

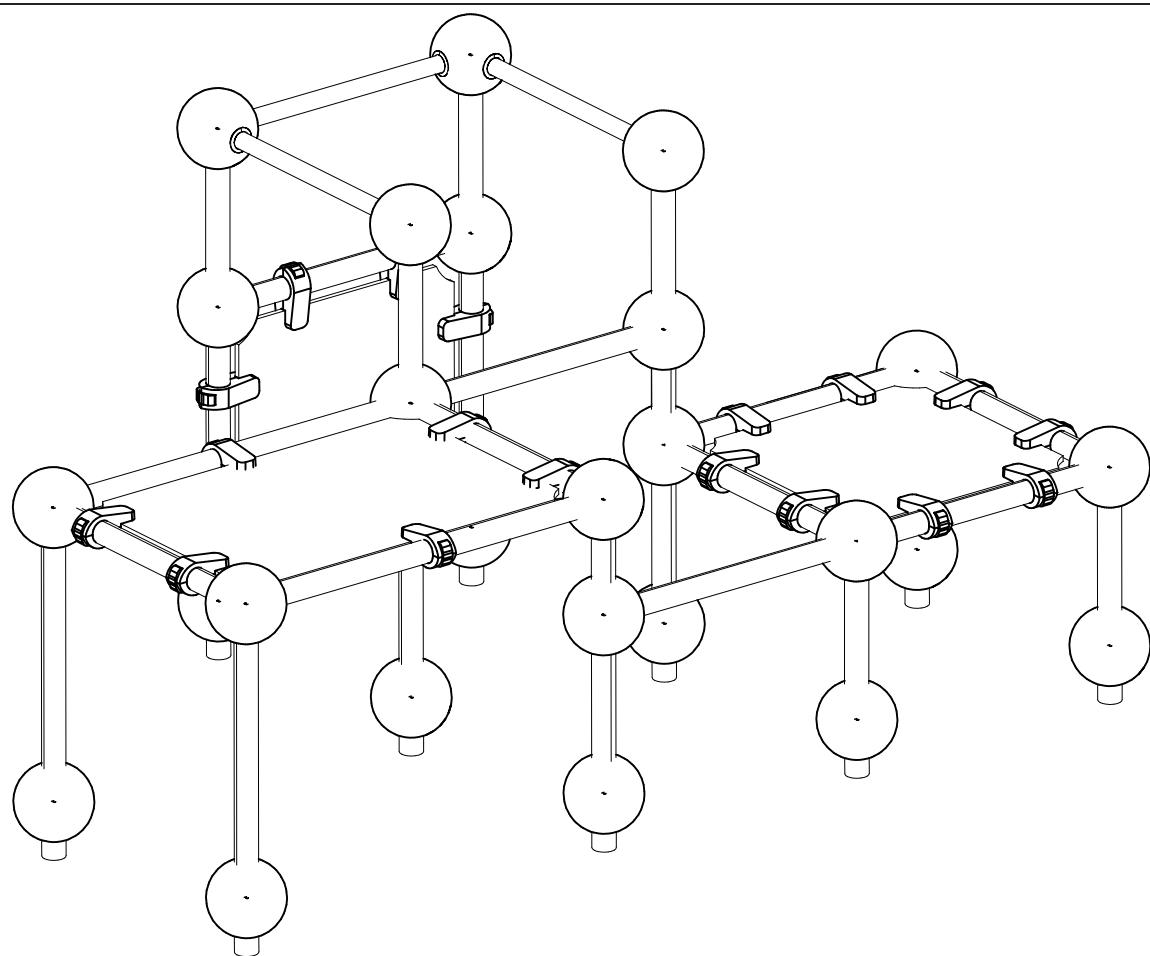
# **LAPPSET®**

## **PARKOUR**

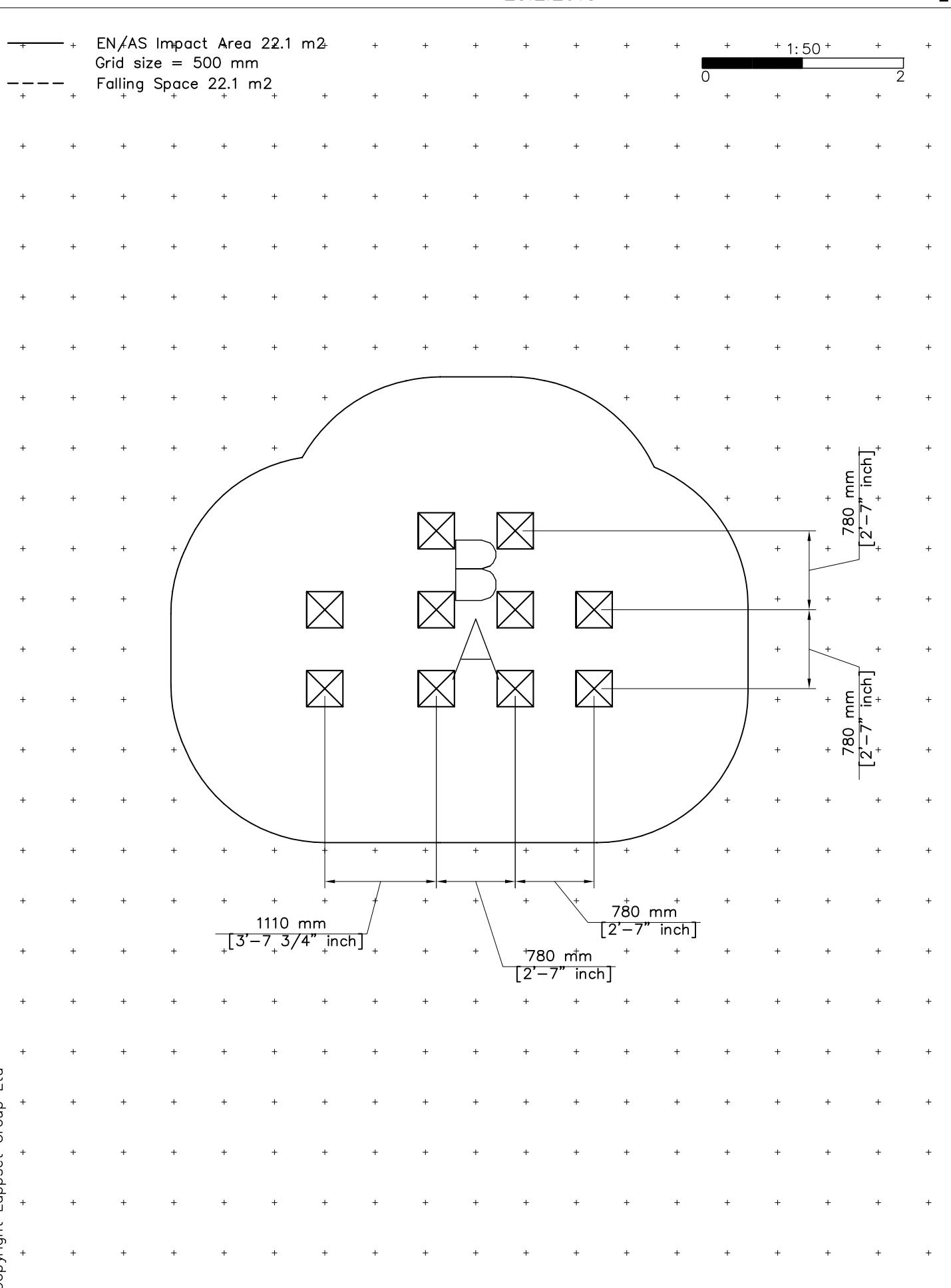
ASENNUSOHJE  
MONTERINGSANVISNING  
INSTALLATION INSTRUCTION  
AUFBAUANLEITUNG  
NOTICE D'INSTALLATION

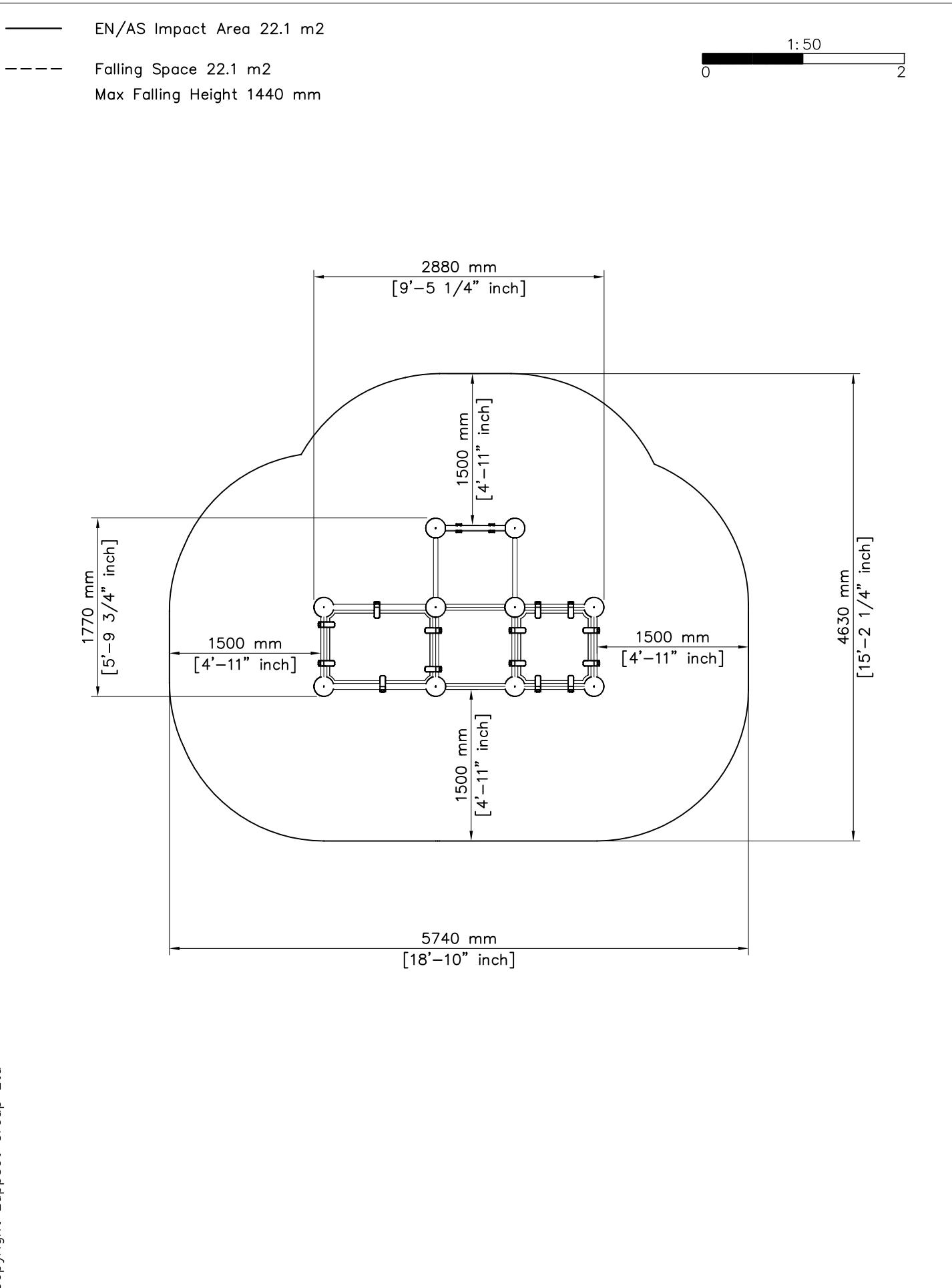
DATE: 23.2.2015

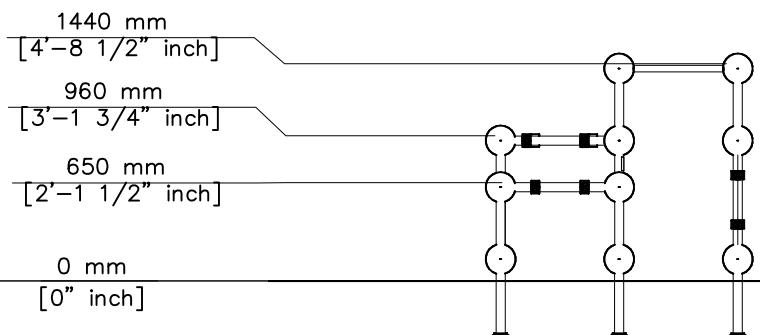
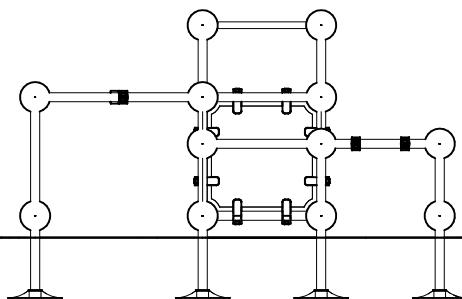
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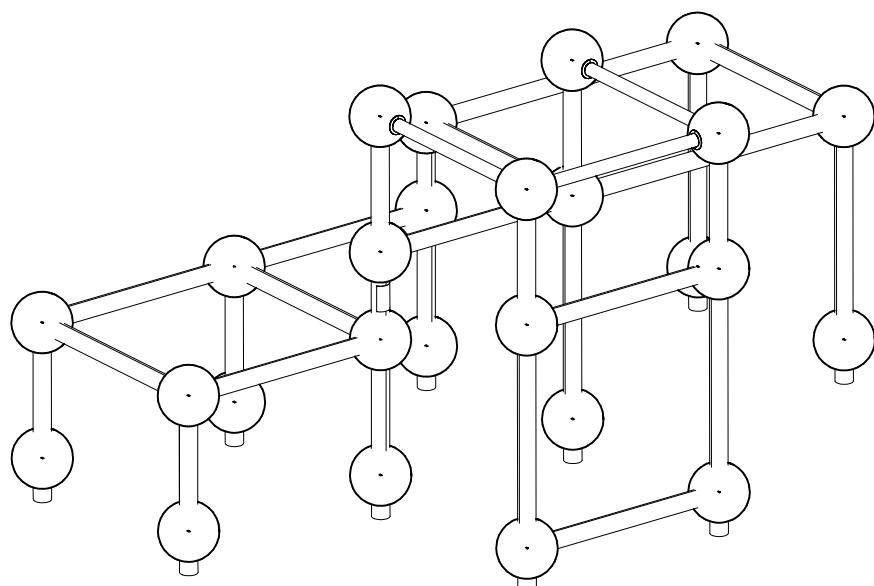
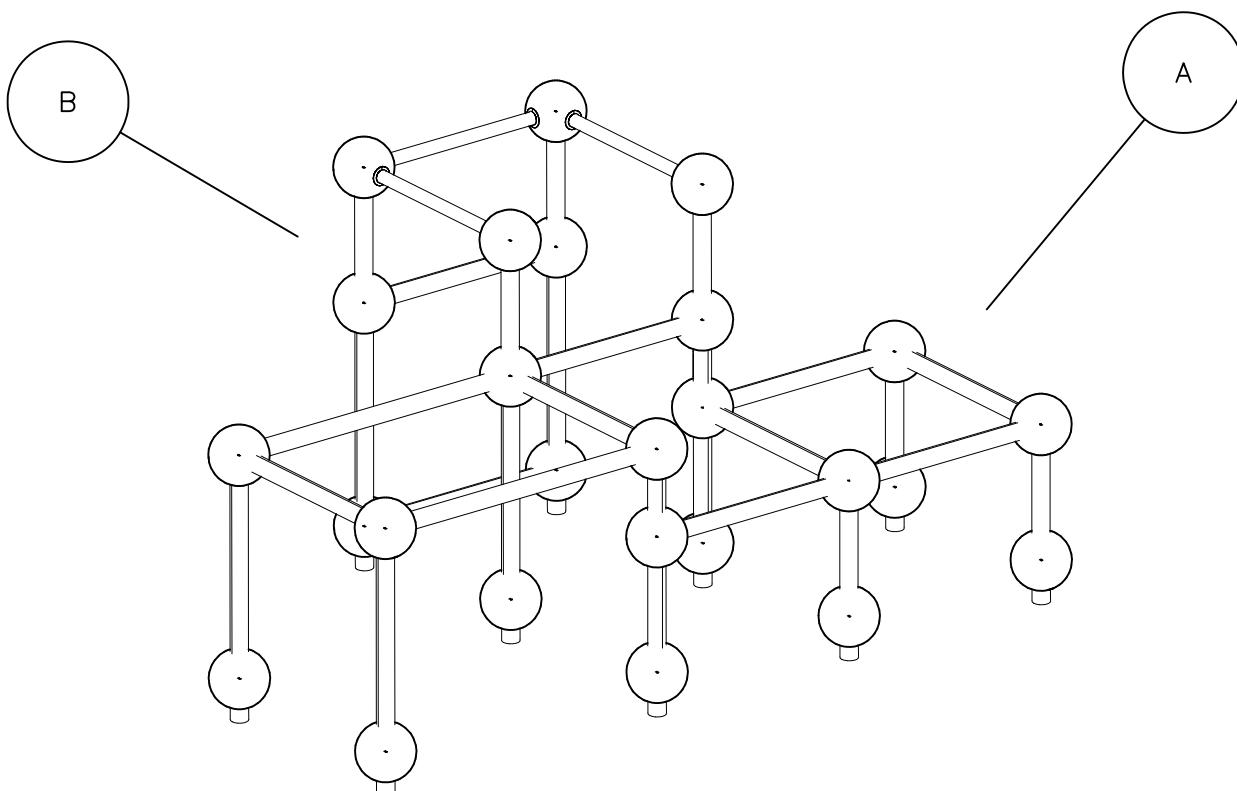


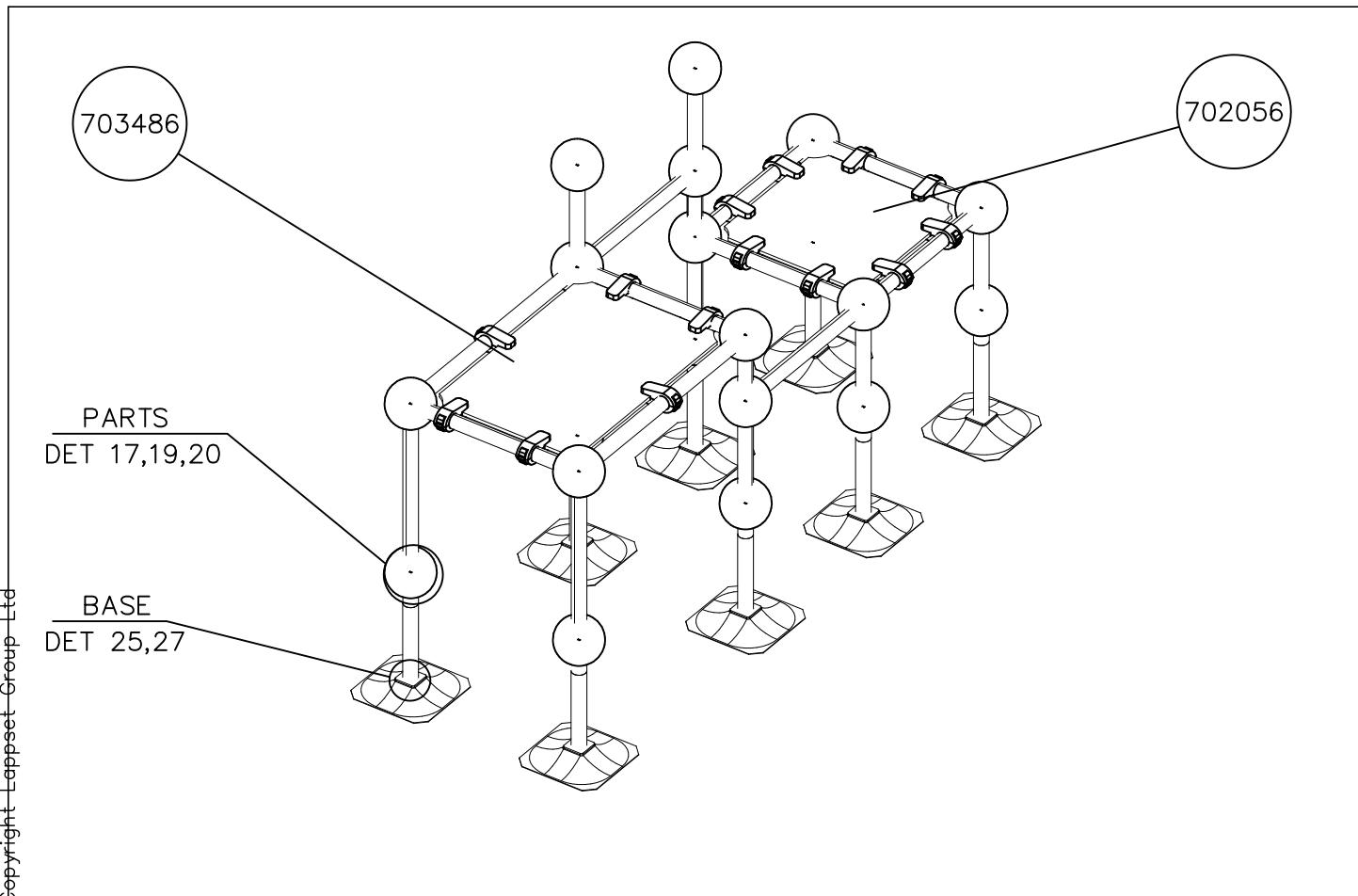
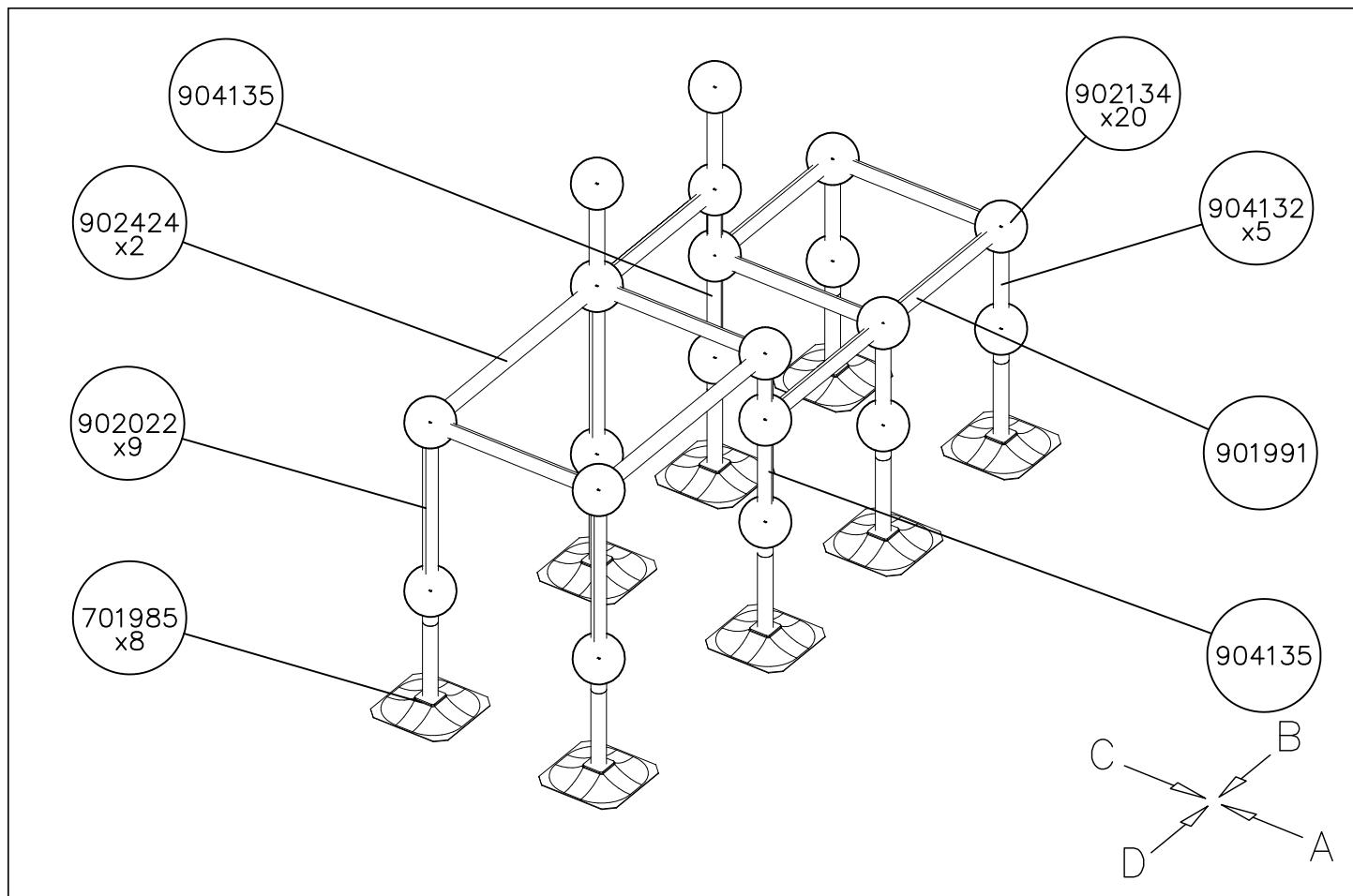


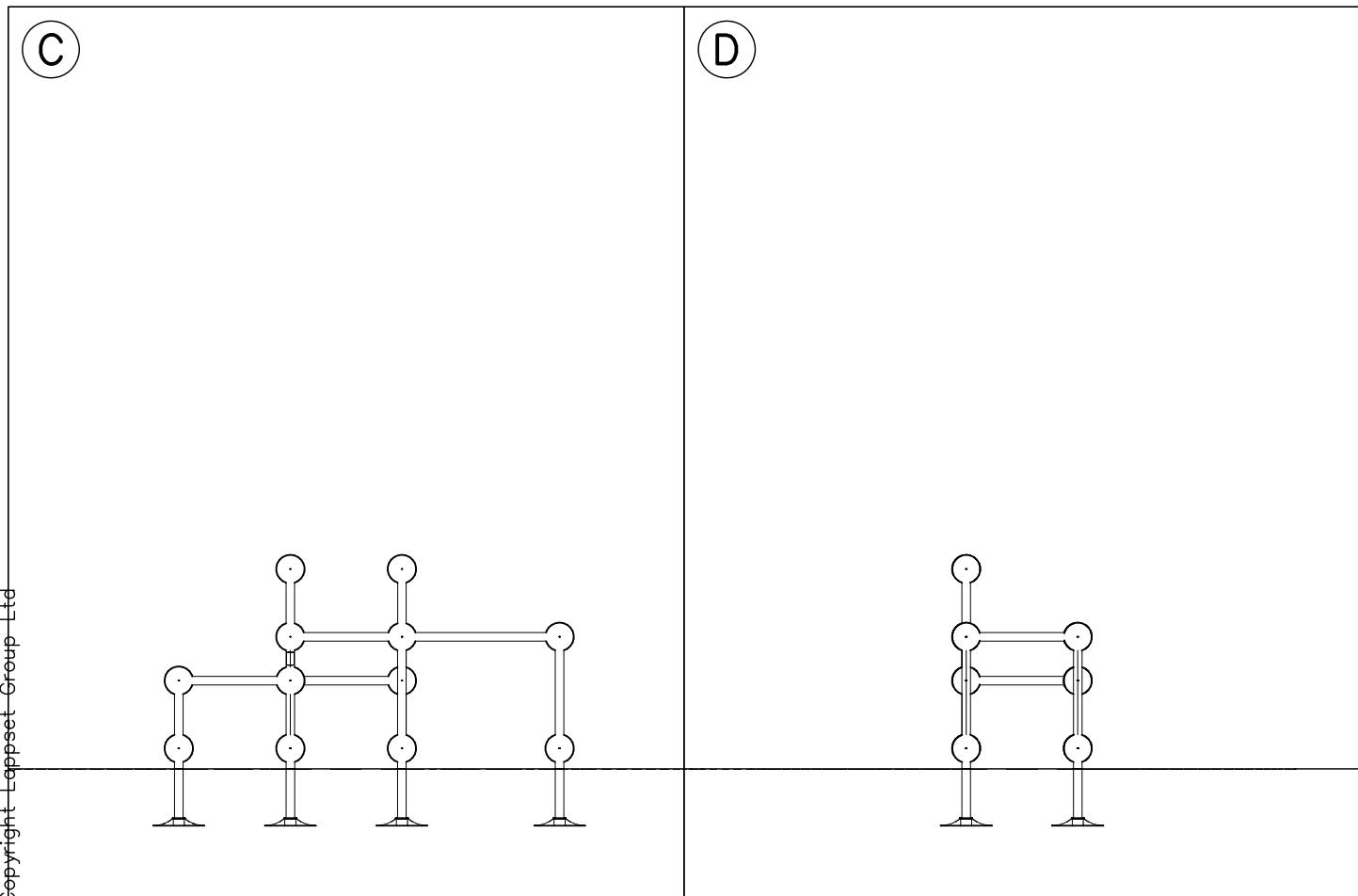
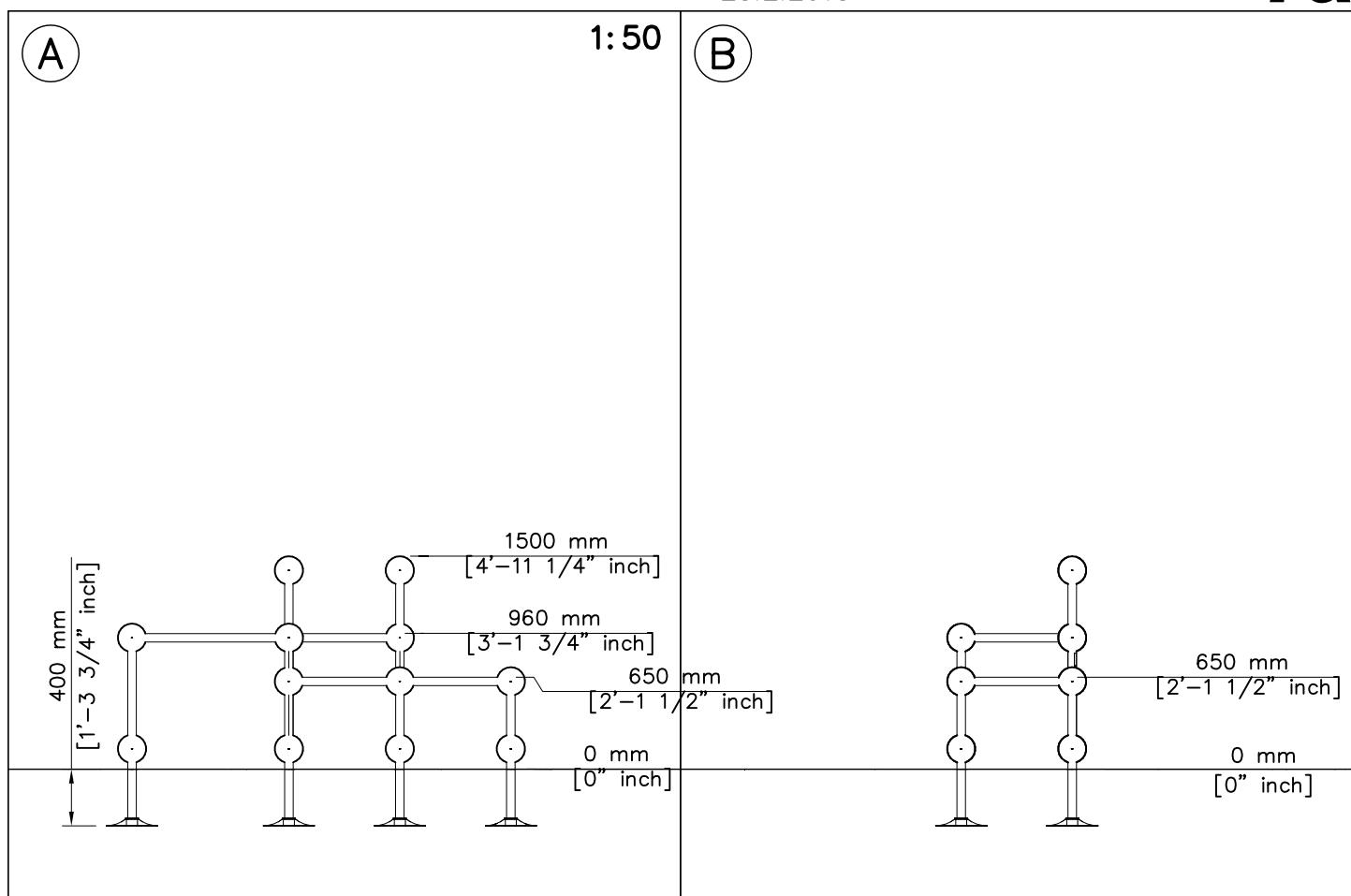


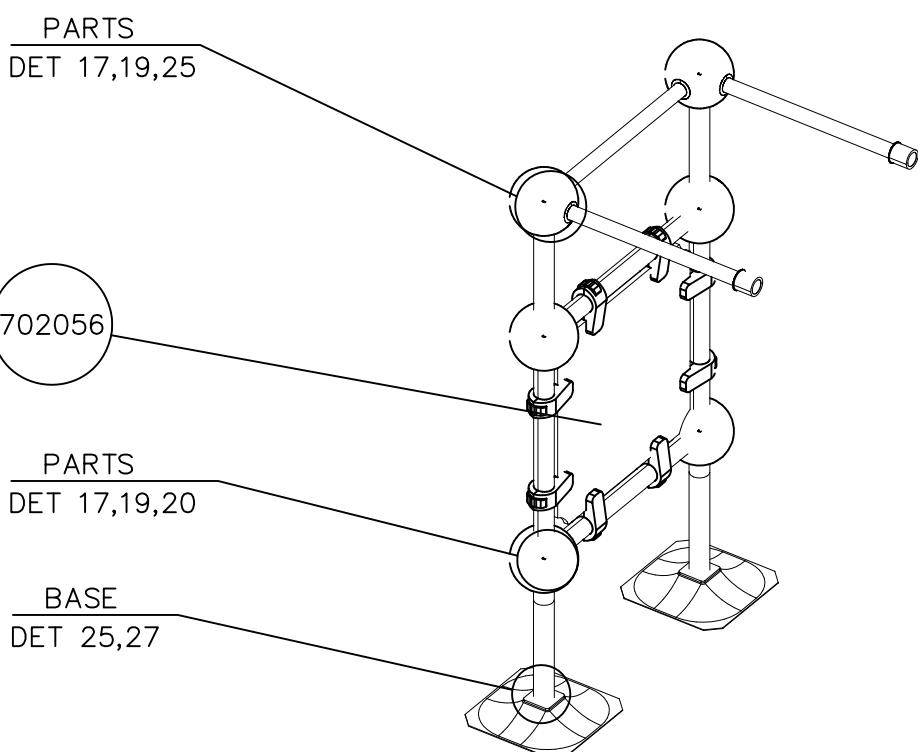
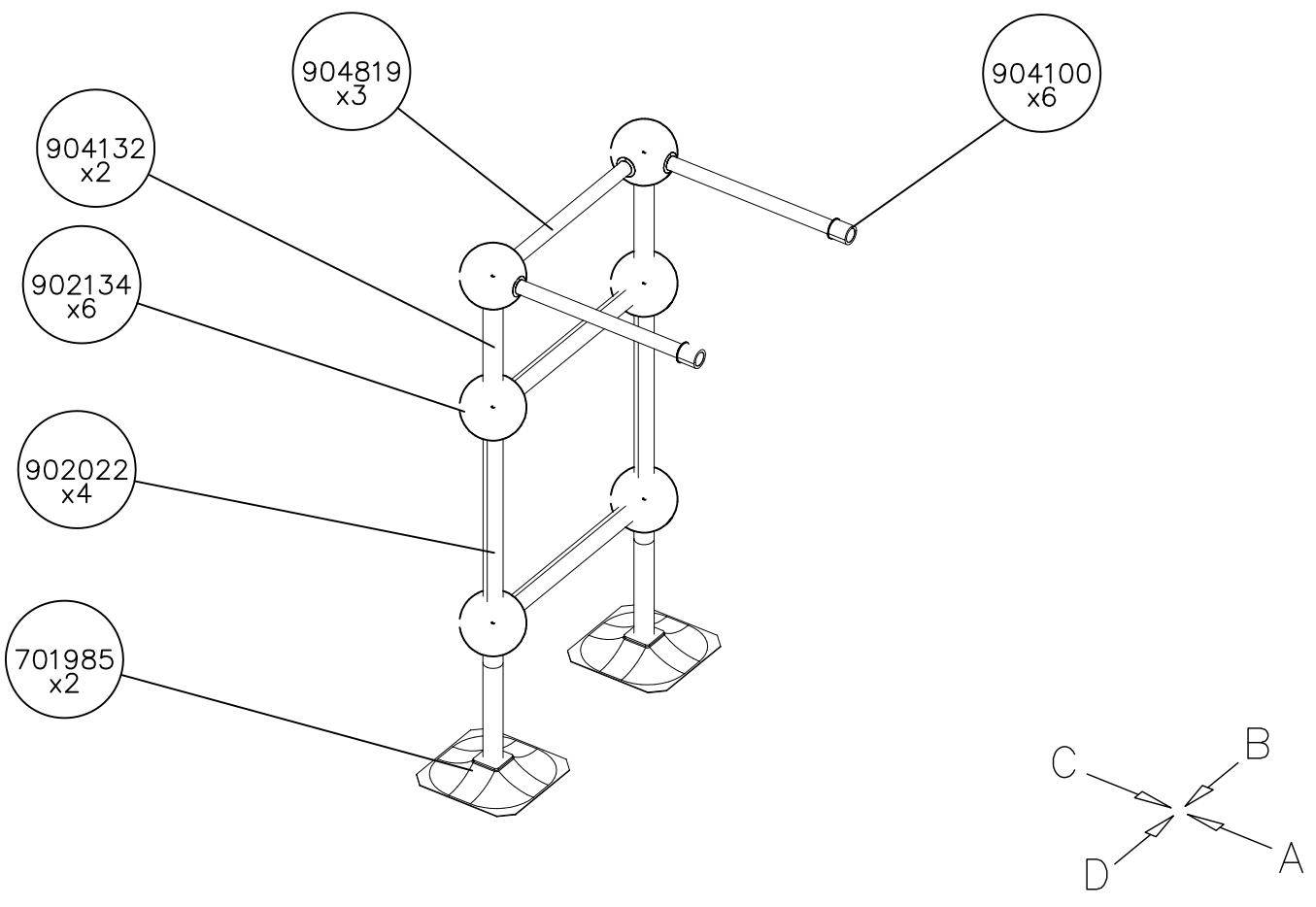


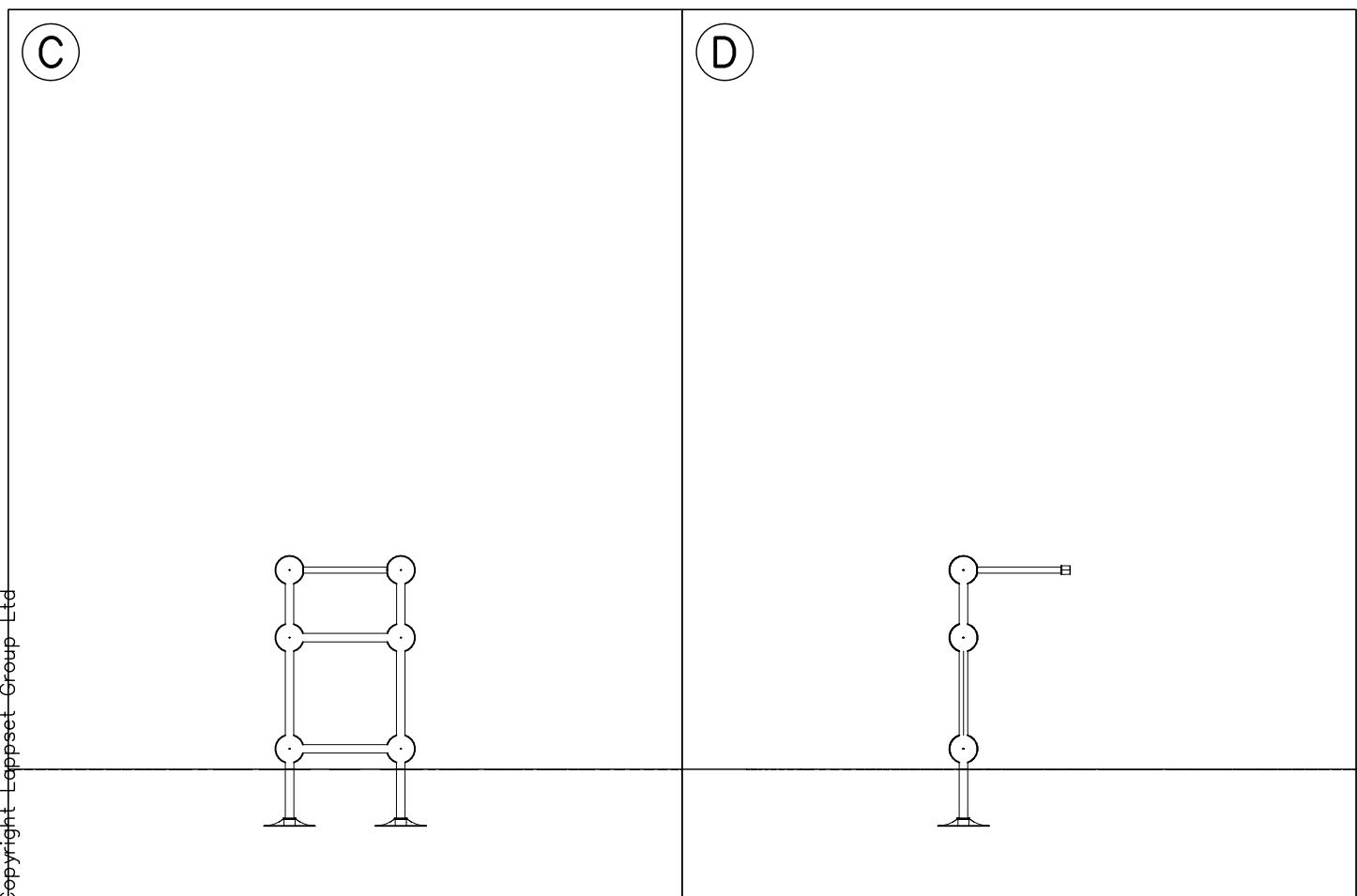
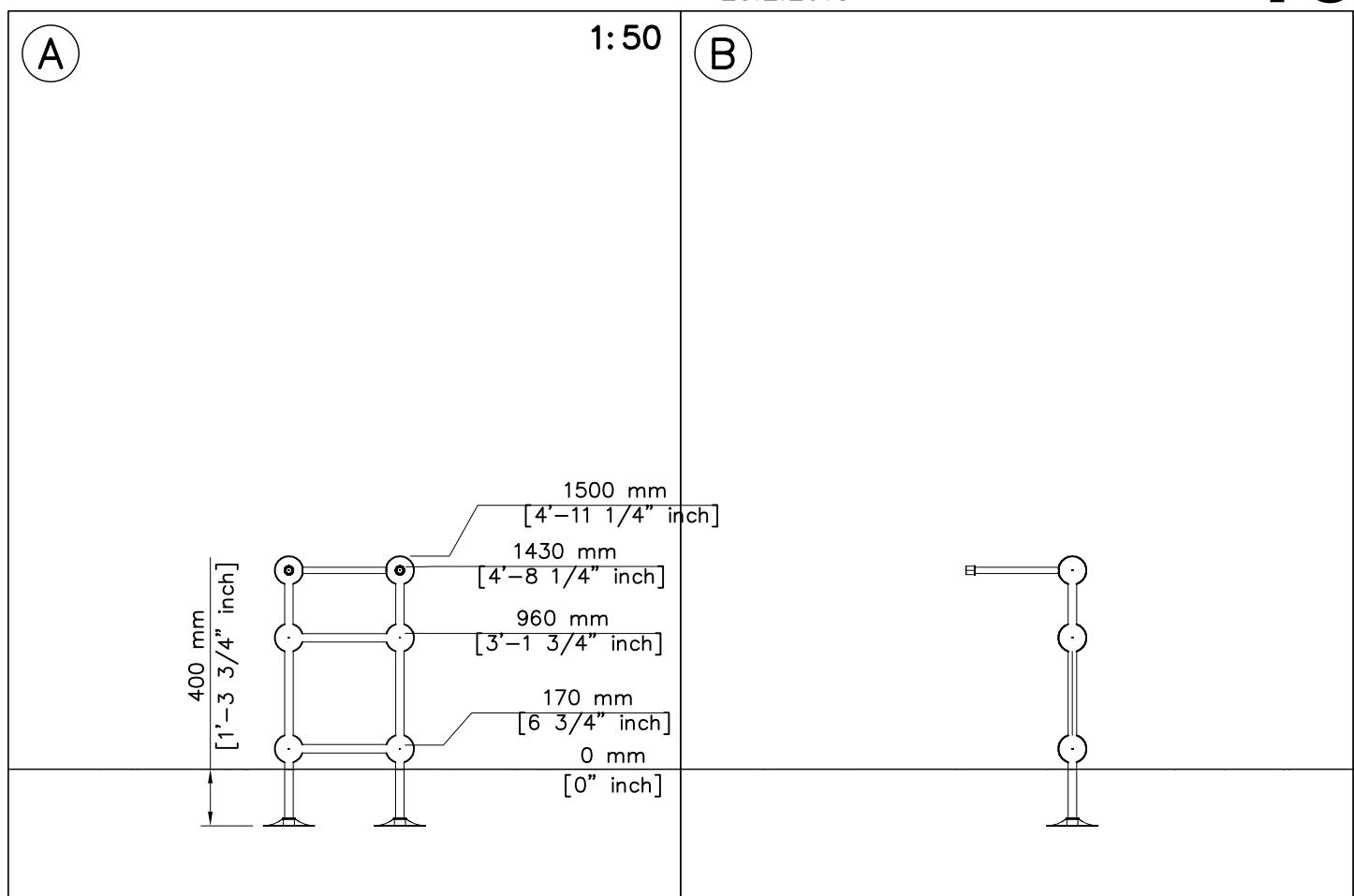


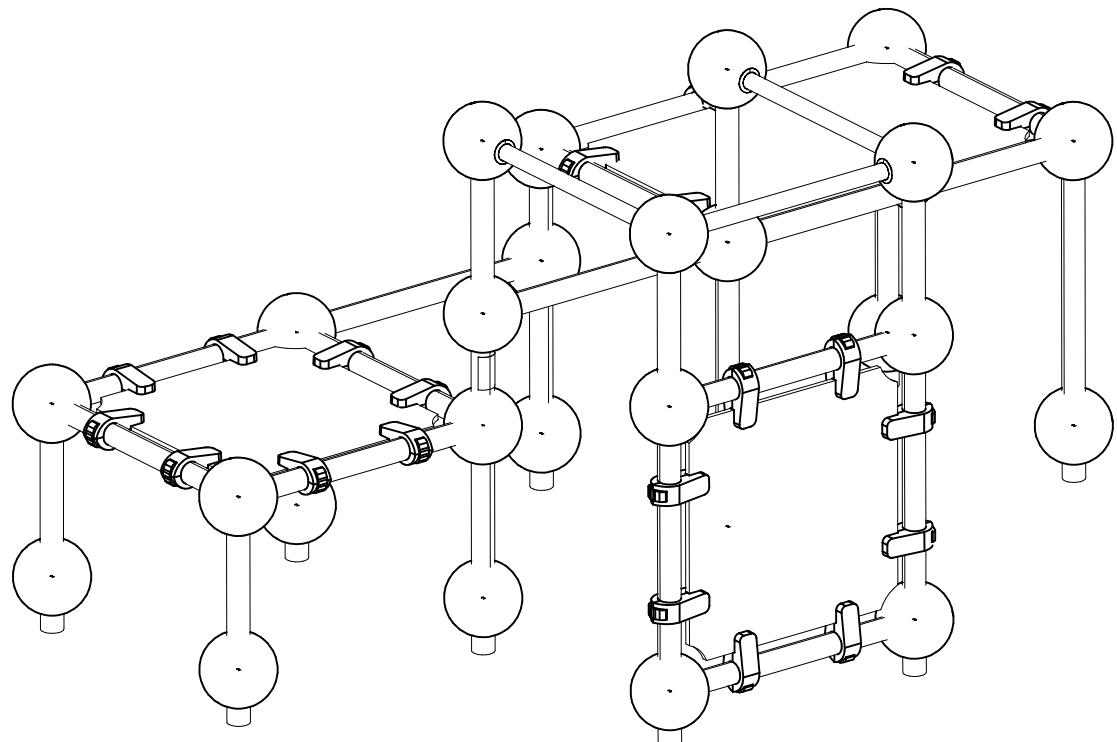
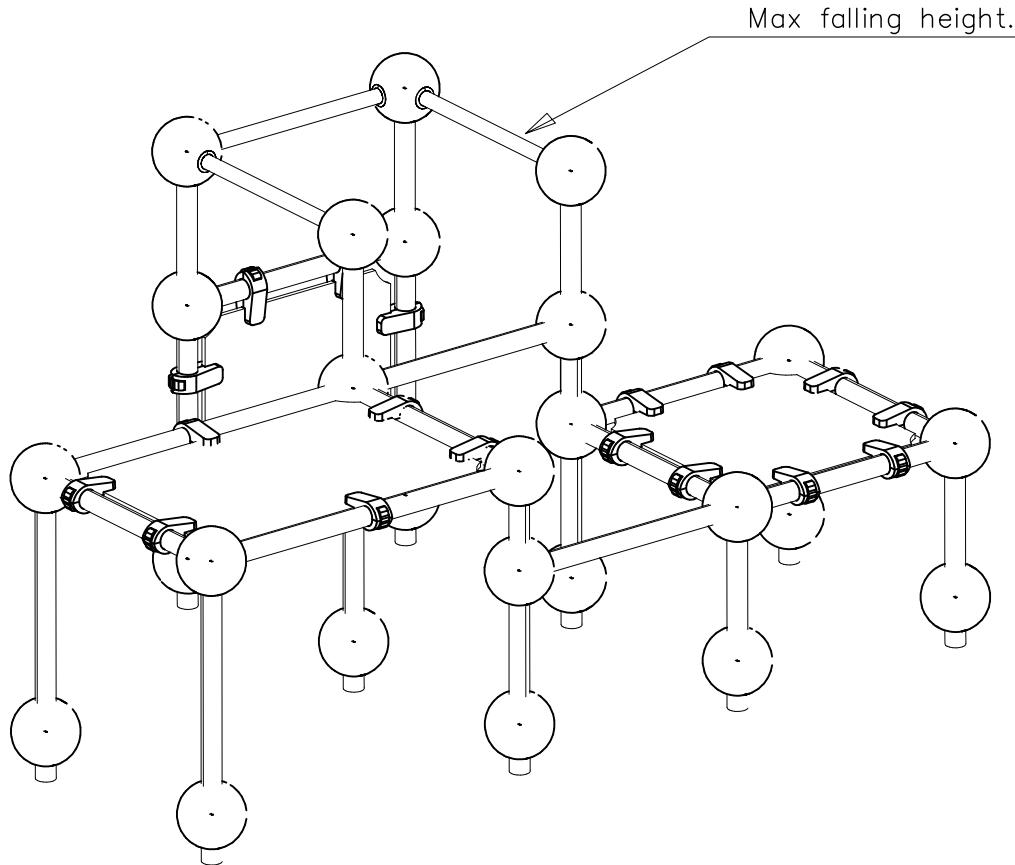


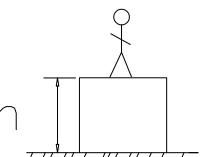
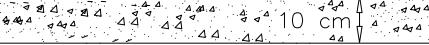
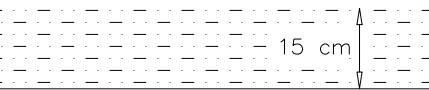
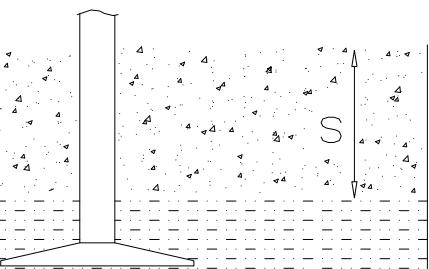
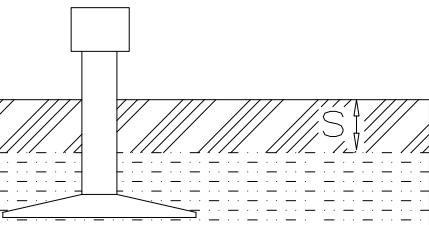


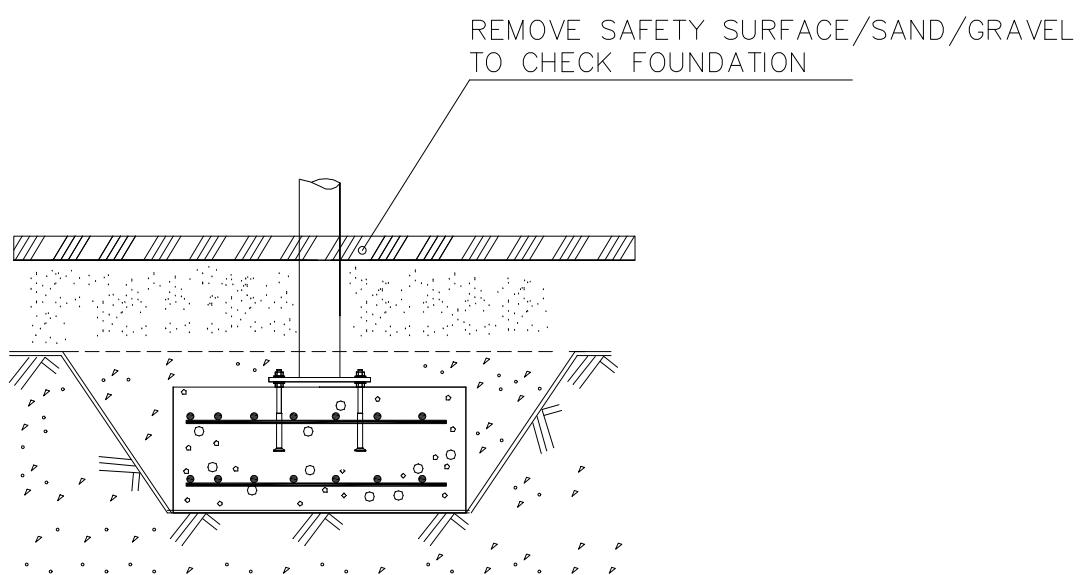
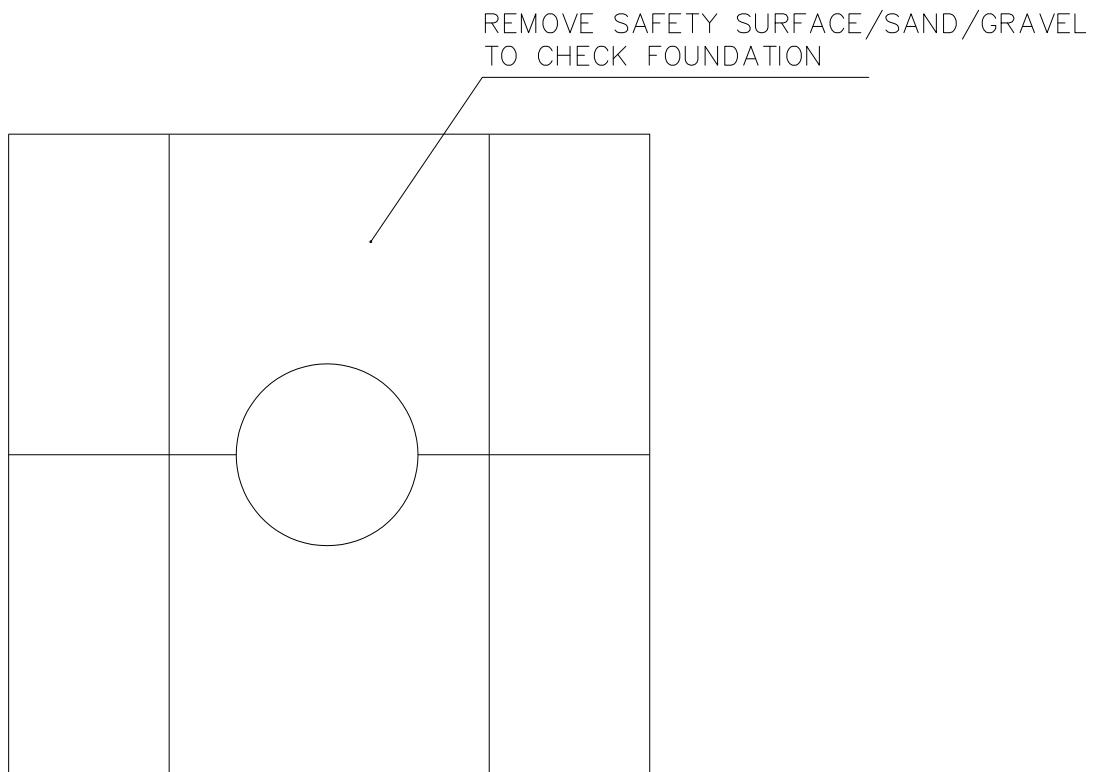








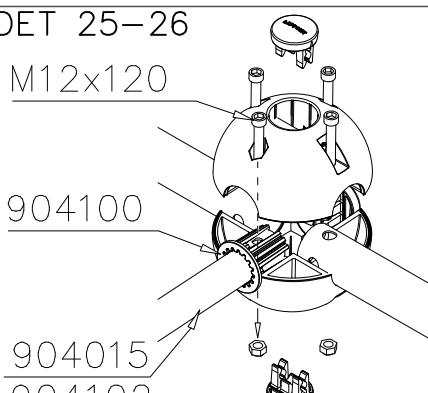
|   |  |
|---|--|
|    |  |
| <b><math>h &lt; 600</math></b><br>Without movement<br>and therefore<br>without Impact Area  | Totally hard surfaces.<br>Note. Lappset does <u>not recommend</u> totally hard surfaces at all.<br>E.g. concrete or asphalt<br>   |
| <b><math>h &lt; 600</math></b><br>With movement<br>e.g. rocking   | Materials with very limited<br>impact attenuating<br>properties.<br>E.g. wood<br>   |
| <b><math>h &lt; 1000</math></b>   | Materials with significant<br>impact attenuating<br>properties.<br>fine gravel 0–8 mm<br><br>grass<br><br>unsorted sand<br> |
| <b><math>h &lt; 3000</math></b>   | Loose fill material<br>E.g.<br>sand/gravel 0,25...8 mm D60/D10<3,0<br>Woodchips 5...30 mm<br>bark 20...80 mm<br><br>$\underline{S}$<br>30 cm $\underline{h}$<br>40 cm      < 2,0 m<br>$\underline{S}$<br>40 cm      < 3,0 m   |
| Syntethic granulates<br>$\underline{S}$ $\underline{h}$<br>40 mm ~> 1,2...1,3 m<br>50 mm ~> 1,5...1,7 m<br>60 mm ~> 1,8...2,0 m<br>70 mm ~> 2,1...2,5 m | <br>Note. For accurate values, see manufacturer's instructions.   |



|                      |  |  |
|----------------------|--|--|
| <p><b>DET 1</b></p>  | <p><b>DET 2</b></p>  | <p><b>DET 3</b></p>  |
| <p><b>DET 4</b></p>  | <p><b>DET 5</b></p>  | <p><b>DET 6</b></p>  |
| <p><b>DET 7</b></p>  | <p><b>DET 8</b></p> <p>NOTE:<br/>Aluminum thread fasten carefully.</p> | <p><b>DET 9</b></p> <p>NOTE:<br/>Aluminum thread fasten carefully.</p> |
| <p><b>DET 10</b></p> | <p><b>DET 11</b></p>   | <p><b>DET 12</b></p>   |

|               |               |               |
|---------------|---------------|---------------|
| <p>DET 13</p> | <p>DET 14</p> | <p>DET 15</p> |
| <p>DET 16</p> | <p>DET 17</p> | <p>DET 18</p> |
| <p>DET 19</p> | <p>DET 20</p> | <p>DET 21</p> |
| <p>DET 22</p> | <p>DET 23</p> | <p>DET 24</p> |

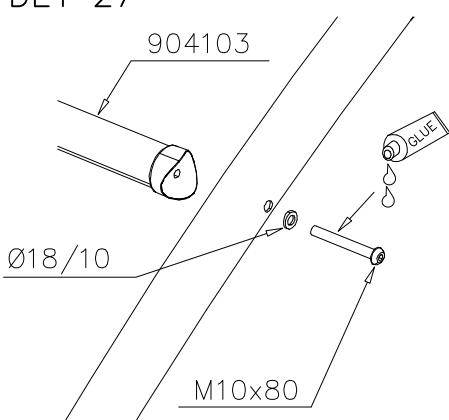
DET 25–26



Asennusjärjestys:

- 1) Pallo kiinni
- 2) Adapteeri sisään
- 3) putki sisään ja lopuksi pallon lopullinen kiristys.

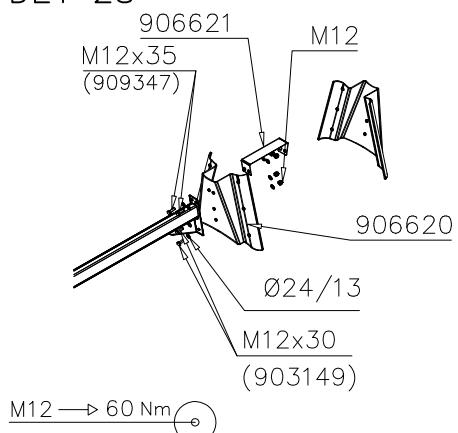
DET 27



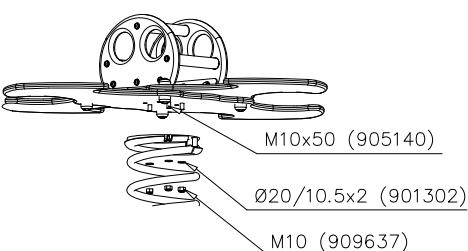
Installation order:

- 1) Close the ball
- 2) Insert adapter
- 3) Insert tube and tighten screws.

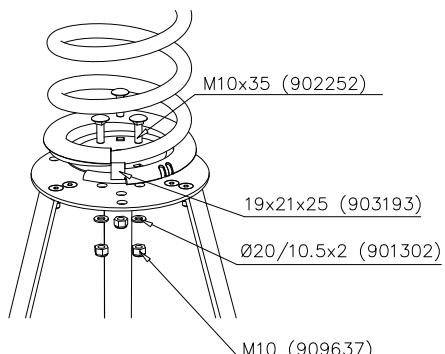
DET 28



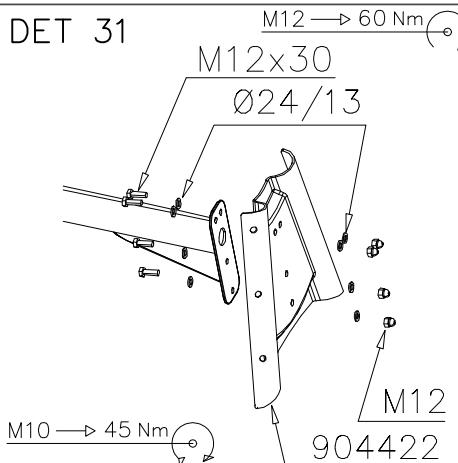
DET 29



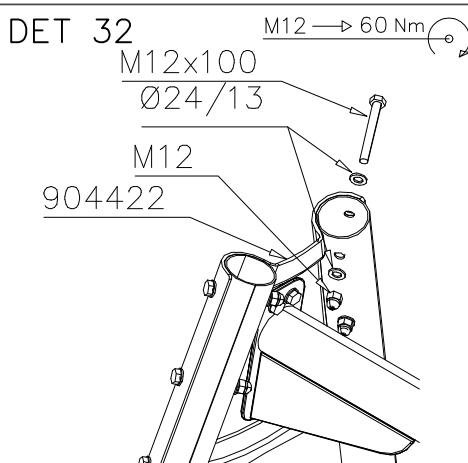
DET 30



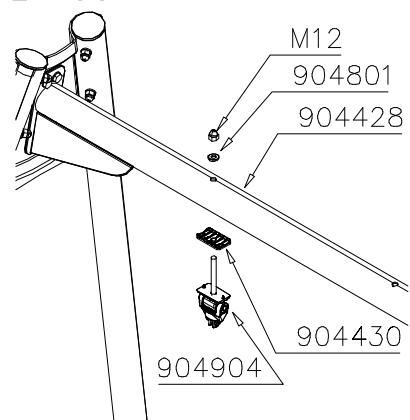
DET 31



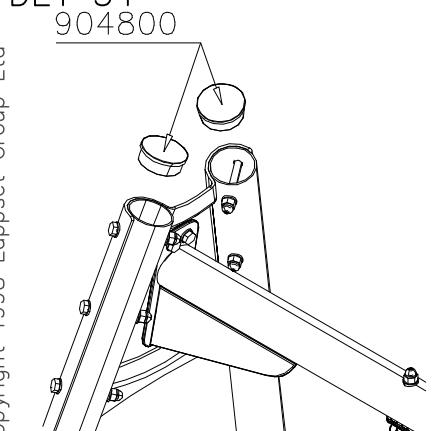
DET 32



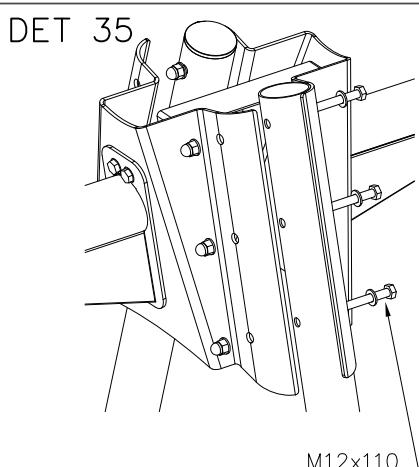
DET 33



DET 34



DET 35



DET 36

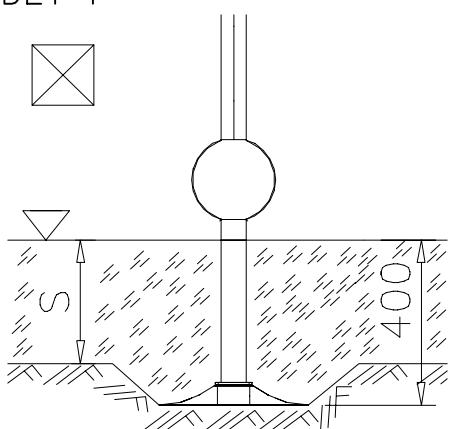
|   |  |   |
|---|--|---|
| <p>DET 1</p> <p>Concrete / Betoni</p>   | <p>DET 2</p>   | <p>DET 3</p> <p>260</p>   |
| <p>DET 4</p> <p>Betoni / Concrete</p> <p>500x500</p> <p>Harjateräs / Ribbed bar<br/>(A500HW (2x))</p> | <p>DET 5</p>   | <p>DET 6</p>  |
| <p>DET 7</p>  | <p>DET 8</p>   | <p>DET 9</p>  |
| <p>DET 10</p> <p>Concrete 600x600x250</p>   | <p>DET 11</p> <p>M10</p> <p>Ø20/10.5</p> <p>M10x25</p> | <p>DET 12</p> <p>Ø25</p> <p>32</p> <p>53</p> <p>85</p> <p>53</p> <p>105</p> |

|        |        |                                 |
|--------|--------|---------------------------------|
| DET 13 | DET 14 | DET 15                          |
|        |        |                                 |
| DET 16 | DET 17 | DET 18                          |
|        |        | <p>Concrete<br/>500x500x200</p> |
| DET 19 | DET 20 | DET 21                          |
|        |        |                                 |
| DET 22 | DET 23 | DET 24                          |
|        |        |                                 |

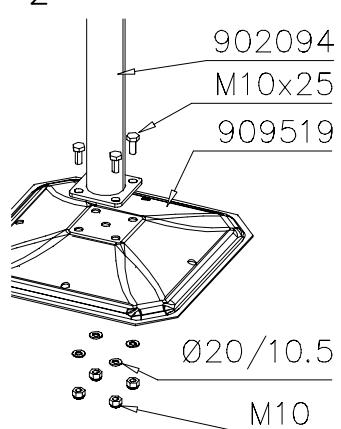
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|---|---|--|
| <p>DET 25</p> <p>M10x25<br/>909519</p> <p>Ø20/10.5<br/>M10</p>          | <p>DET 26</p> <p>S<br/>400</p>  | <p>DET 27</p> <p>Concrete 500x500x200<br/>R100<br/>400</p>       |
| <p>DET 28</p> <p>Ø10 ↓ 90 (3x)<br/>Ø233<br/>202<br/>58</p>              | <p>DET 29</p> <p>M10x100<br/>902256<br/>902277<br/>904074<br/>904087</p> <p>S<br/>100</p> <p>Concrete</p> | <p>DET 30</p> <p>902134<br/>902256</p>                           |
| <p>DET 31</p> <p>Ø10 ↓ 90 (4x)<br/>904031</p> <p>150<br/>66<br/>240</p> | <p>DET 32</p> <p>M10x100<br/>904010<br/>904031</p> <p>S<br/>100</p> <p>Concrete</p>                       | <p>DET 33</p> <p>Ø10 ↓ 90 (3x)<br/>904010</p> <p>202<br/>175</p> |
| <p>DET 34</p> <p>703645<br/>909519<br/>Ø20/10.5<br/>M10x25</p>          | <p>DET 35</p> <p>S<br/>600</p>  | <p>DET 36</p>  |

|  |     |        |     |     |        |     |
|--|-----|--------|-----|-----|--------|-----|
|  | (1) | 902094 | PCS | (2) | 909519 | PCS |
|  | 1   |        |     |     |        |     |
|  |     |        |     |     |        |     |
|  |     |        |     |     |        |     |
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|  |     |        |     |     |        |     |
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|  |     |        |     |     |        |     |
|  |     |        |     |     |        |     |

DET 1

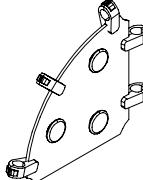
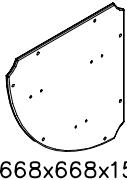
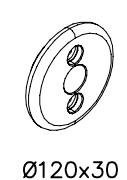
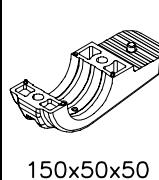
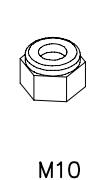
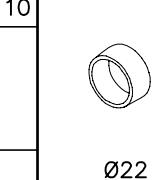
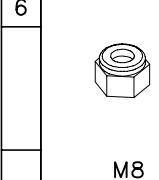
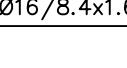
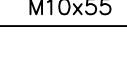
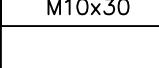
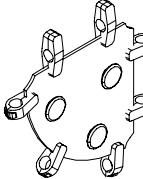
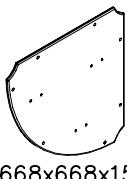
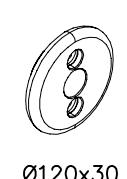
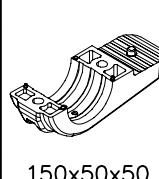
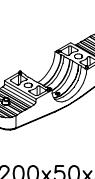
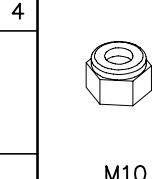
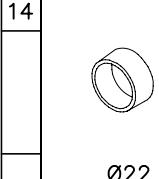
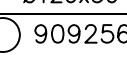
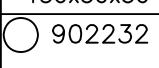
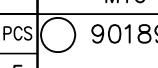
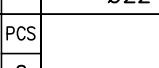
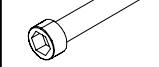
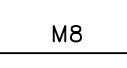
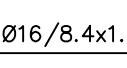
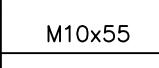
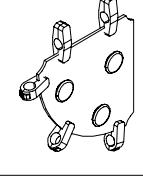
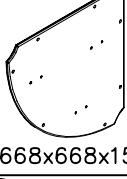
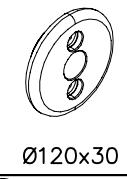
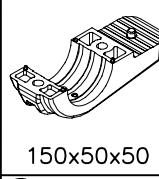
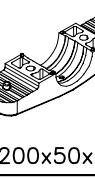
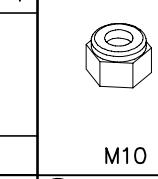
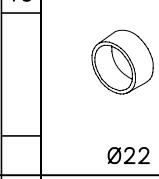
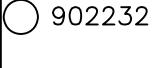
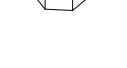
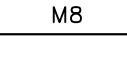
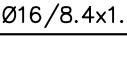
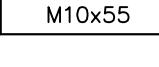


DET 2



DATE: 3.8.2010

1(3)

|  |   |          |   |          |   |           |   |           |   |           |   |          |  |
|--|---|----------|---|----------|---|-----------|---|-----------|---|-----------|---|----------|--|
|    |    | PCS<br>1 |    | PCS<br>3 |    | PCS<br>10 |    | PCS<br>10 |    | PCS<br>6  |    | PCS<br>6 |  |
|  |   |          |    |          |    |           |    |           |    |           |    |          |  |
|  |   |          |    | PCS<br>6 |    | PCS<br>5  |    | PCS<br>5  |      | PCS<br>6  |   |          |  |
|  |   |          |    |          |    |           |    |           |      |           |   |          |  |
|  |   |          |   |          |   |           |   |           |   |           |   |          |  |
|  |  | PCS<br>1 |  | PCS<br>3 |  | PCS<br>10 |  | PCS<br>4  |  | PCS<br>14 |  | PCS<br>6 |  |
|  |   |          |  |          |  |           |  |           |  |           |  |          |  |
|  |   |          |  | PCS<br>6 |  | PCS<br>6  |  | PCS<br>9  |    | PCS<br>5  |  | PCS<br>6 |  |
|  |   |          |  |          |  |           |  |           |    |           |   |          |  |
|  |   |          |   |          |   |           |   |           |   |           |   |          |  |
|  |  | PCS<br>1 |  | PCS<br>3 |  | PCS<br>10 |  | PCS<br>4  |  | PCS<br>10 |  | PCS<br>6 |  |
|  |   |          |  |          |  |           |  |           |  |           |  |          |  |
|  |   |          |  | PCS<br>6 |  | PCS<br>6  |  | PCS<br>7  |    | PCS<br>3  |  | PCS<br>6 |  |
|  |   |          |  |          |  |           |  |           |    |           |   |          |  |

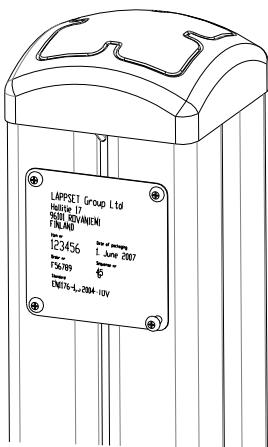
DATE: 3.8.2010

2(3)

|          |          |       |          |        |          |        |          |        |          |       |          |       |
|----------|----------|-------|----------|--------|----------|--------|----------|--------|----------|-------|----------|-------|
| ○ 701986 | ○ 701990 | PCS 1 | ○ 902124 | PCS 14 | ○ 980161 | PCS 14 | ○ 902232 | PCS 7  | ○ 902233 | PCS 7 |          | PCS   |
|          |          |       |          |        | M10      |        |          |        |          |       |          |       |
| ○ 701989 | ○ 701886 | PCS 1 | ○ 902124 | PCS 14 | ○ 980161 | PCS 14 | ○ 902232 | PCS 7  | ○ 902233 | PCS 7 |          |       |
|          |          |       |          |        | M10      |        |          |        |          |       |          |       |
| ○ 701997 | ○ 902151 | PCS 1 | ○ 902124 | PCS 10 | ○ 980161 | PCS 10 | ○ 902232 | PCS 5  | ○ 902233 | PCS 5 |          | PCS   |
|          |          |       |          |        | M10      |        |          |        |          |       |          |       |
| ○ 701999 | ○ 701936 | PCS 1 | ○ 929322 | PCS 3  | ○ 902124 | PCS 14 | ○ 980161 | PCS 14 | ○ 905112 | PCS 6 | ○ 980160 | PCS 6 |
|          |          |       |          |        |          |        |          |        |          |       |          |       |
|          | ○ 909256 | PCS 6 | ○ 902232 | PCS 7  | ○ 902233 | PCS 7  | ○ 901899 | PCS 6  |          |       |          | PCS   |
|          |          |       |          |        |          |        |          |        |          |       |          | PCS   |
| ○ 702000 | ○ 701886 | PCS 1 | ○ 902124 | PCS 10 | ○ 902197 | PCS 4  | ○ 980161 | PCS 14 | ○ 902232 | PCS 9 | ○ 902233 | PCS 5 |
|          |          |       |          |        |          |        |          |        |          |       |          |       |
| ○ 702056 | ○ 701975 | PCS 1 | ○ 902124 | PCS 16 | ○ 980161 | PCS 16 | ○ 902232 | PCS 8  | ○ 902233 | PCS 8 |          | PCS   |
|          |          |       |          |        |          |        |          |        |          |       |          |       |
| ○ 702155 | ○ 902151 | PCS 1 | ○ 902124 | PCS 14 | ○ 980161 | PCS 14 | ○ 902232 | PCS 7  | ○ 902233 | PCS 7 |          | PCS   |
|          |          |       |          |        |          |        |          |        |          |       |          |       |

|  |  |   |
|--|--|---|
| <p>M8x45<br/>701987<br/>929322<br/>Ø16/8.4<br/>M8<br/>905112</p> | <p>M10x55<br/>902124<br/>M10x30</p>  | <p>M10x55<br/>902197<br/>M10</p>            |
| <p>M10x55<br/>902197<br/>M10</p>                                 | <p>M10x55<br/>902124<br/>M10x30<br/>M10</p>  | <p>M10x55<br/>902124<br/>M10x30<br/>M10</p> |
| <p>M10x35<br/>902124<br/>M10x30<br/>M10<br/>Ø20/10.5</p>         | <p><b>NOTE:</b><br/>Use a wire marked pairs<br/>of the same junction.</p> <p>Huom!<br/>Käytä langalla merkittyä<br/>paria samassa liitoksessa.</p> |   |
|  |  |   |

1



2



### Tuotekyltti tulee tuotteen mukana yhdellä seuraavista tavoista:

#### 1) Metallinen tuotekyltti ja kiinnitysruuvit

- Kiinnitä tuotekylti ruuveilla tolppaan noin 2 metrin korkeuteen kuvan 1 mukaisesti.

#### 2) Tuotekylittarja

- Puhdista maalattu metalli- tai vaneripinta pölystä ja kosteudesta. Liimaa tarra kuvan 2 mukaisesti.
- Huom. Älä kiinnitä tarraa karheapintaiseen laminaattiin tai maalattuun puuhun.

### Vår produktmärkning levereras på ett av följande sätt:

#### 1) Produktskyt i metall

- Fäst skylten med de medföljande skruvarna

#### 2) Självhäftande produktetikett

- Rengör den pulverlackerade metallytan eller laminatytan så att den blir fri från smuts och fukt. Fäst etiketten enligt fig. 2.
- Obs! Fäst ej etiketten på detaljer med skrovlig yta eller på målat trå.

### Product label is delivered by one of following ways:

#### 1) Metal product label and screws

- Fasten the label with screws.

#### 2) Label sticker

- Clean the painted metal or plywood surface from dirt and moisture. Fasten the sticker as shown in the figure 2.
- Note. Do not attach the sticker to rough surfaced laminate or painted wood.

### La plaque d'informations produit est livrée sous l'une de ces 3 formes :

#### 1) Plaque métallique et vis

- Fixez la plaque à l'aide des vis.

#### 2) Etiquette autocollante

- Avant de coller l'étiquette, nettoyez le composant métallique peint ou la plaque de contreplaqué, de toute saleté. La surface doit être sèche (voir image 2).
- Attention, ne pas coller l'étiquette sur une surface lamellé-collée irrégulière ou sur du bois peint.

### Die Auslieferung des Produktaufklebers erfolgt auf eine dieser Arten:

#### 1) Produkt-Schild aus Metall incl. Schrauben

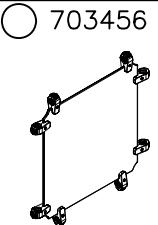
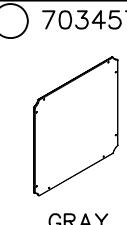
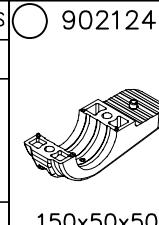
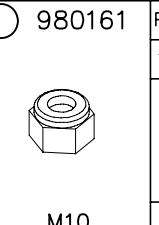
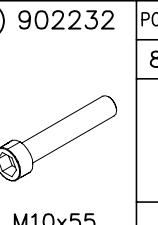
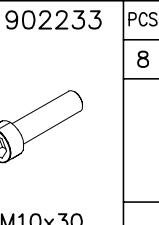
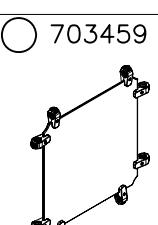
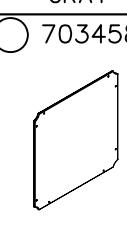
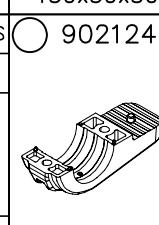
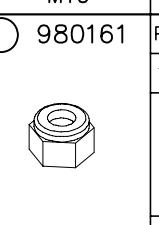
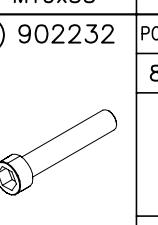
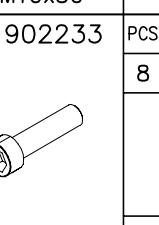
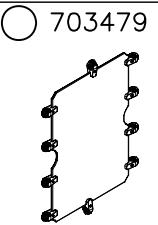
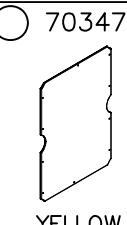
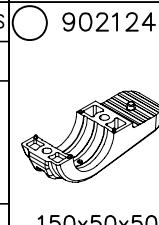
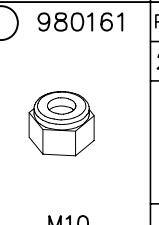
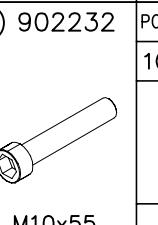
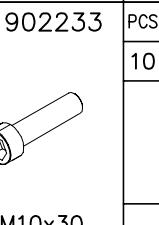
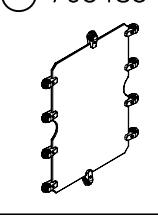
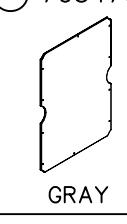
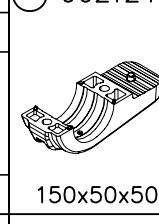
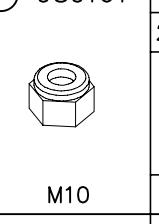
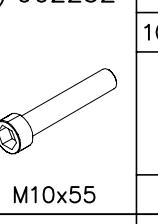
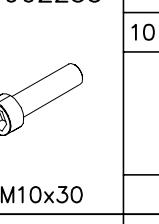
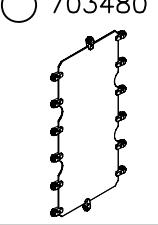
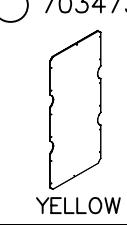
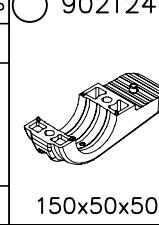
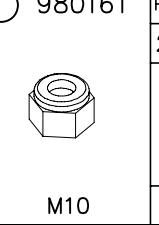
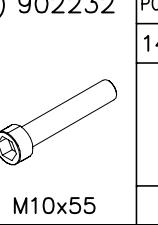
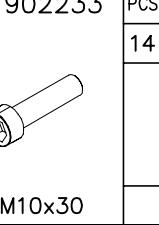
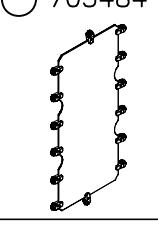
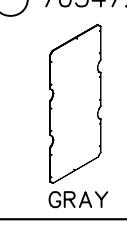
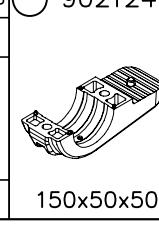
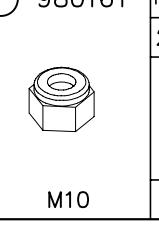
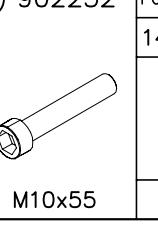
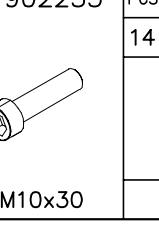
- Die Befestigung des Schildes erfolgt mittels der Schrauben.

#### 2) Aufkleber

- Entfernen Sie zunächst Schmutz und Feuchtigkeit vom lackierten Metall bzw. von der Holzoberfläche und bringen Sie den Aufkleber wie im Bild oben rechts beschrieben auf den gesäuberten Untergrund auf.
- Beachten Sie: Bringen Sie den Aufkleber nicht auf raues lackiertes oder lackiertes Holz an.

DATE: 17.11.2010

**1(2)**

|  |   |          |  |           |  |           |  |           |   |           |  |     |
|--|---|----------|--|-----------|--|-----------|--|-----------|---|-----------|--|-----|
|    |    | PCS<br>1 | <br>150x50x50   | PCS<br>16 | <br>M10   | PCS<br>16 | <br>M10x55   | PCS<br>8  | <br>M10x30   | PCS<br>8  |  |     |
|    |    | PCS<br>1 | <br>150x50x50   | PCS<br>16 | <br>M10   | PCS<br>16 | <br>M10x55   | PCS<br>8  | <br>M10x30   | PCS<br>8  |  |     |
|  |   | PCS      |  | PCS       |  | PCS       |  | PCS       |   | PCS       |  | PCS |
|  |  | PCS<br>1 | <br>150x50x50 | PCS<br>20 | <br>M10 | PCS<br>20 | <br>M10x55 | PCS<br>10 | <br>M10x30 | PCS<br>10 |  |     |
|  |  | PCS<br>1 | <br>150x50x50 | PCS<br>20 | <br>M10 | PCS<br>20 | <br>M10x55 | PCS<br>10 | <br>M10x30 | PCS<br>10 |  |     |
|  |   | PCS      |  | PCS       |  | PCS       |  | PCS       |   | PCS       |  | PCS |
|  |  | PCS<br>1 | <br>150x50x50 | PCS<br>28 | <br>M10 | PCS<br>28 | <br>M10x55 | PCS<br>14 | <br>M10x30 | PCS<br>14 |  |     |
|  |  | PCS<br>1 | <br>150x50x50 | PCS<br>28 | <br>M10 | PCS<br>28 | <br>M10x55 | PCS<br>14 | <br>M10x30 | PCS<br>14 |  |     |

DATE: 17.11.2010

**2(2)**

|  |  |          |               |           |         |           |            |          |            |          |  |
|--|--|----------|---------------|-----------|---------|-----------|------------|----------|------------|----------|--|
|  |  | PCS<br>1 | <br>150x50x50 | PCS<br>12 | <br>M10 | PCS<br>12 | <br>M10x55 | PCS<br>6 | <br>M10x30 | PCS<br>6 |  |
|  |  | PCS<br>1 | <br>150x50x50 | PCS<br>12 | <br>M10 | PCS<br>12 | <br>M10x55 | PCS<br>6 | <br>M10x30 | PCS<br>6 |  |
|  |  | PCS      |               | PCS       |         | PCS       |            | PCS      |            | PCS      |  |
|  |  | PCS<br>1 | <br>150x50x50 | PCS<br>16 | <br>M10 | PCS<br>16 | <br>M10x55 | PCS<br>8 | <br>M10x30 | PCS<br>8 |  |
|  |  | PCS<br>1 | <br>150x50x50 | PCS<br>16 | <br>M10 | PCS<br>16 | <br>M10x55 | PCS<br>8 | <br>M10x30 | PCS<br>8 |  |
|  |  | PCS      |               | PCS       |         | PCS       |            | PCS      |            | PCS      |  |

M10x55

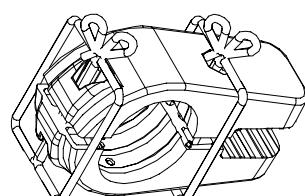
M10

902124  
M10x30

M10x55

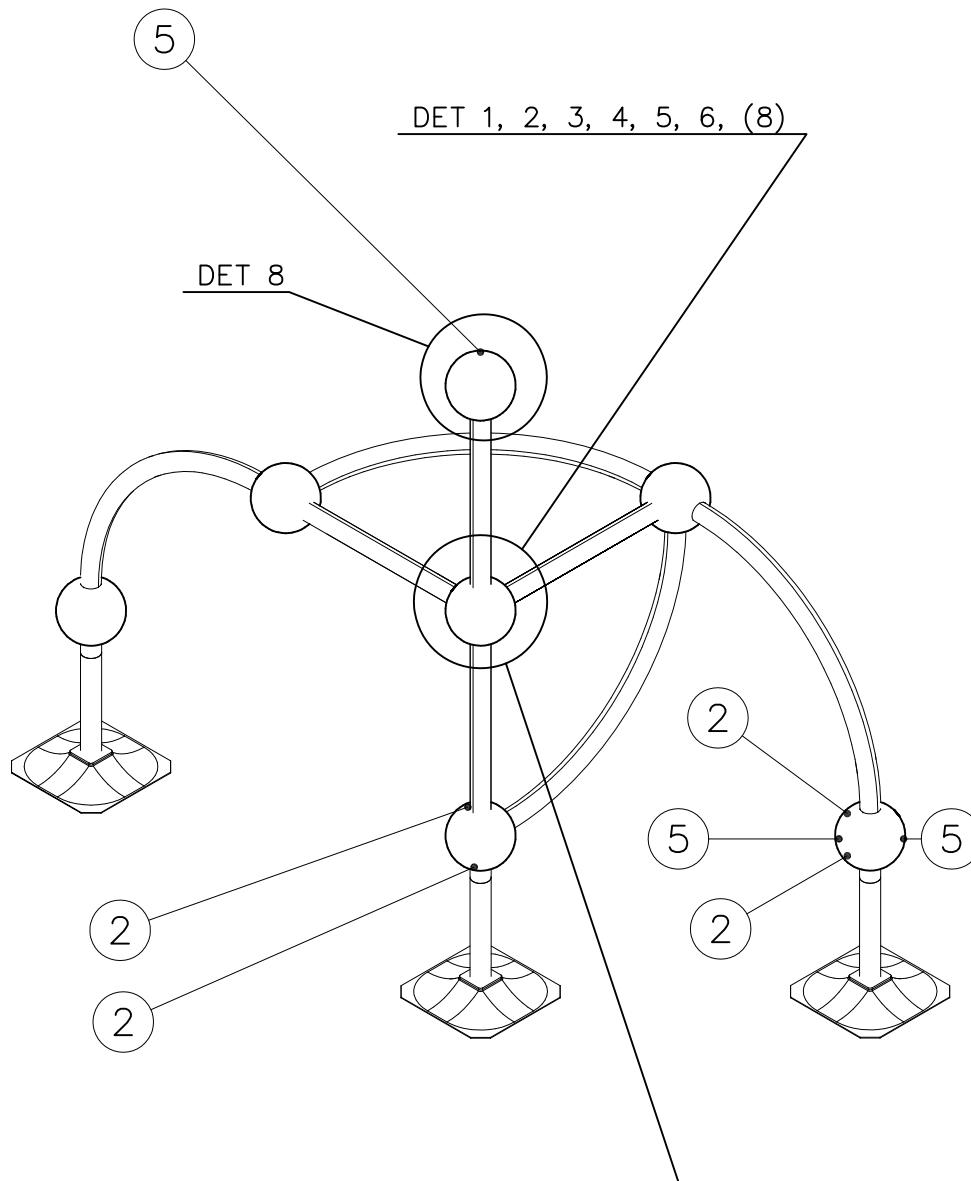
M10x30

902124  
M10



NOTE:  
Use a wire marked pairs  
of the same junction.

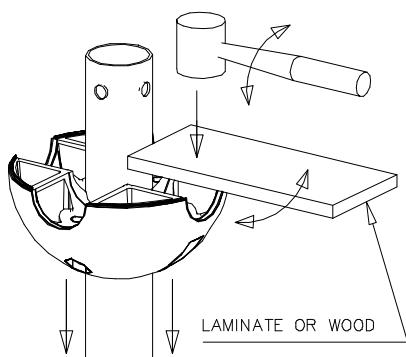
Huom!  
Käytä langalla merkittyä  
paria samassa liitoksessa.



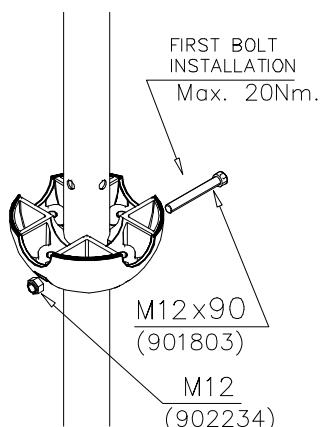
DO NOT TIGHTEN THE  
JOINTS UNTIL THE  
STRUCTURE IS COMPLETE.

|            |          |            |          |
|------------|----------|------------|----------|
| (1) 901803 | PCS<br>2 | (2) 901994 | PCS<br>2 |
| M12x90     |          | Ø190       |          |
| (3) 902096 | PCS<br>4 | (4) 902234 | PCS<br>6 |
| M12x120    |          | M12        |          |
|            | PCS      |            | PCS      |

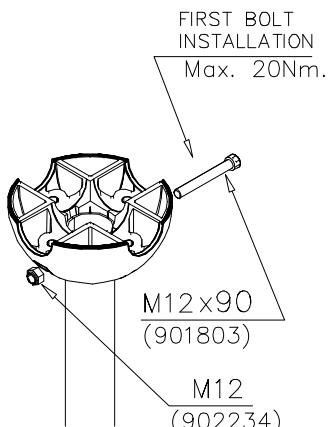
**DET 1**



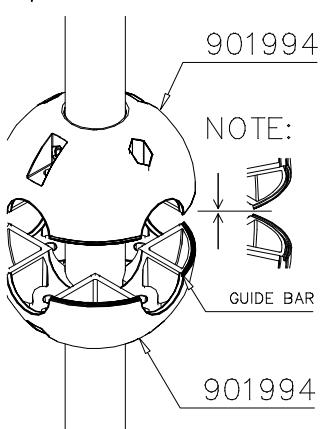
**DET 2**



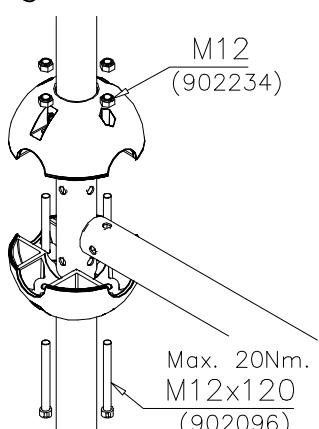
**DET 3**



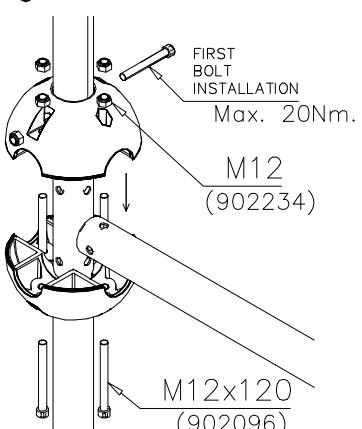
**DET 4**



**DET 5**



**DET 6**



**REMEMBER  
FINAL  
TIGHTENING**

**DET 7**



**DET 8**

