mm	~> 1,8...2,0 m	70 mm	~> 2,1...2,5 m	
\underline{S}	\underline{h}											
40 mm	~> 1,2...1,3 m											
50 mm	~> 1,5...1,7 m											
60 mm	~> 1,8...2,0 m											
70 mm	~> 2,1...2,5 m											

REMOVE SAFETY SURFACE/SAND/GRAVEL
TO CHECK FOUNDATION



REMOVE SAFETY SURFACE/SAND/GRAVEL
TO CHECK FOUNDATION





$h < 1000$

Totally hard surfaces or materials with very limited impact attenuating properties.

Totally hard surfaces.
E.g. concrete or asphalt



Case by case risk assessment is needed including e.g. evaluation whether there is forced movement, what is the intended exercise and where will the product be installed.

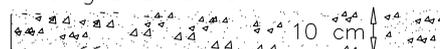
Materials with very limited impact attenuating properties.
E.g. wood



$h < 1200$

Materials with significant impact attenuating properties.

fine gravel 0–8 mm



Unsorted sand/ topsoil



$h < 1500$

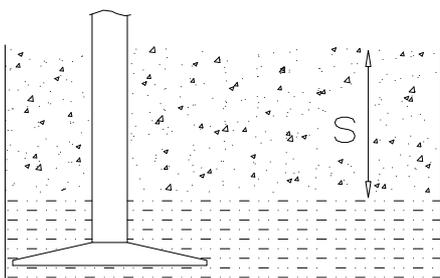
Lawn



$h < 3000$

Loose fill material

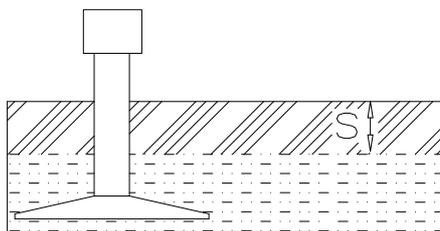
E.g.
sand/gravel 0,25...8 mm $D_{60}/D_{10} < 3,0$
Woodchips 5...30 mm
bark 20...80 mm



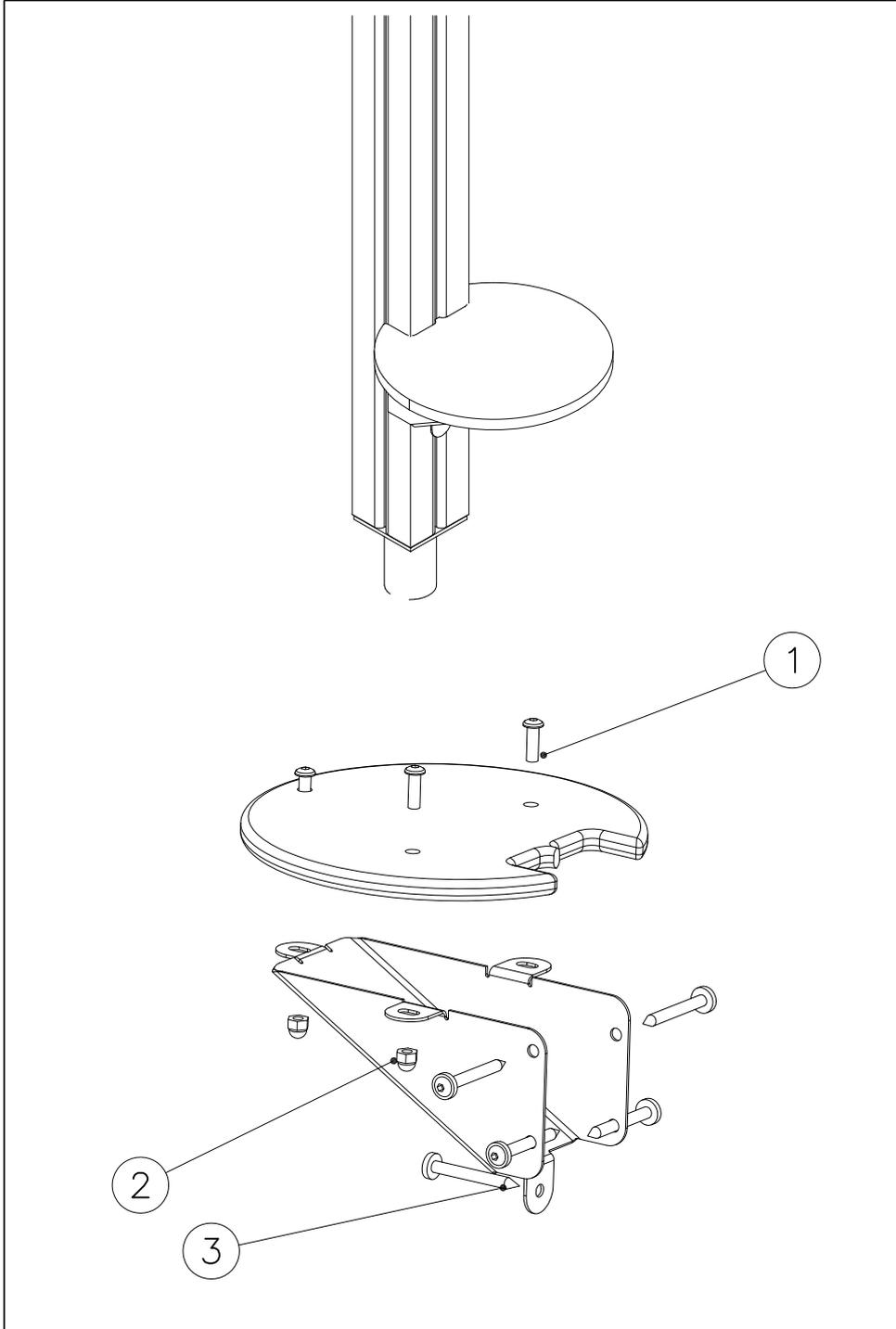
\underline{S}	\underline{h}
30 cm	$< 2,0$ m
40 cm	$< 3,0$ m

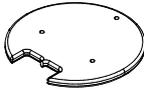
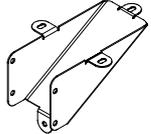
Syntetic granulates

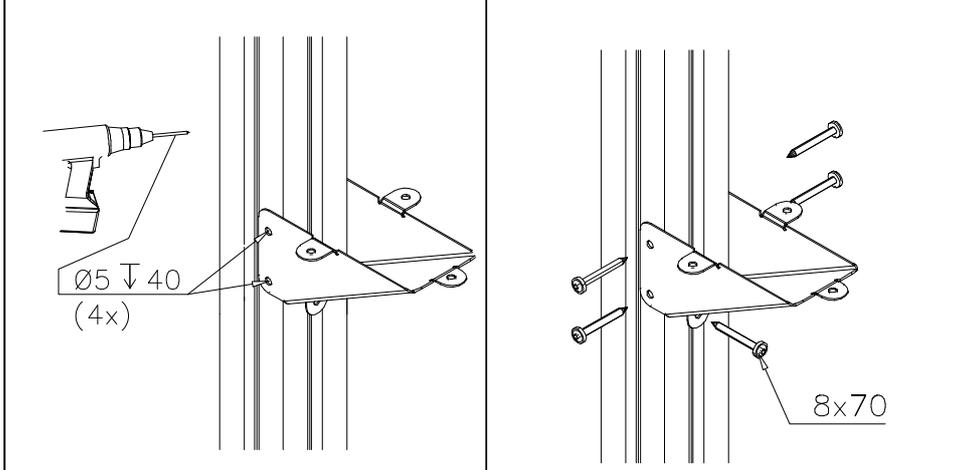
\underline{S}	\underline{h}
40 mm	$\sim > 1,2...1,3$ m
50 mm	$\sim > 1,5...1,7$ m
60 mm	$\sim > 1,8...2,0$ m
70 mm	$\sim > 2,1...2,5$ m

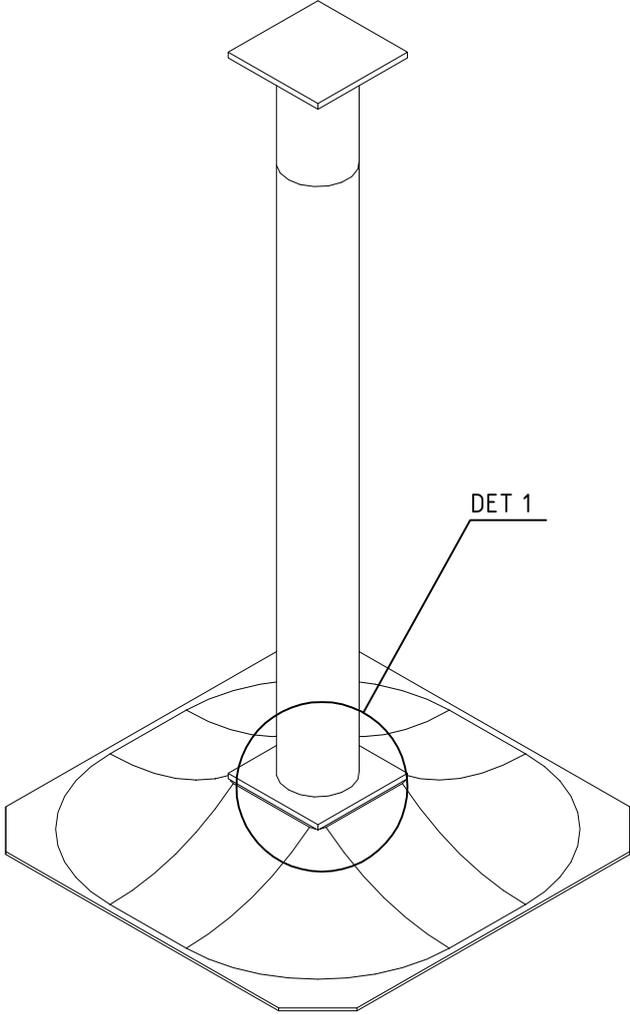


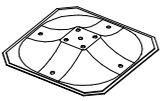
Note. For accurate values, see manufacturer's instructions.



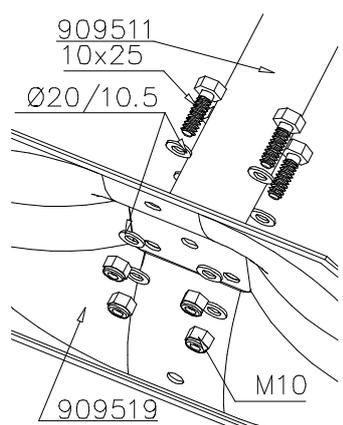
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		3			3
	M8x25			M8	
③	900240	PCS			PCS
		5			
	Ø8x70				
		PCS			PCS
○	707696	PCS	○	902086	PCS
		1			1
	15x265x275			148x172x254	
		PCS			PCS
		PCS			PCS
		PCS			PCS
		PCS			PCS

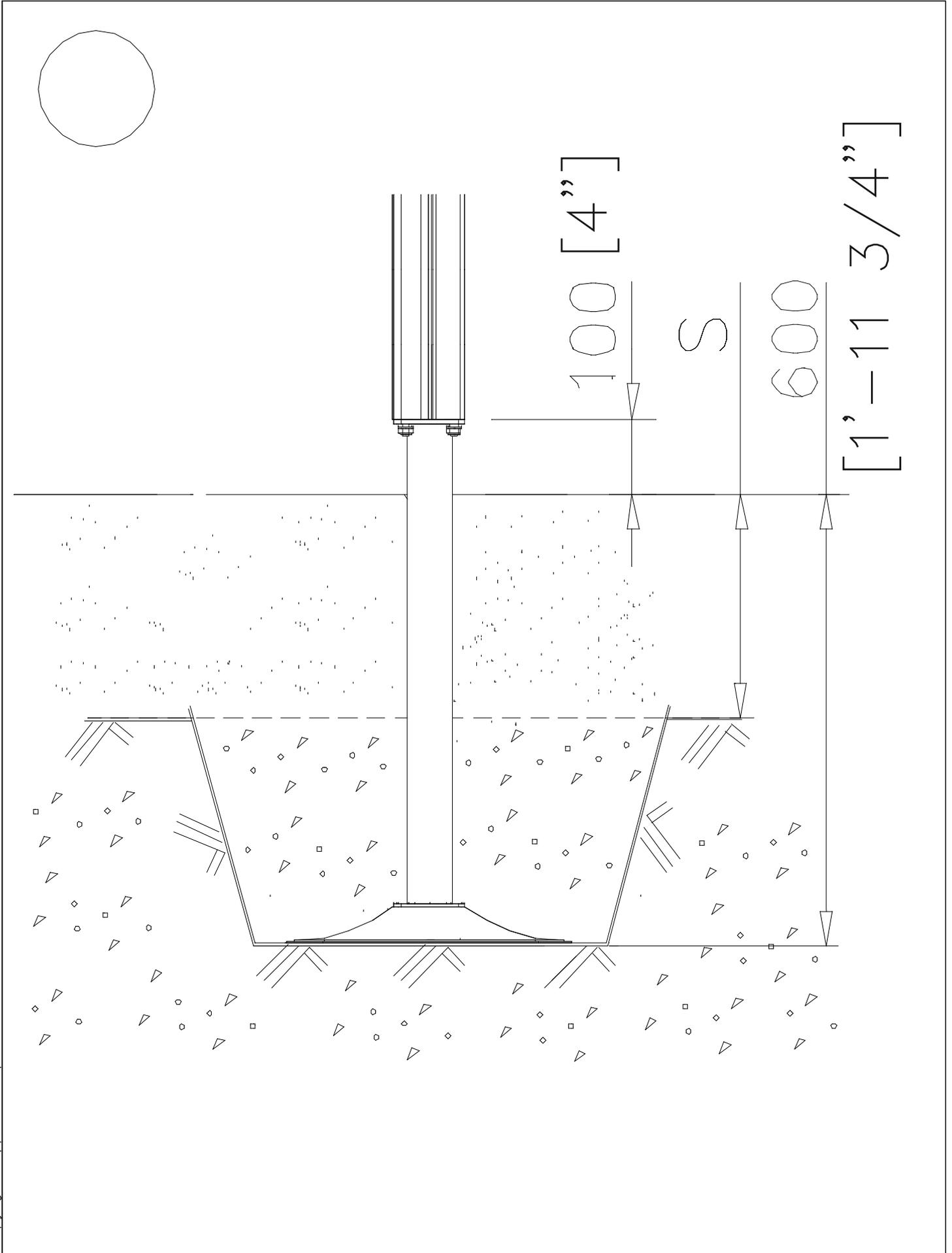




①	909511	PCS	②	909519	PCS
		1			1
③	909637	PCS	④	909638	PCS
		4			8
	M10			Ø20/10.5	
⑤	909639	PCS			PCS
		4			
	M10x25				
		PCS			PCS
		PCS			PCS
		PCS			PCS
		PCS			PCS
		PCS			PCS

DET 1





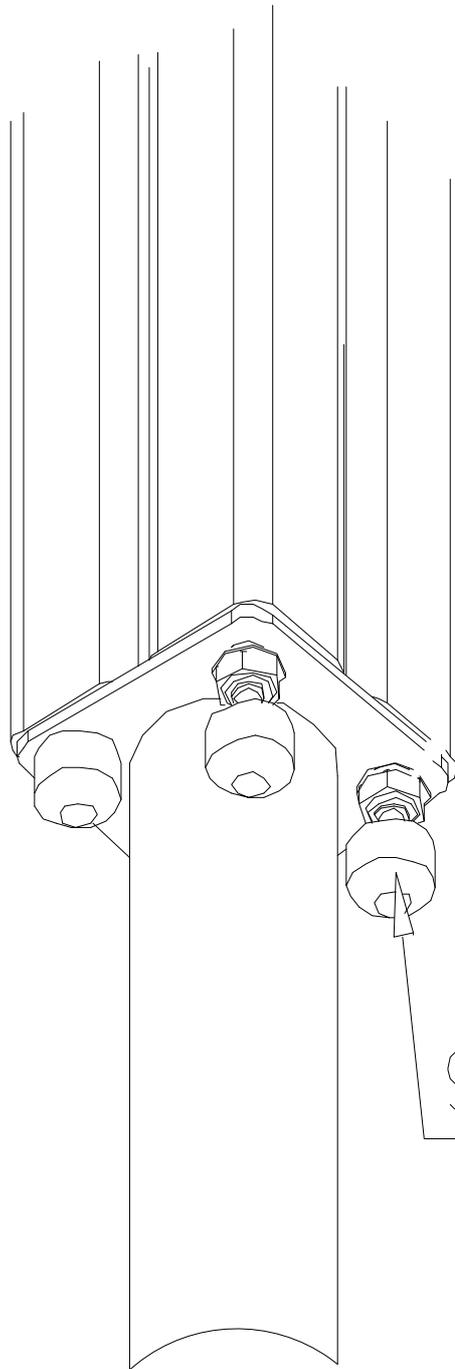
LAPPSET® BETON FOUNDATION

FOOT

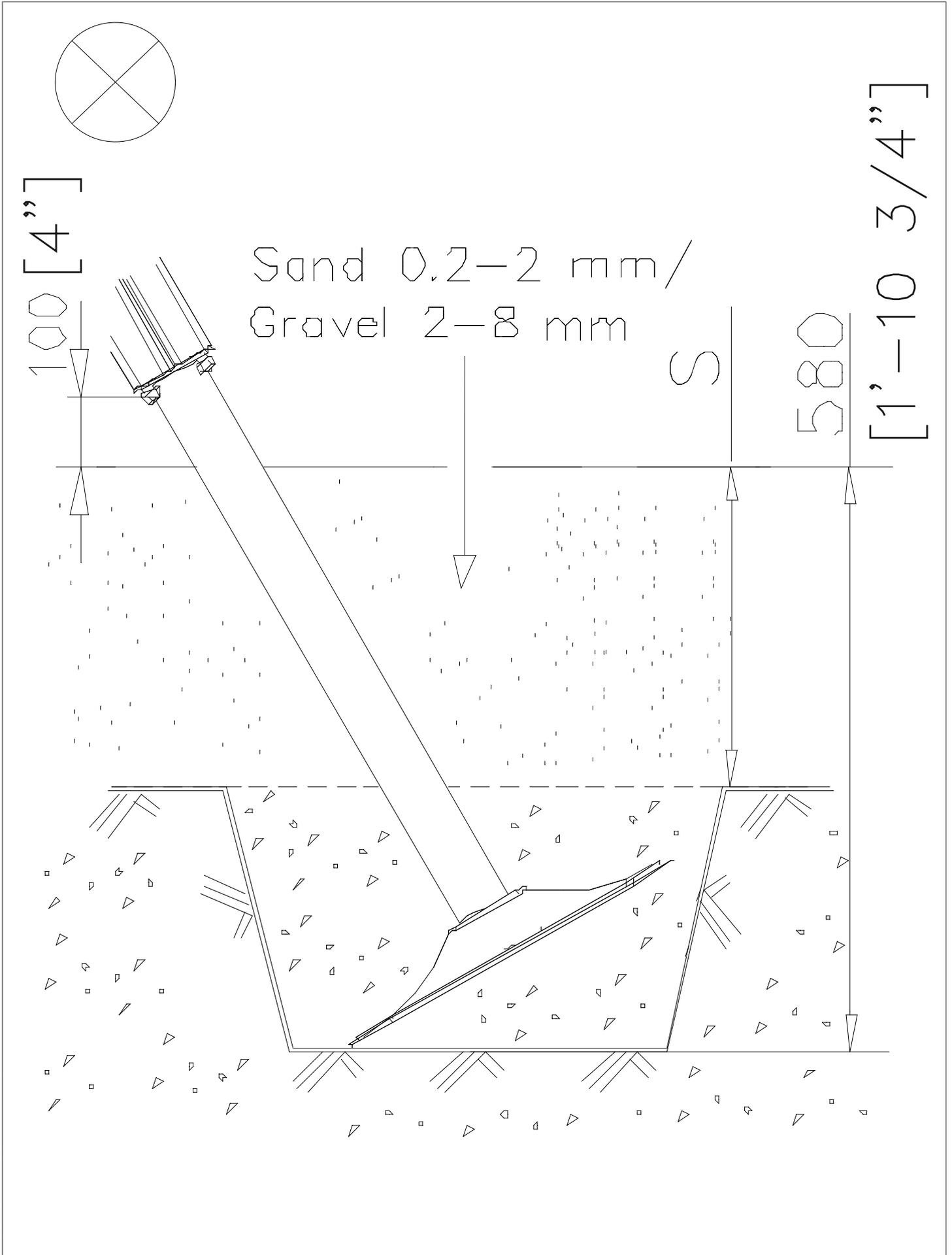
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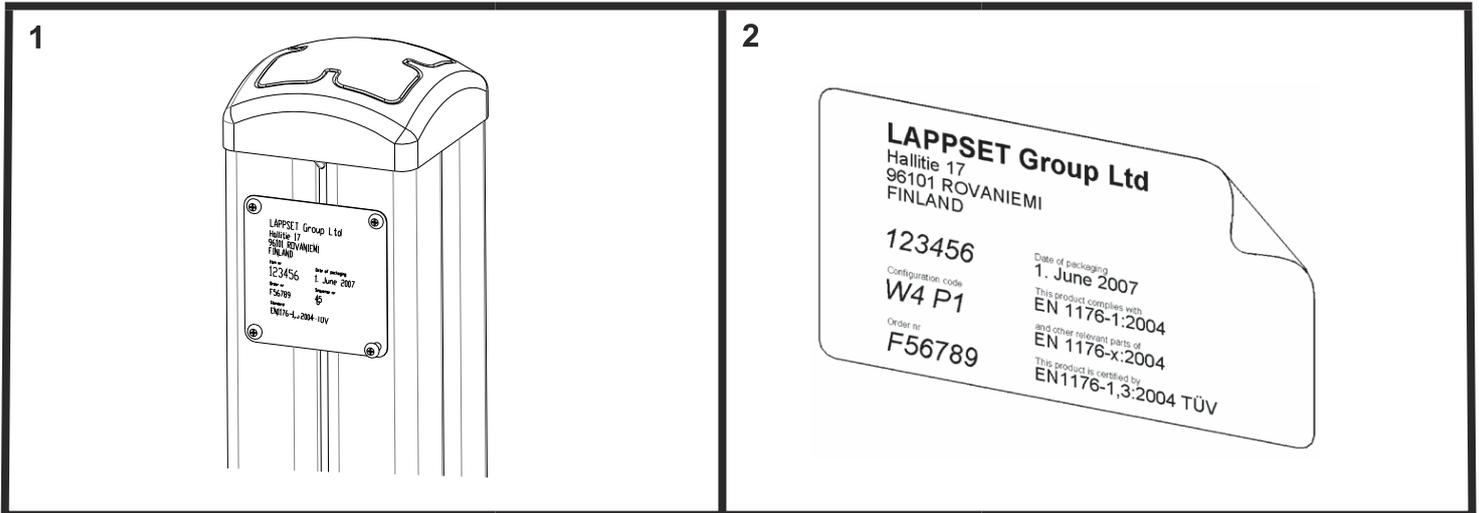
1(1)

② 905104	PCS		PCS
	4		
			
	M10		
	PCS		PCS



905104





Tuotekyltti tulee tuotteen mukana yhdellä seuraavista tavoista:

1) Metallinen tuotekyltti ja kiinnitysruuvit

- Kiinnitä tuotekyltti ruuveilla tolppaan noin 2 metrin korkeuteen kuvan 1 mukaisesti.

2) Tuotekylttitarra

- Puhdista maalattu metalli- tai vaneripinta pölystä ja kosteudesta. Liimaa tarra kuvan 2 mukaisesti.
- Huom. Älä kiinnitä tarraa karheapintaiseen laminaattiin tai maalattuun puuhun.

Vår produktmärkning levereras på ett av följande sätt:

1) Produktskylt i metall

- Fäst skylten med de medföljande skruvarna

2) Självhäftande produktetikett

- Rengör den pulverlackerade metallytan eller laminatyten så att den blir fri från smuts och fukt. Fäst etiketten enligt fig. 2.
- Obs! Fäst ej etiketten på detaljer med skrovlig yta eller på målat trä.

Product label is delivered by one of following ways:

1) Metal product label and screws

- Fasten the label with screws.

2) Label sticker

- Clean the painted metal or plywood surface from dirt and moisture. Fasten the sticker as shown in the figure 2.
- Note. Do not attach the sticker to rough surfaced laminate or painted wood.

La plaque d'informations produit est livrée sous l'une de ces 3 formes :

1) Plaque métallique et vis

- Fixez la plaque à l'aide des vis.

2) Etiquette autocollante

- Avant de coller l'étiquette, nettoyez le composant métallique peint ou la plaque de contreplaqué, de toute saleté. La surface doit être sèche (voir image 2).
- Attention, ne pas coller l'étiquette sur une surface lamellé-collée irrégulière ou sur du bois peint.

Die Auslieferung des Produktaufklebers erfolgt auf eine dieser Arten:

1) Produkt-Schild aus Metall incl. Schrauben

- Die Befestigung des Schildes erfolgt mittels der Schrauben.

2) Aufkleber

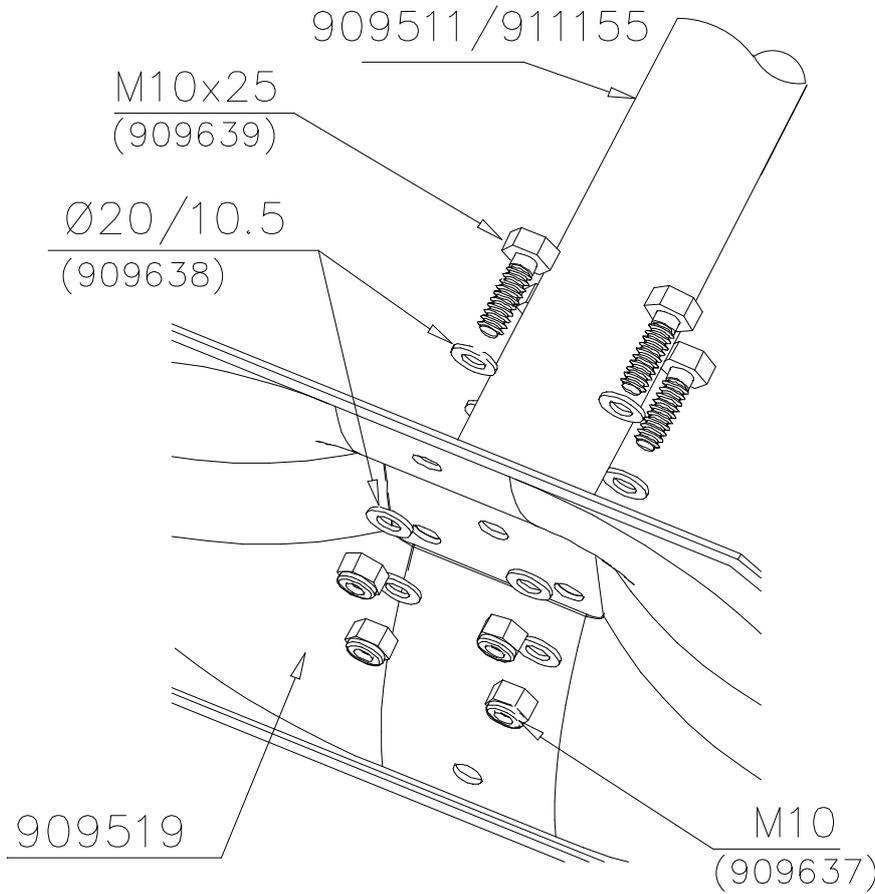
- Entfernen Sie zunächst Schmutz und Feuchtigkeit vom lackierten Metall bzw. von der Holzoberfläche und bringen Sie den Aufkleber wie im Bild oben rechts beschrieben auf den gesäuberten Untergrund auf.
- Beachten Sie: Bringen Sie den Aufkleber nicht auf raues laminiertes oder lackiertes Holz an.

LAPPSET® DEEP FOUNDATION

FOOT

DATE: 15.5.2018

1(1)



① 909511	PCS	② 909519	PCS
	1		1
90x90x650		50x380x380	
③ 909637	PCS	④ 909638	PCS
	4		8
M10		Ø20/10.5	
⑤ 909639	PCS	⑥ 905104	PCS
	4		4
M10x25		M10	

OPTION FOOT

① 911155	PCS		PCS
	1		
90x90x650			