

LAPPSET®

FITNESS

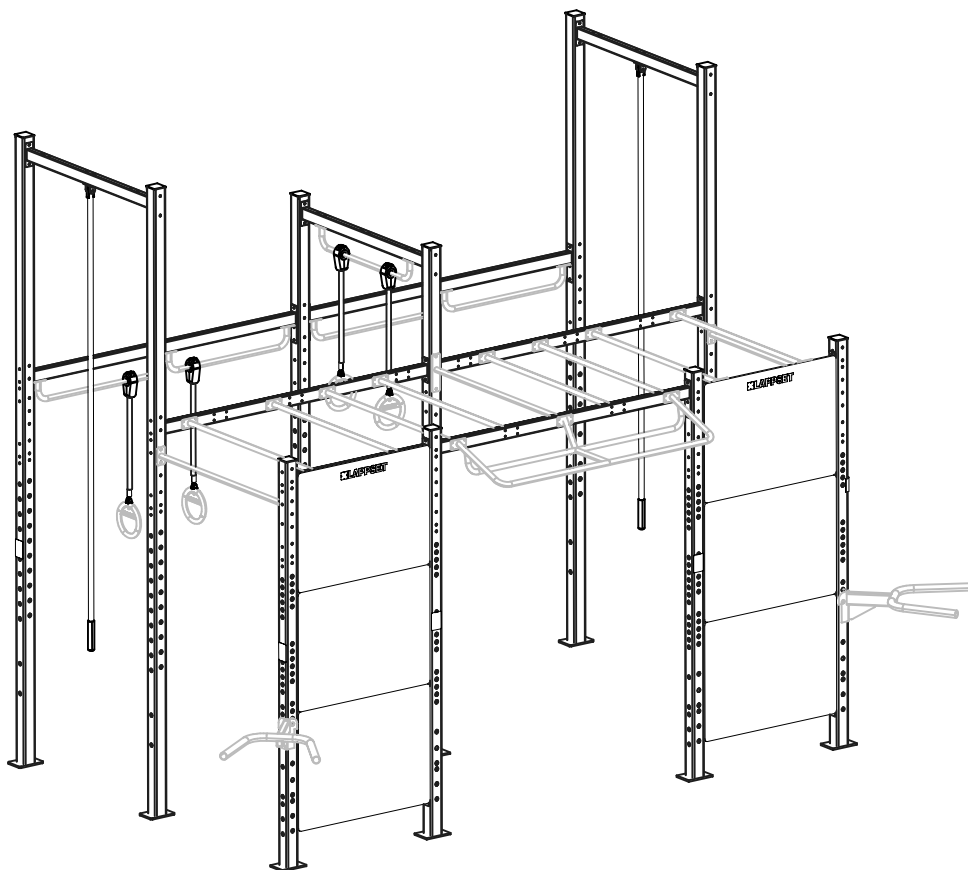
ASENNUSOHJE
MONTERINGSANSVISNING
INSTALLATION INSTRUCTION
AUFBAUANLEITUNG
NOTICE D'INSTALLATION

DATE: 19.9.2023

Fitness equipment is not intended for installation in the immediate vicinity of children's playgrounds in accordance with EN 1176.

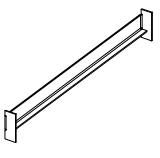

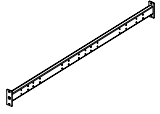
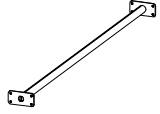

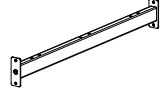

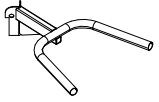
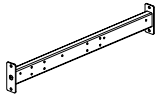
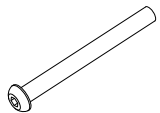
Kuntolaitteita ei ole tarkoitettu asennettaviksi lasten leikkikentän välittömään läheisyyteen standardin EN 1176 mukaisesti.

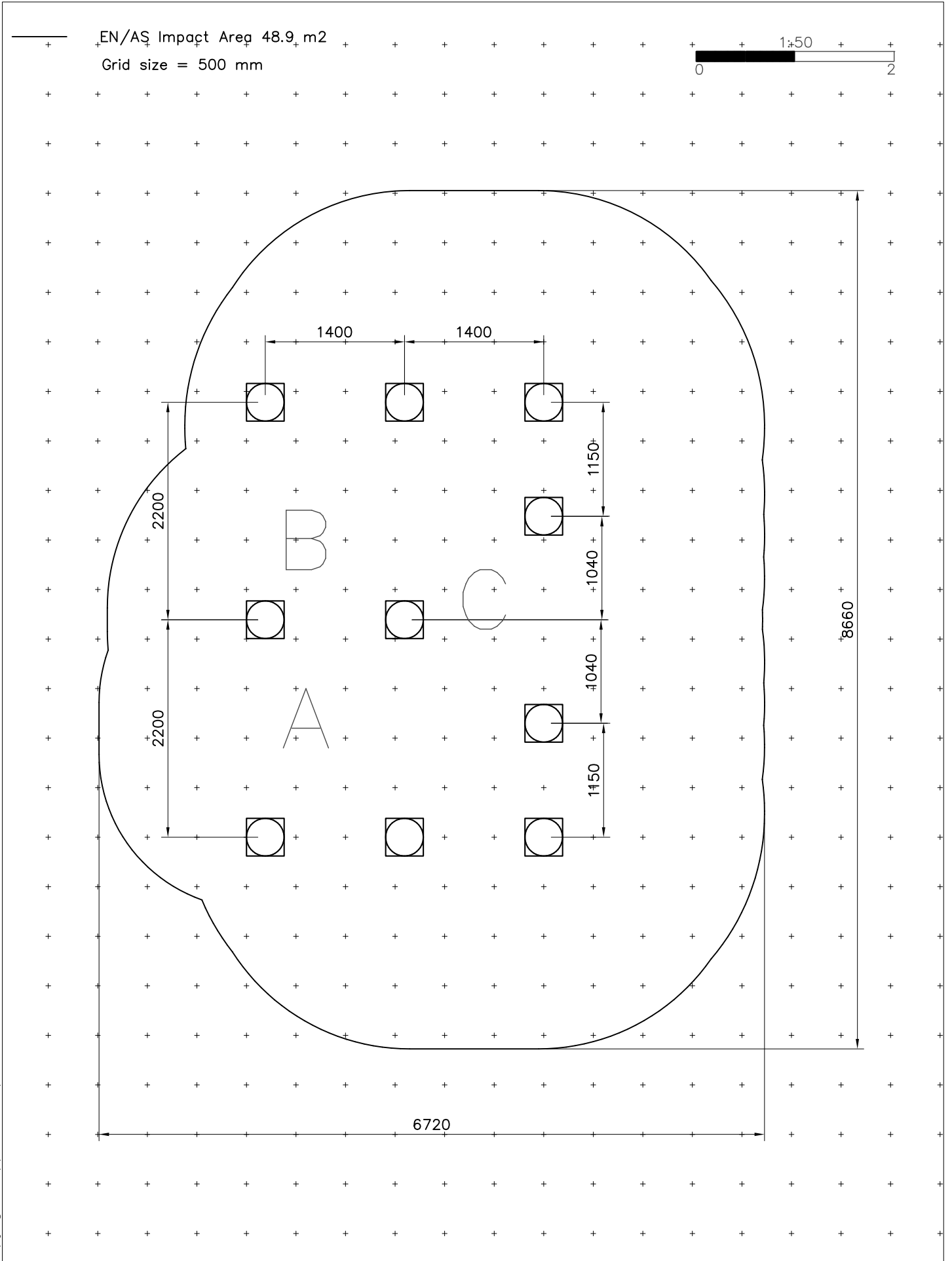
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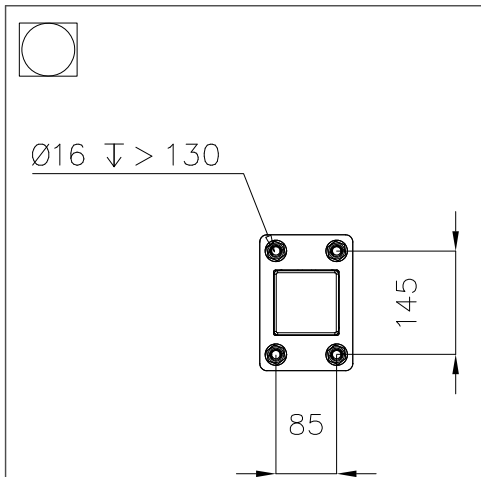
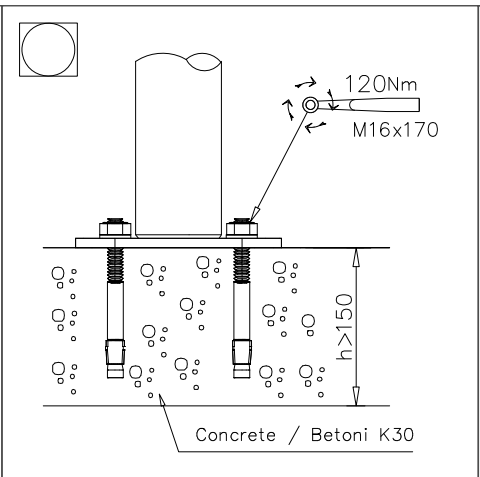


DATE: 19.9.2023

<p>702341</p> <p>90x50</p>	PCS 1	<p>708799-704</p> <p>15x1050x798</p>	PCS 2	<p>708800-704</p> <p>15x1050x798</p>	PCS 2	<p>708801-704</p> <p>15x1050x798</p>	PCS 2	<p>708811</p> <p>Ø32x3050</p>	PCS 2	<p>709293-704</p> <p>10x68x1050</p>	PCS 2
<p>709736</p> <p>118x78</p>	PCS 1	<p>709738</p> <p>118x78</p>	PCS 1	<p>709740</p> <p>118x78</p>	PCS 1	<p>709741</p> <p>118x78</p>	PCS 1	<p>710040</p> <p>118x78</p>	PCS 1	<p>710041</p> <p>118x78</p>	PCS 1
<p>710486</p> <p>Ø16x974</p>	PCS 4	<p>711405</p> <p>118x78</p>	PCS 1	<p>900348</p> <p>M8x30</p>	PCS 40	<p>900735</p> <p>M8x60</p>	PCS 56	<p>900965</p> <p>M10</p>	PCS 104	<p>901104</p> <p>M8x80</p>	PCS 8
<p>901302</p> <p>Ø20/10.5x2</p>	PCS 164	<p>902195</p> <p>150x50x50</p>	PCS 8	<p>902232</p> <p>M10x55</p>	PCS 4	<p>902233</p> <p>M10x30</p>	PCS 4	<p>904450</p> <p>M16x170</p>	PCS 40	<p>904917</p> <p>M10x100</p>	PCS 24
<p>906006</p> <p>Ø64/36,4x59</p>	PCS 8	<p>906598</p> <p>366x50</p>	PCS 2	<p>909256</p> <p>Ø16/8.4x1.6</p>	PCS 294	<p>909633</p> <p>M8</p>	PCS 118	<p>909866</p> <p>M8x60</p>	PCS 12	<p>909867</p> <p>M8x70</p>	PCS 2
<p>910368-224</p> <p>1315</p>	PCS 2	<p>910376</p> <p>Ø30x17</p>	PCS 56	<p>910392-224</p> <p>90x90x3400</p>	PCS 1	<p>910405</p> <p>90x90x30</p>	PCS 10	<p>910408-222</p> <p>90x90x2720</p>	PCS 1	<p>910410-222</p> <p>90x90x2720</p>	PCS 4
<p>910415</p> <p>Ø16/12.5-14x17</p>	PCS 257	<p>910416</p> <p>Ø48/43-45x24</p>	PCS 4	<p>910427-222</p> <p>90x90x3400</p>	PCS 2	<p>910447-224</p> <p>110x38x55</p>	PCS 5	<p>910448-222</p> <p>110x38x55</p>	PCS 2	<p>910467</p> <p>Ø13-Ø9x7</p>	PCS 48

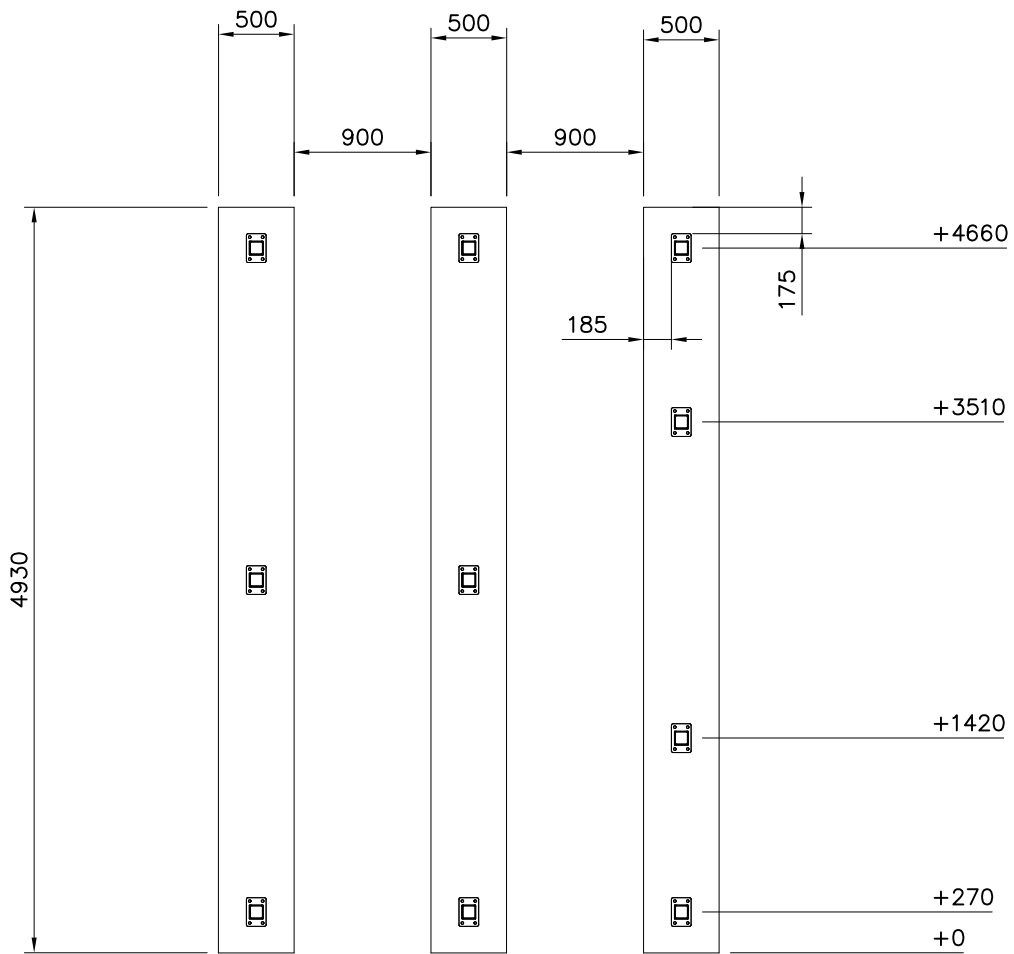
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	6		4		2		8		1		3
1060		90x90x4200		2105		1365		1340		1315	
910616-222	PCS	910619-224	PCS	910621-222	PCS	911149	PCS		PCS		PCS
	2		2		2		72				
2105		45°		1060		M10x110					
	PCS		PCS		PCS		PCS		PCS		PCS
	PCS		PCS		PCS		PCS		PCS		PCS
	PCS		PCS		PCS		PCS		PCS		PCS
	PCS		PCS		PCS		PCS		PCS		PCS



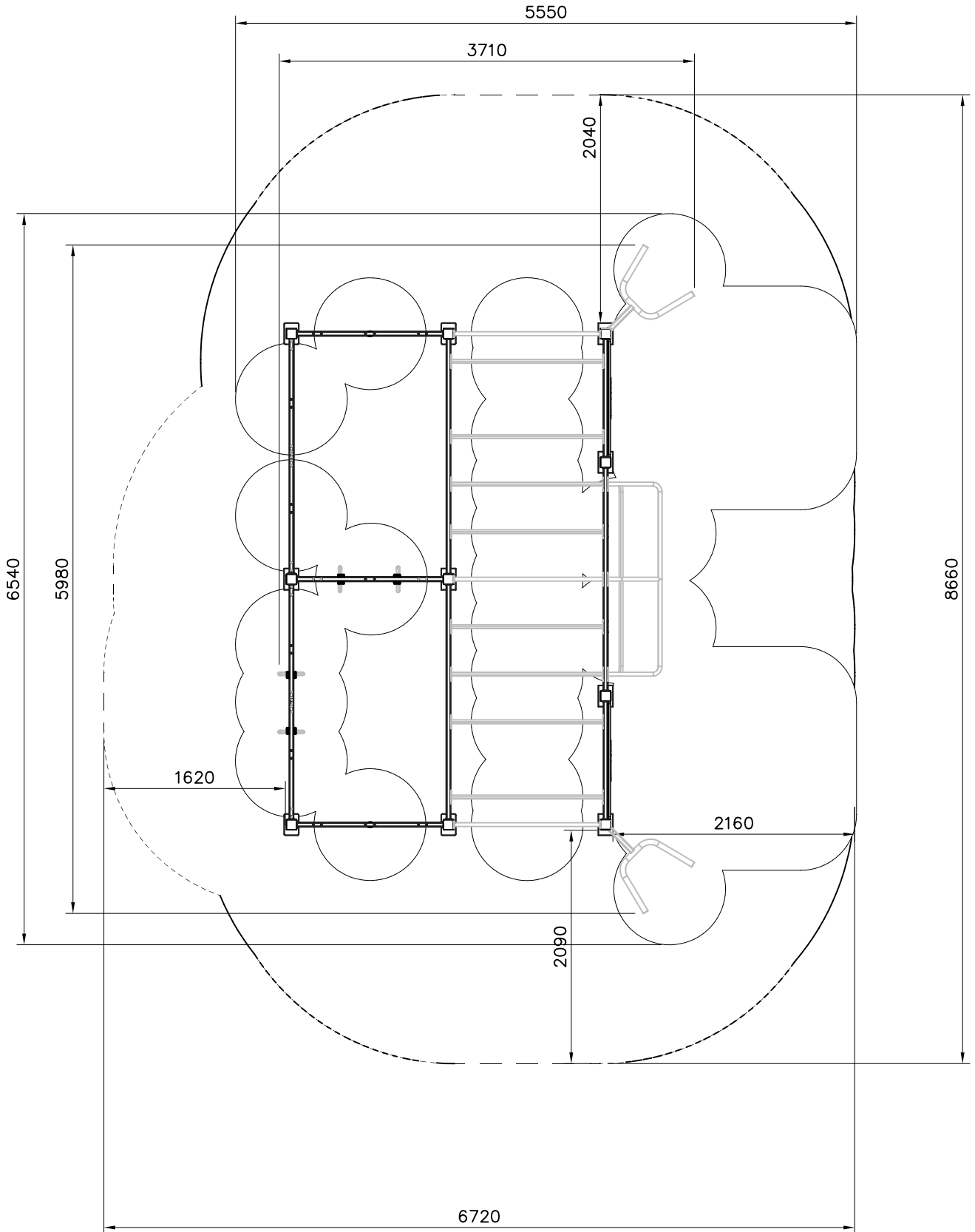
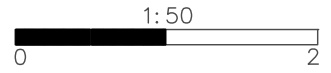
 <p>Ø16 \downarrow > 130</p> <p>145</p> <p>85</p>	 <p>120Nm</p> <p>M16x170</p> <p>h > 150</p> <p>Concrete / Betoni K30</p>	

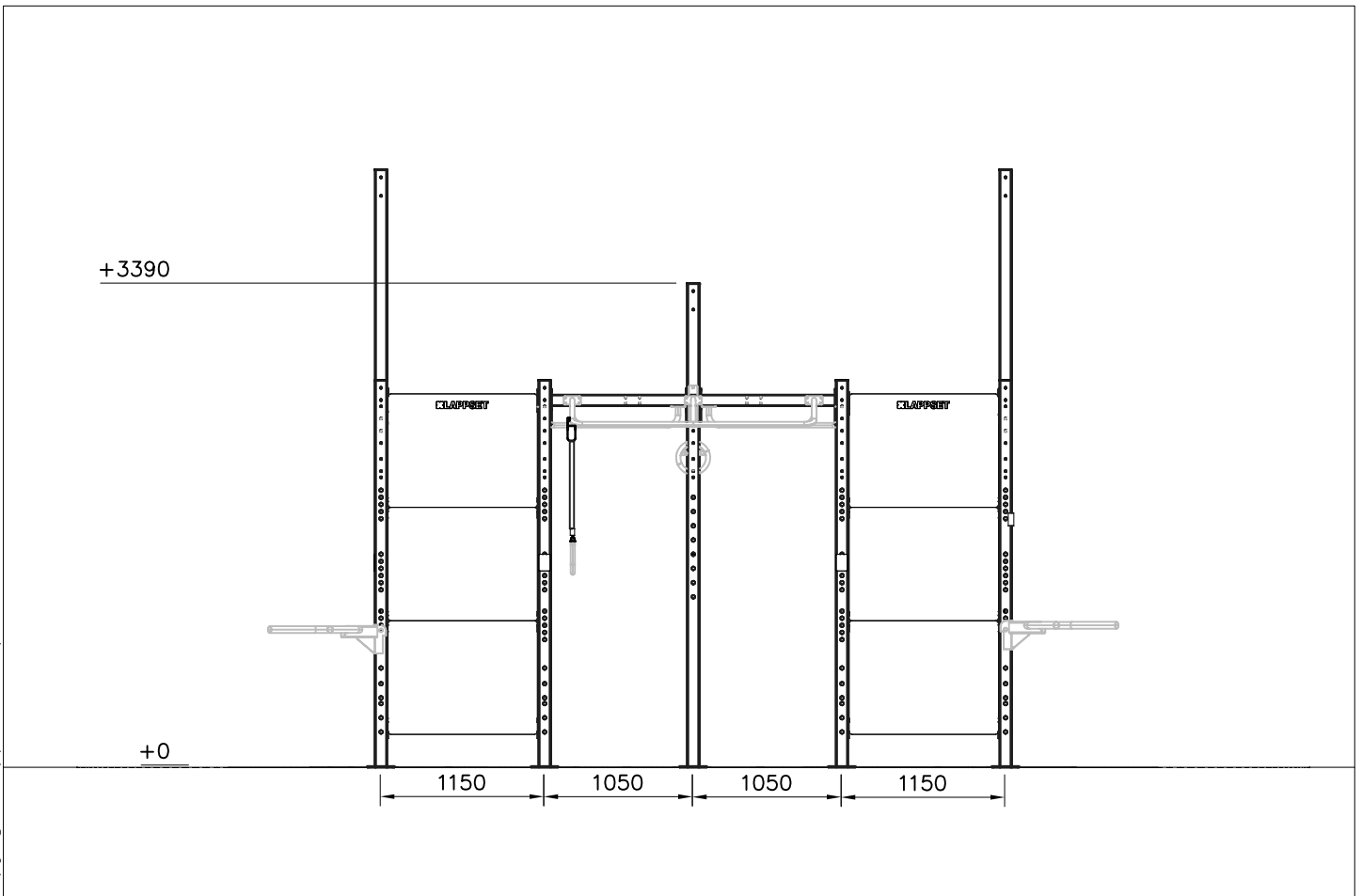
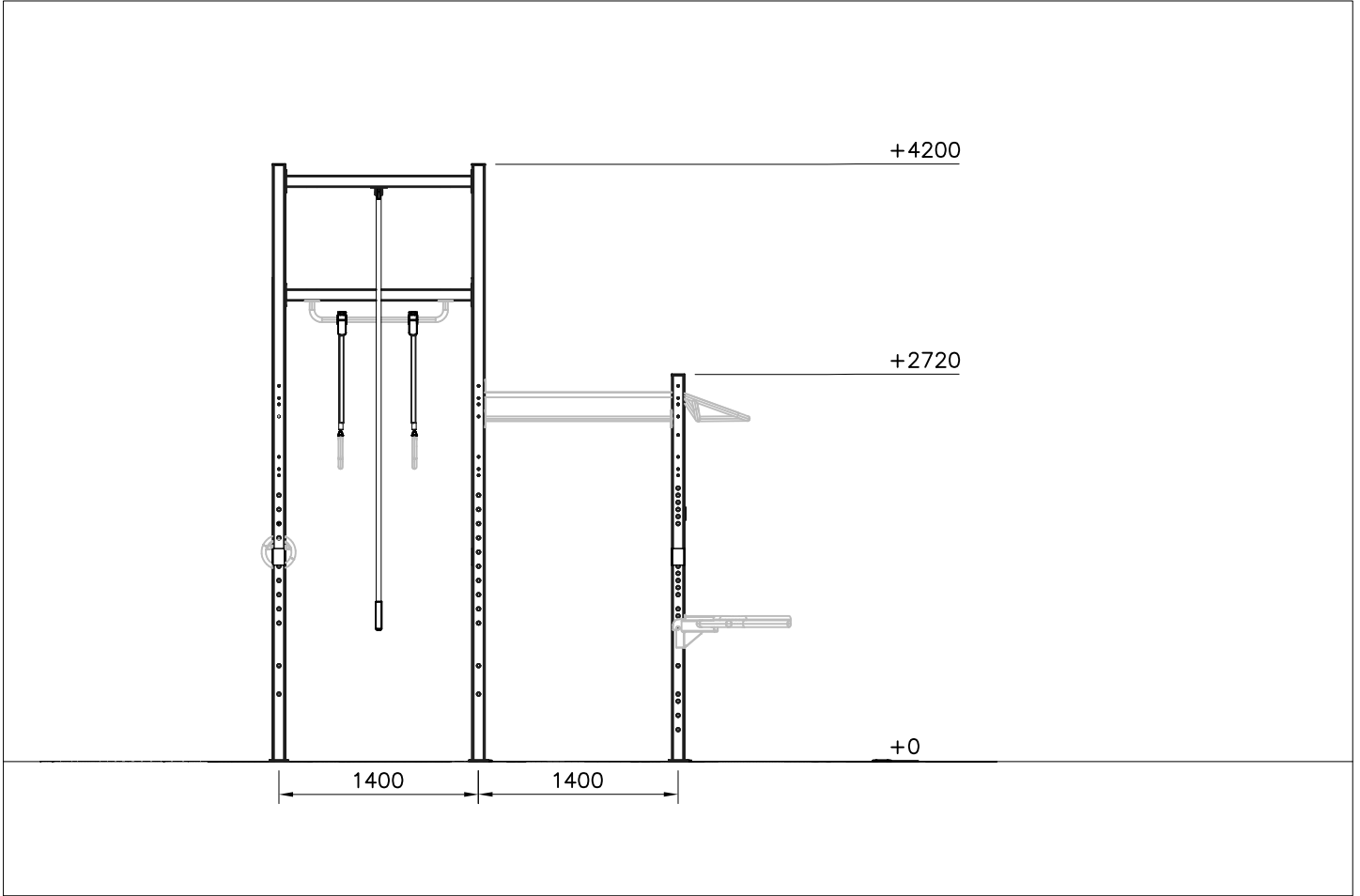
Concrete foundation plans

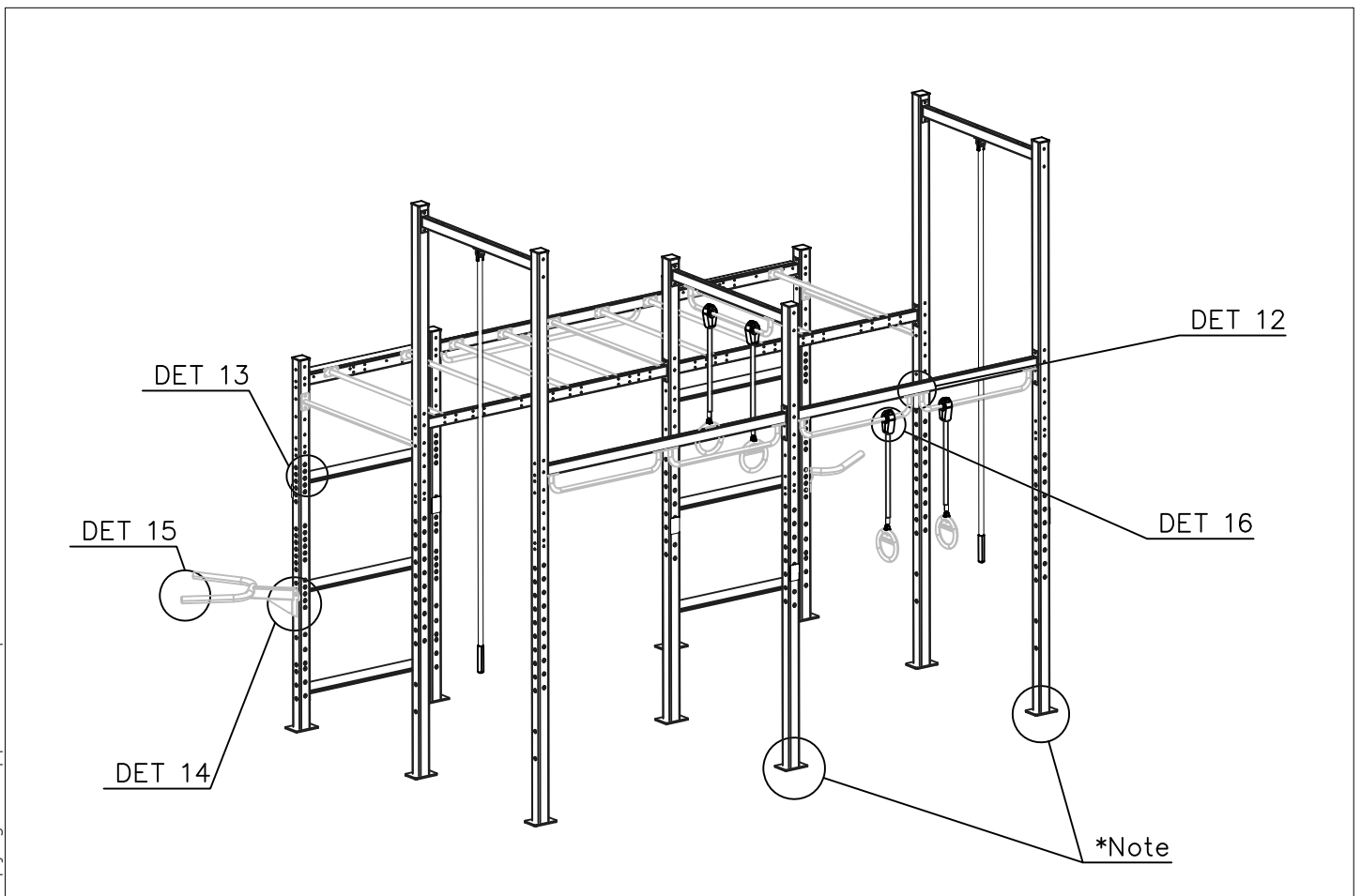
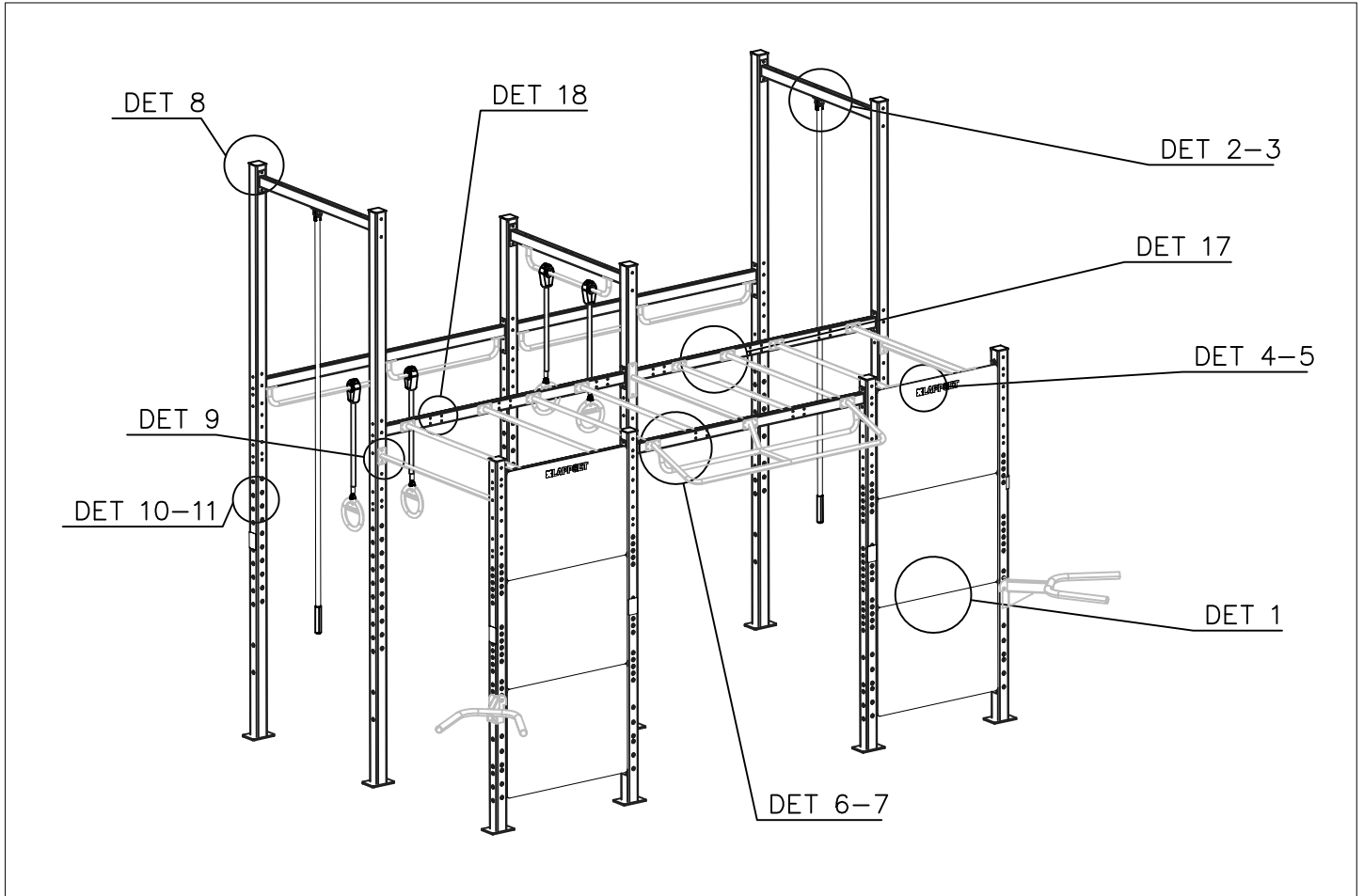
3pcs 200x500x4930



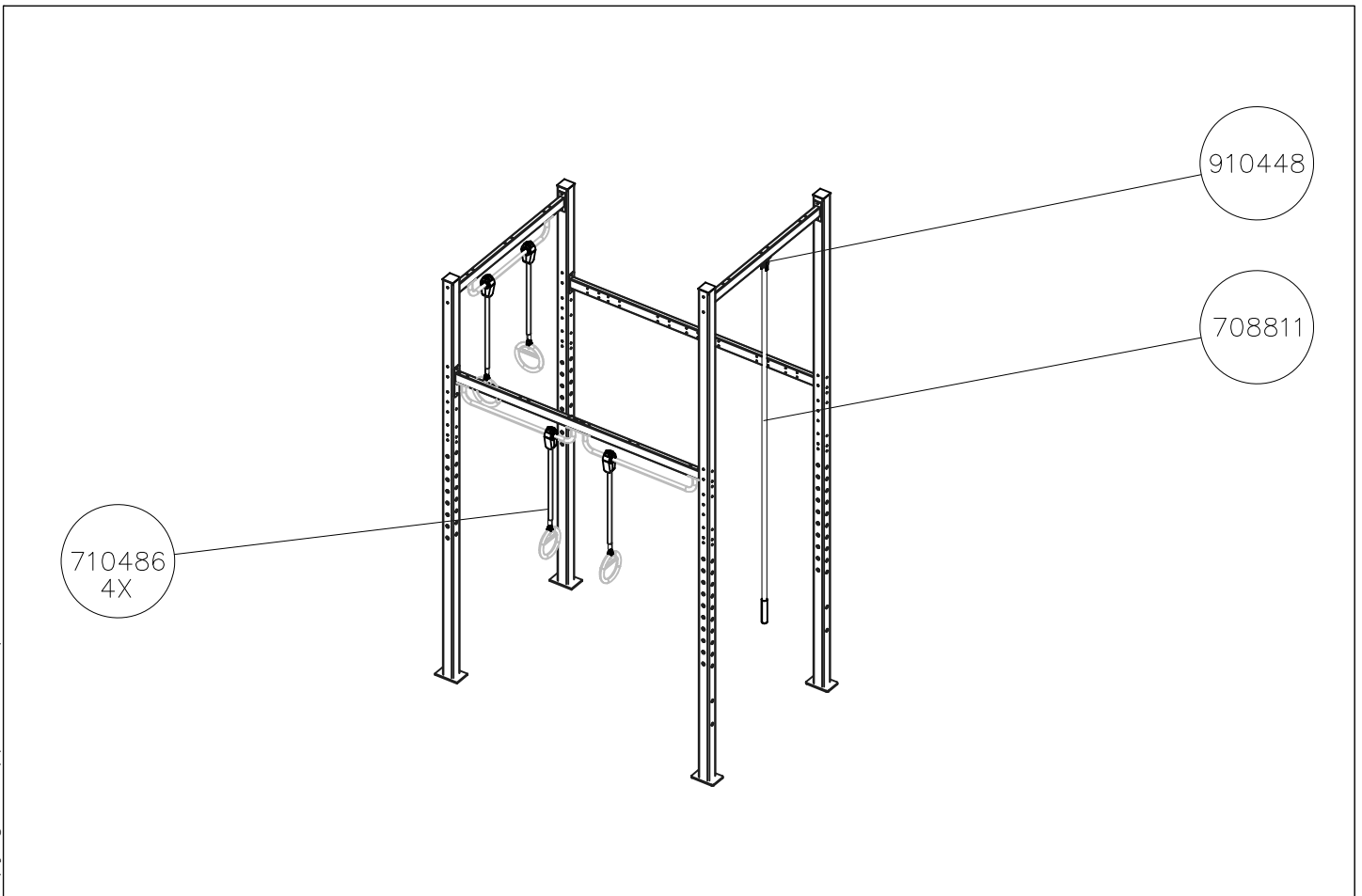
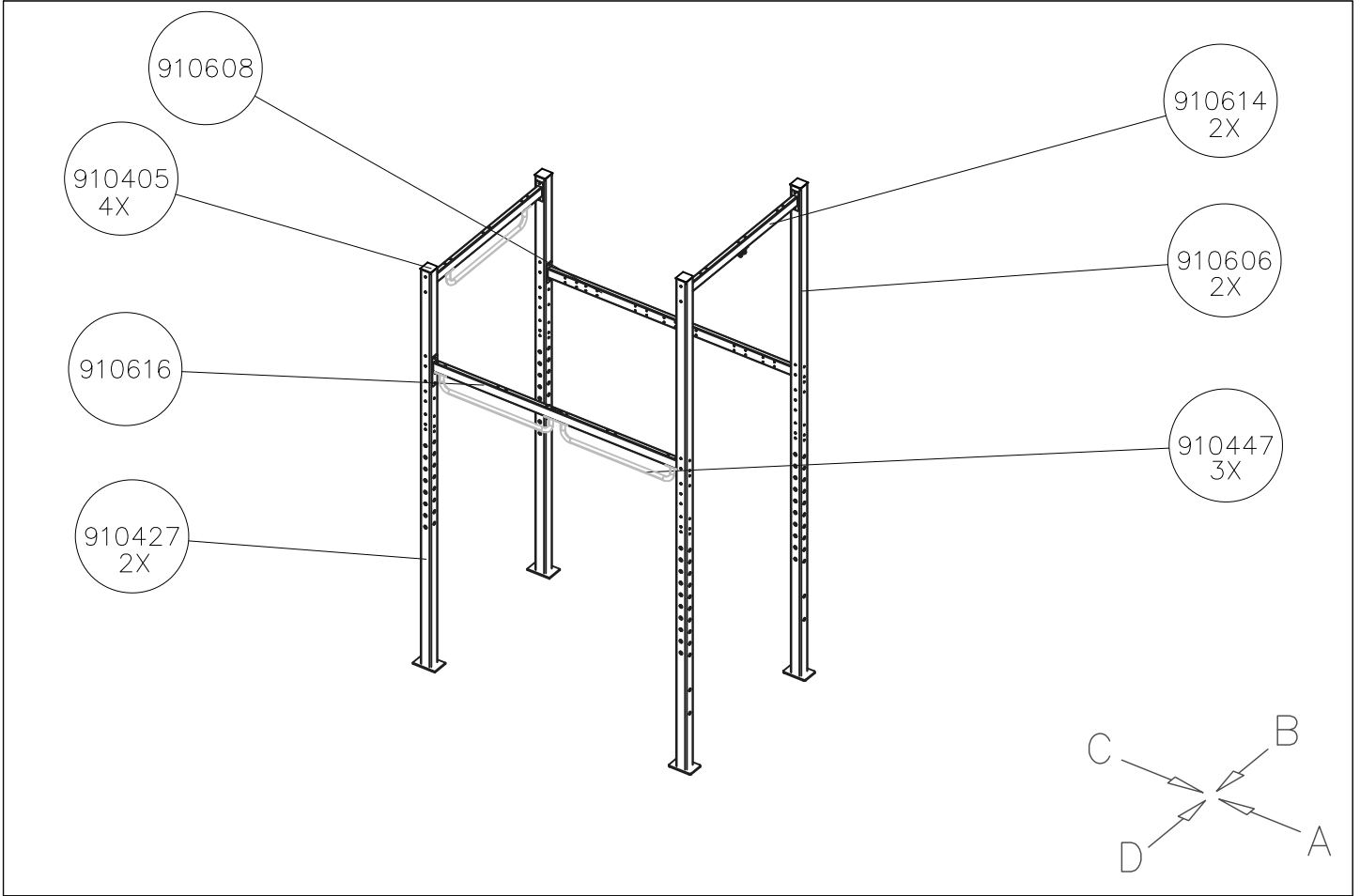
- Area of Movement 48.8 m² Max Falling Height 2750 mm
- - - Movement Space 48.8 m²
- - - Training Space 21.8 m²







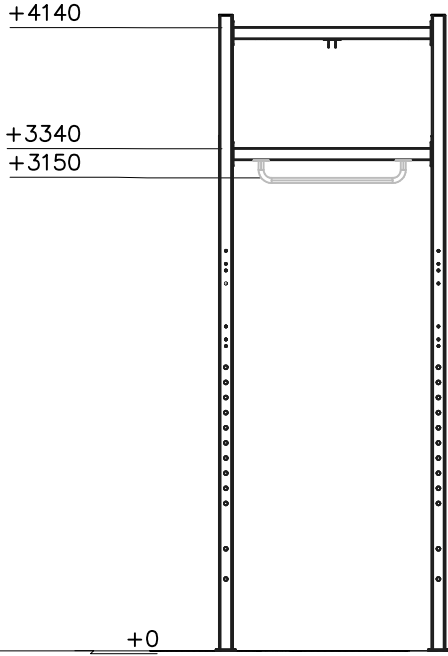
<p>DET 1</p> <p>900348 909633 909256</p>	<p>DET 2</p> <p>909633 909256 909867</p>	<p>DET 3</p> <p>900965 901302 910448 904917</p>	<p>DET 4</p> <p>909256 909633 901104</p>
<p>DET 5</p> <p>909256 909633 709293 900735</p>	<p>DET 6</p> <p>909866 909633 909256</p>	<p>DET 7</p> <p>909633 909256 909866</p>	<p>DET 8</p> <p>910405</p>
<p>DET 9</p> <p>911149 901302 900965</p>	<p>DET 10</p> <p>Plug the unused 13mm holes in the posts and beams with the plugs (910415) Tuki käyttämättömät 13mm reiät puomeissa ja tulpissa tulpilla (910415)</p>	<p>DET 11</p> <p>When installing elements in the 26mm holes use the bushings (910376) on both sides of the post 26mm reikiin asennettaessa käytä puslia (910376) tolpan molemmin puolin</p> <p>910376</p>	<p>DET 12</p> <p>900965 901302 904917</p>
<p>DET 13</p> <p>911149 910376 901302 900965</p>	<p>DET 14</p> <p>910376 901302 900965 911149</p>	<p>DET 15</p> <p>910416</p>	<p>DET 16</p> <p>902233 902232 906006 902195 900965</p>
<p>DET 17</p> <p>909256 909633 900735</p>	<p>DET 18</p> <p>910467</p> <p>Plug the unused 9mm holes in the posts and beams with the plugs (910467) Tuki käyttämättömät 9mm reiät puomeissa ja tulpissa tulpilla (910467)</p>	<p>*Note</p> <p>All the post flanges are in the same direction Kaikki pylväiden jalat ovat samansuuntaisesti</p>	



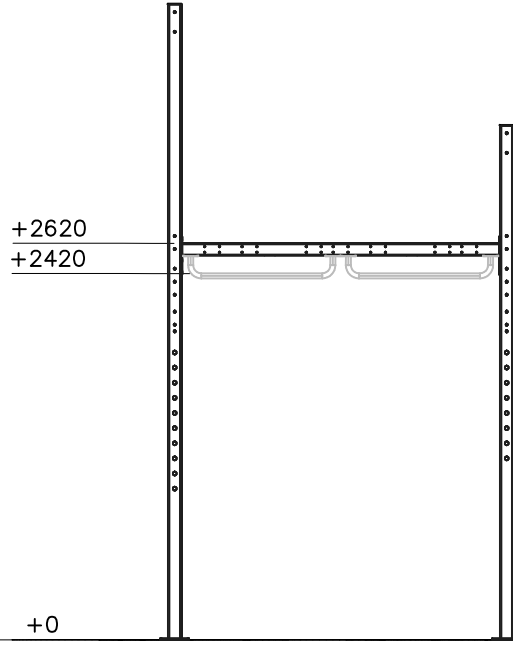
DATE: 19.9.2023

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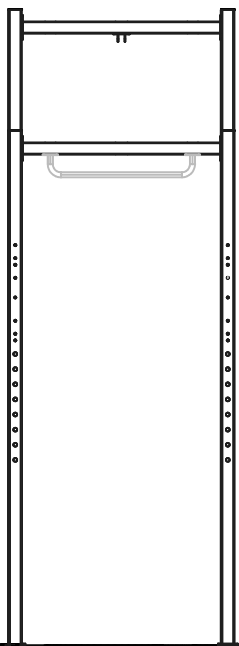
A



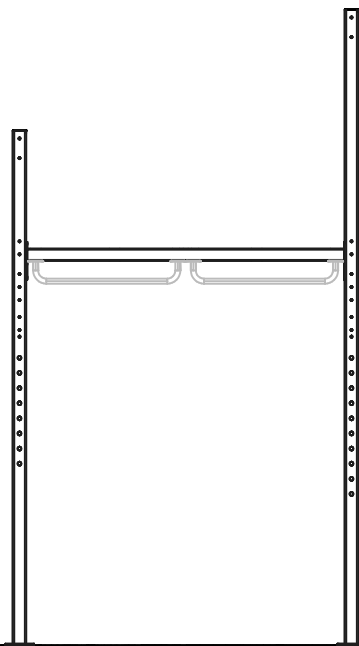
B

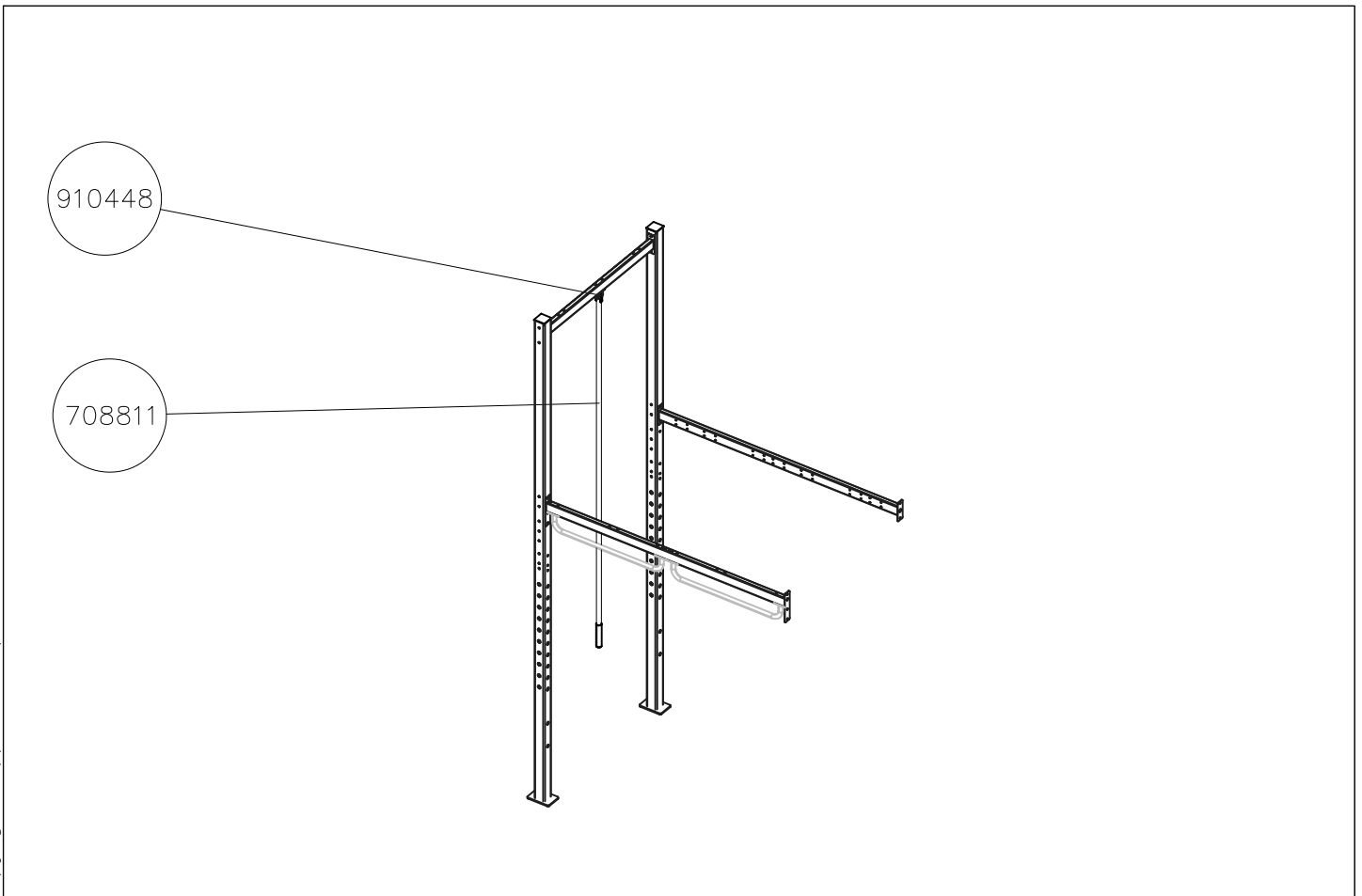
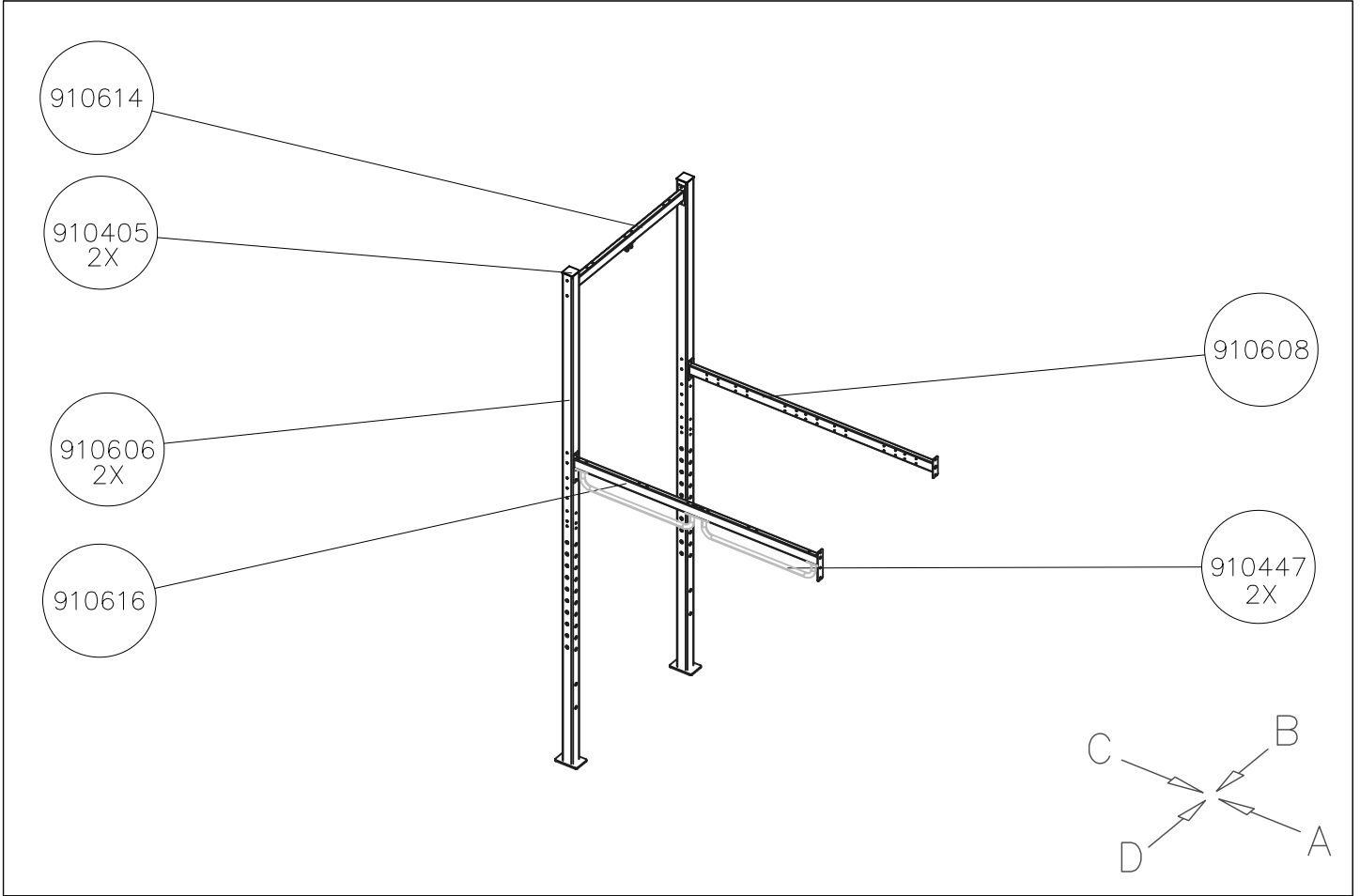


C



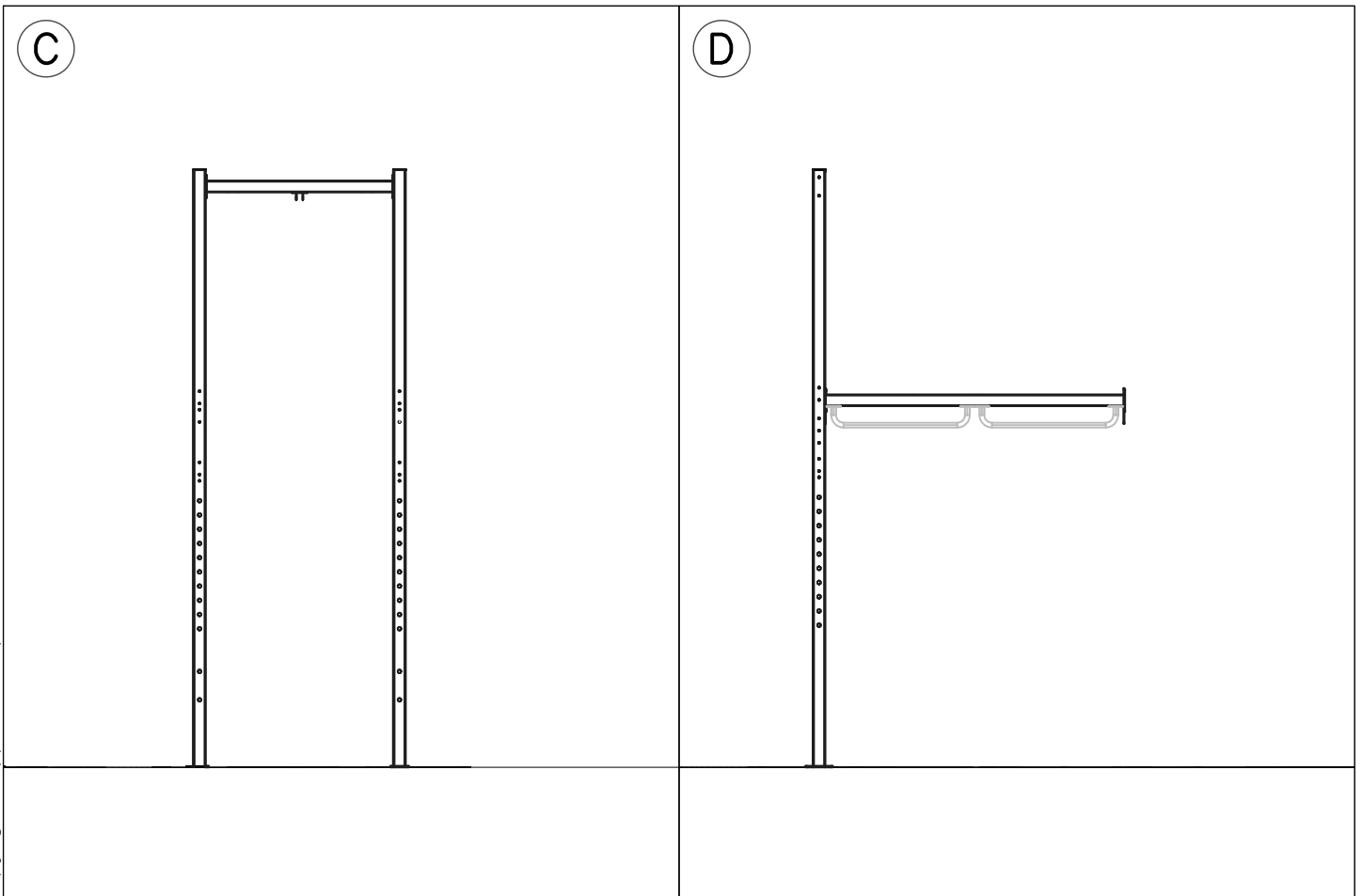
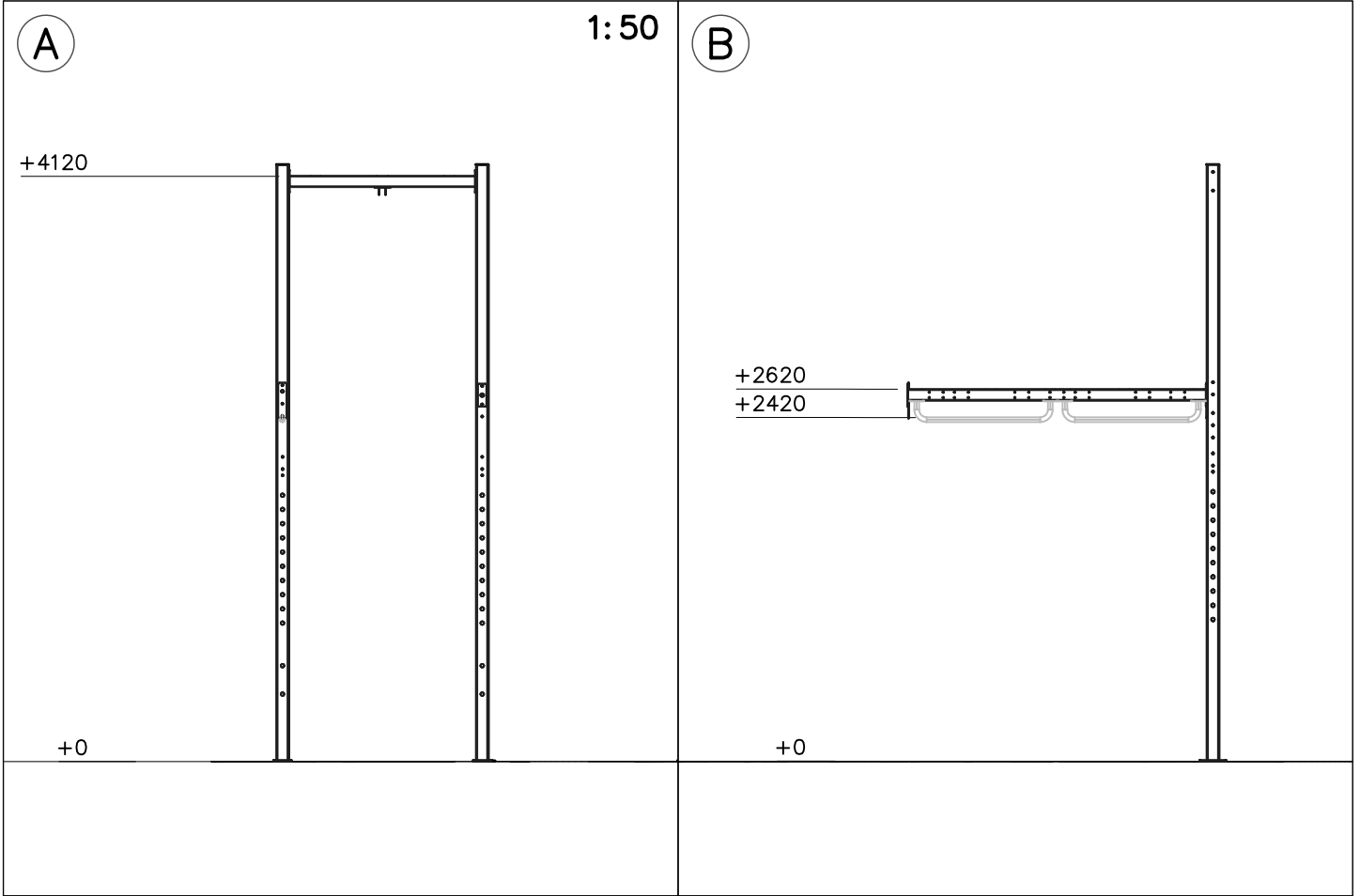
D

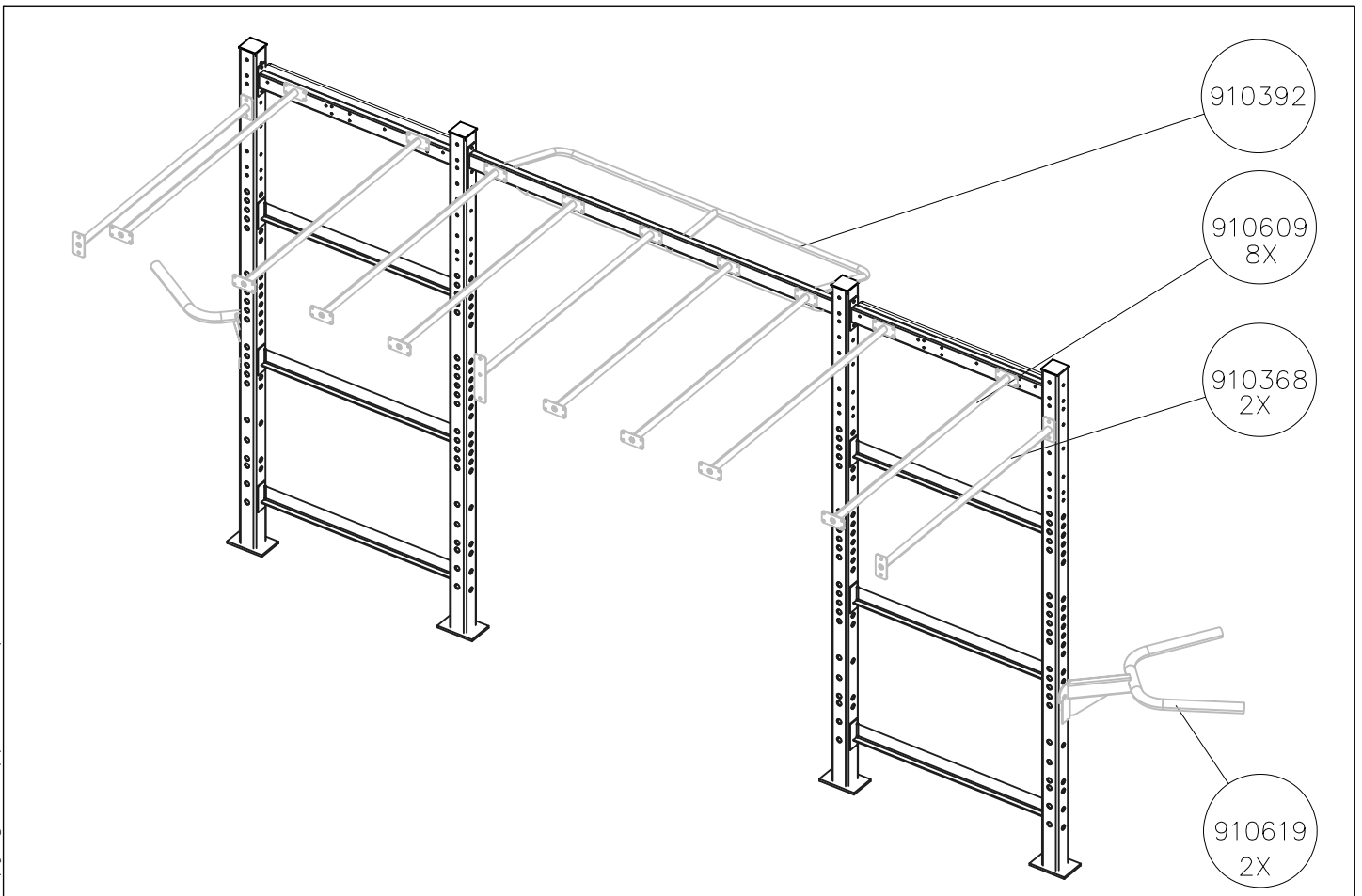
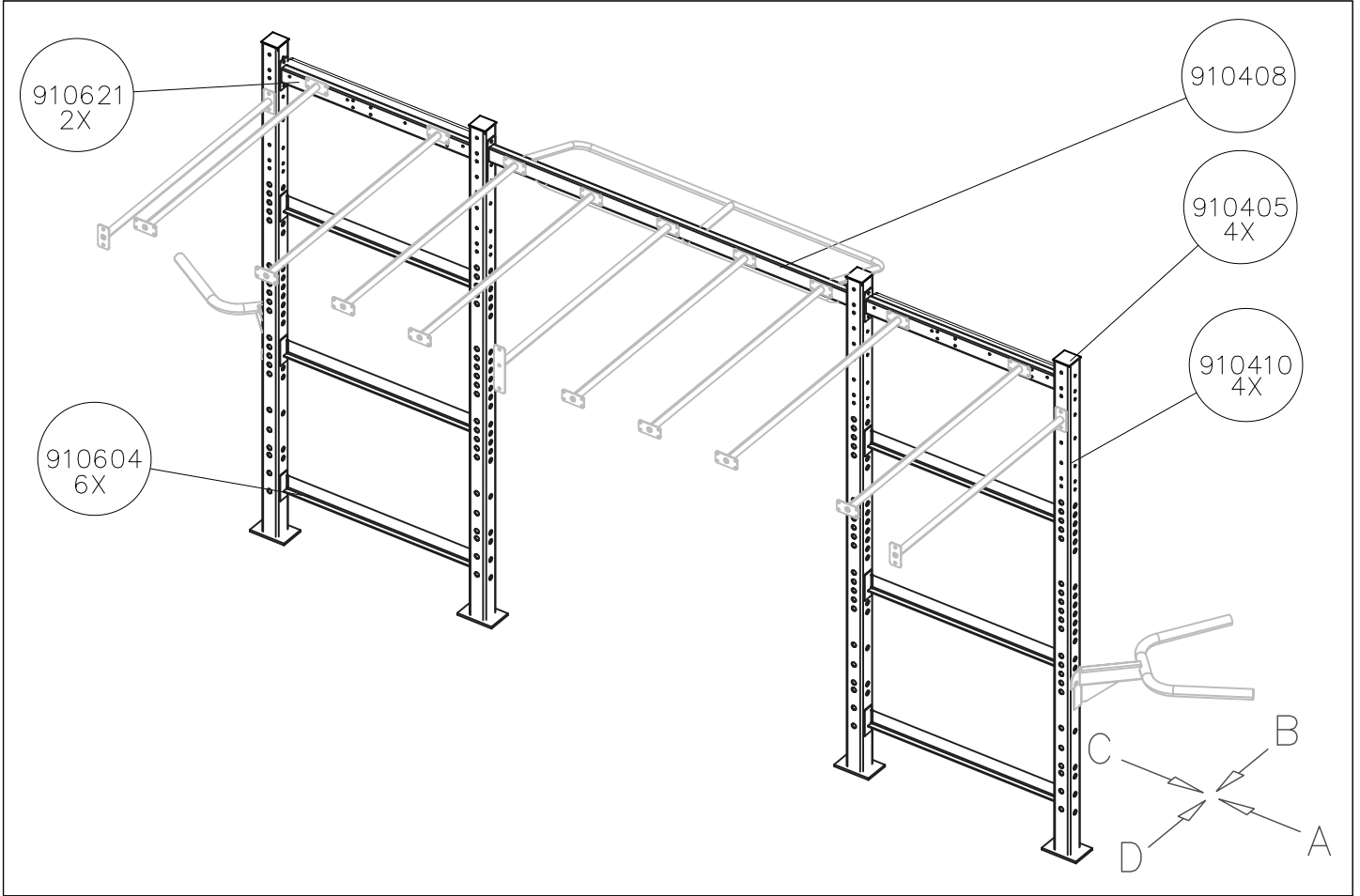




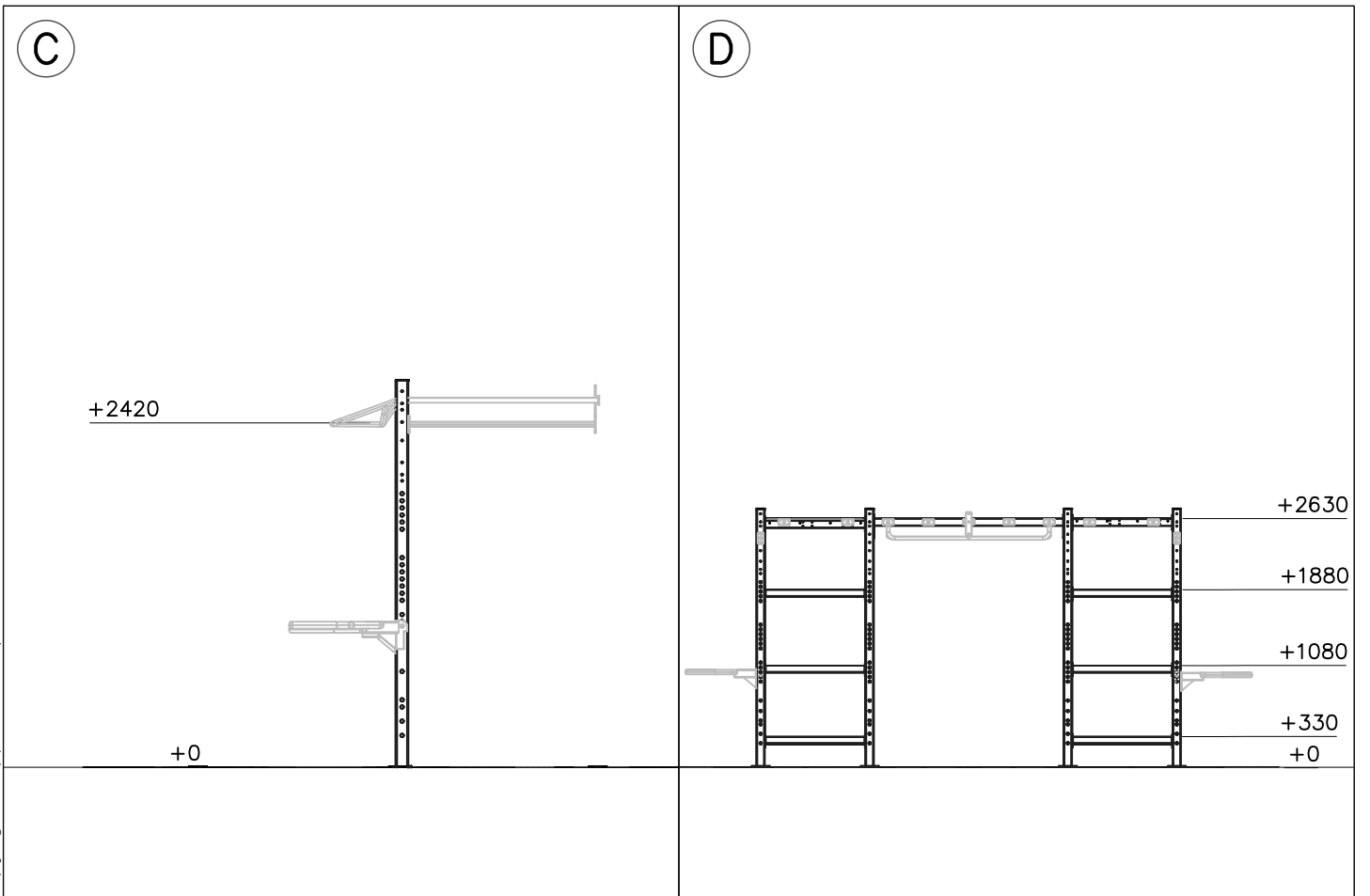
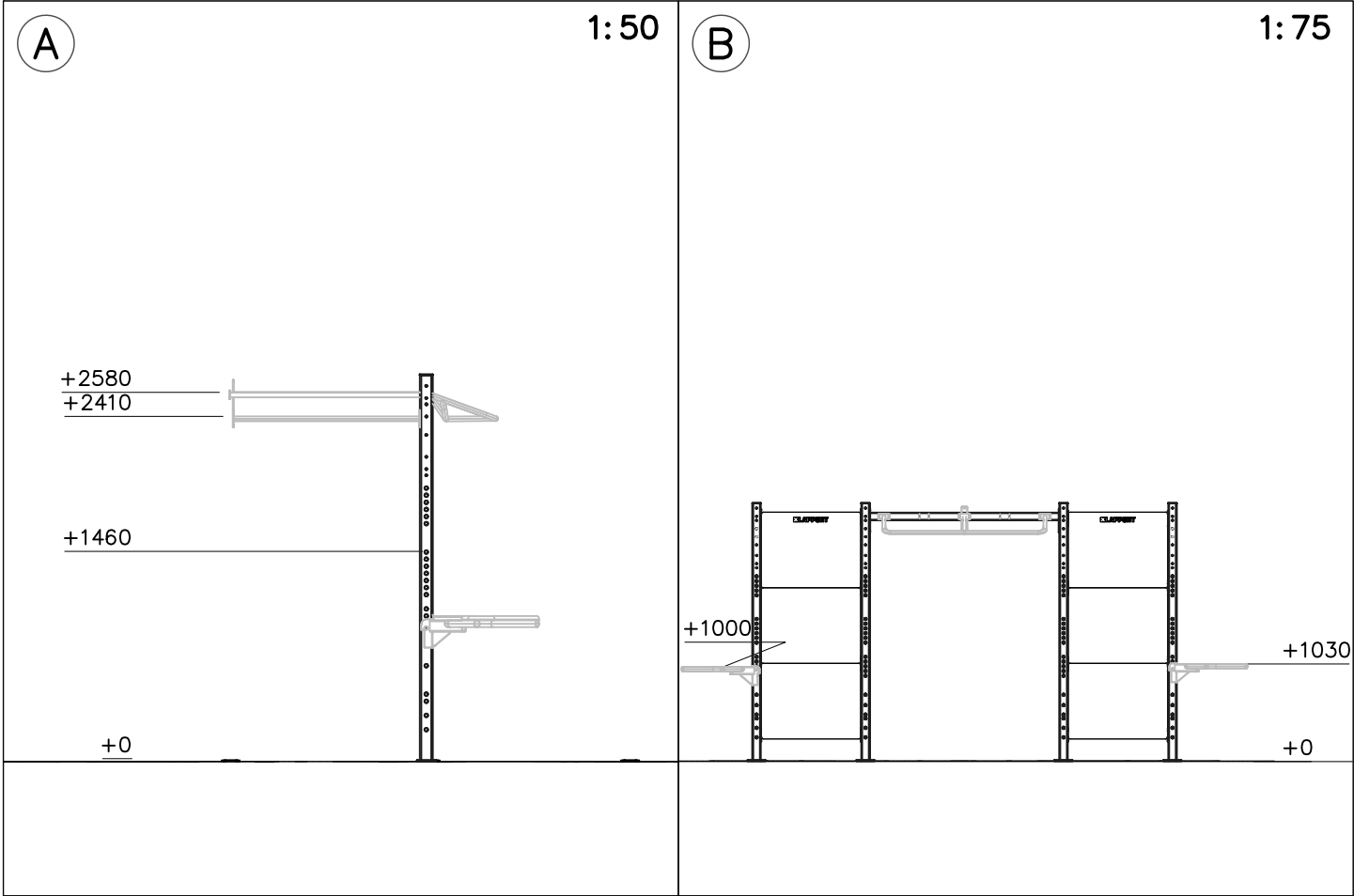
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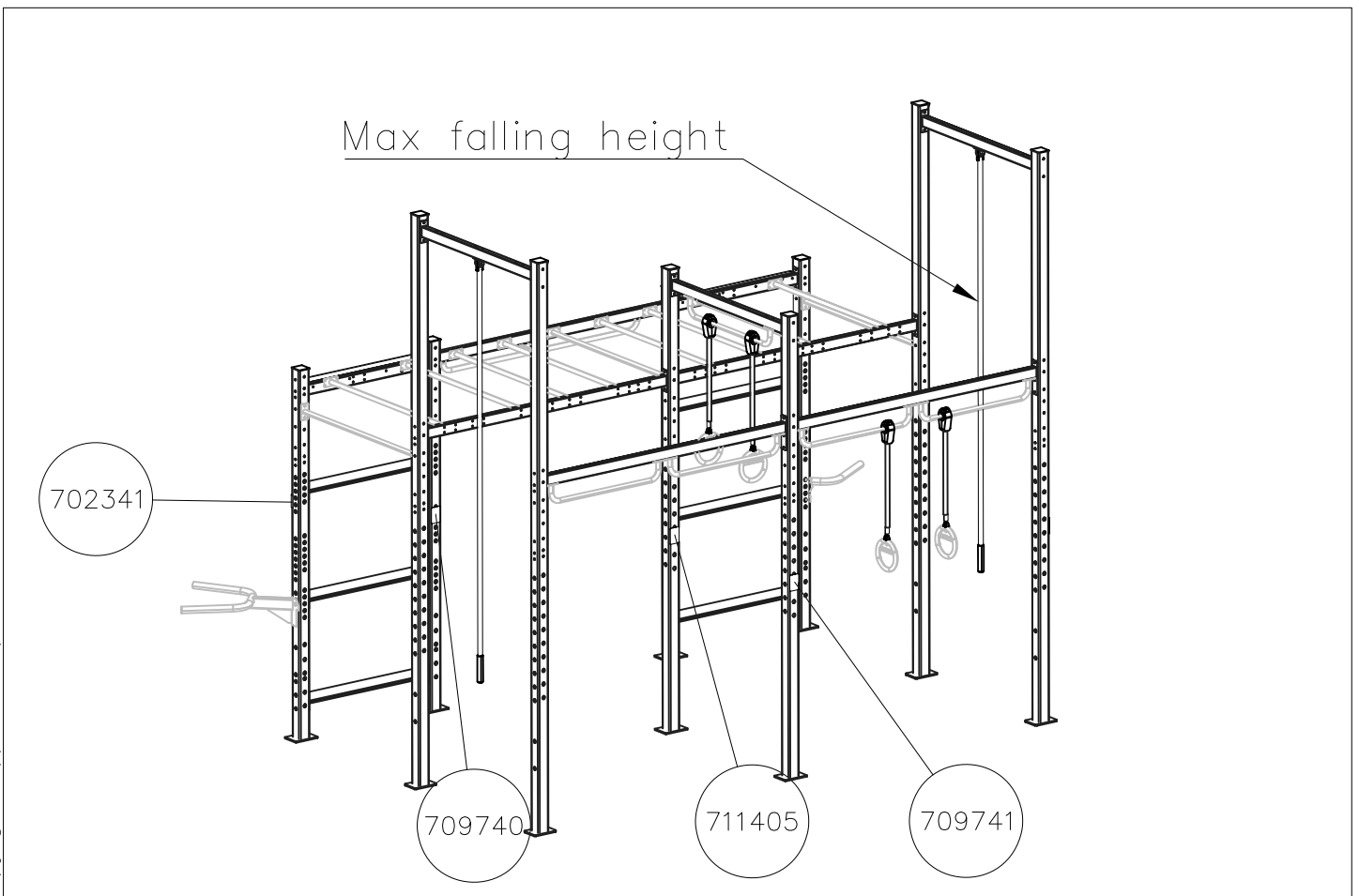
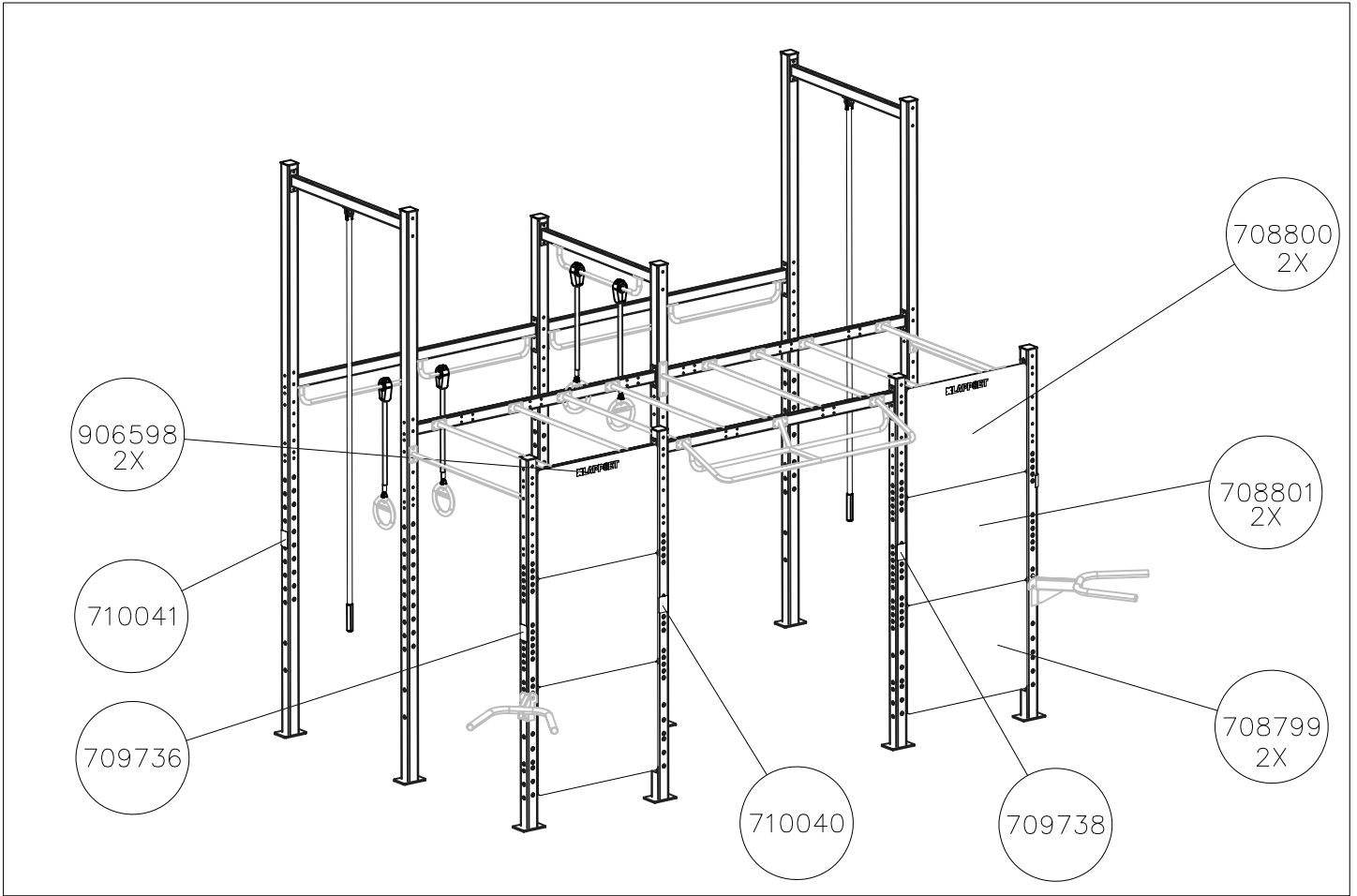
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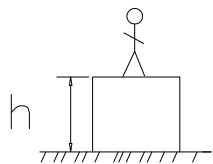




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$h < 1000$

Totally hard surfaces or materials with very limited impact attenuating properties.

Totally hard surfaces.
E.g. concrete or asphalt



Case by case risk assessment is needed including e.g. evaluation whether there is forced movement, what is the intended exercise and where will the product be installed.

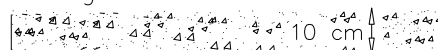
Materials with very limited impact attenuating properties.
E.g. wood



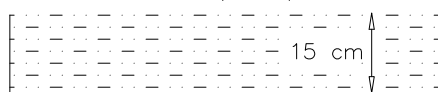
$h < 1200$

Materials with significant impact attenuating properties.

fine gravel 0–8 mm



Unsorted sand/ topsoil



$h < 1500$

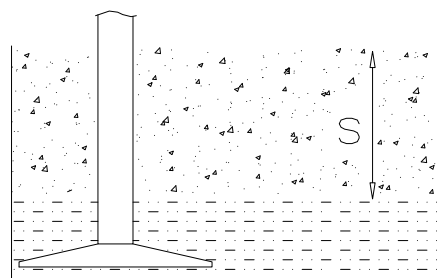
Lawn



$h < 3000$

Loose fill material

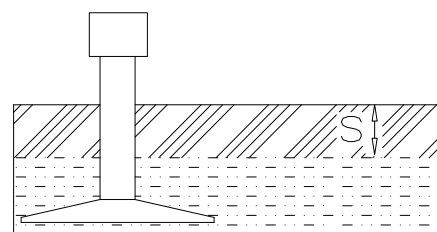
E.g.
sand/gravel 0,25...8 mm $D_{60}/D_{10} < 3,0$
Woodchips 5...30 mm
bark 20...80 mm



\underline{S}	\underline{h}
30 cm	$< 2,0 \text{ m}$
40 cm	$< 3,0 \text{ m}$

Syntetic granulates

\underline{S}	\underline{h}
40 mm	$\sim > 1,2...1,3 \text{ m}$
50 mm	$\sim > 1,5...1,7 \text{ m}$
60 mm	$\sim > 1,8...2,0 \text{ m}$
70 mm	$\sim > 2,1...2,5 \text{ m}$



Note. For accurate values, see manufacturer's instructions.

**Tuotekyltti tulee tuotteen mukana yhdellä seuraavista tavoista:****1) Metallinen tuotekyltti ja kiinnitysruuvit**

- Kiinnitä tuotekyltti ruuveilla tolppaan noin 2 metrin korkeuteen kuvan 1 mukaisesti.

2) Tuotekylttitarra

- Puhdista maalattu metalli- tai vaneripinta pölystä ja kosteudesta. Liimaa tarra kuvan 2 mukaisesti.
- Huom. Älä kiinnitä tarraa karheapintaiseen laminaattiin tai maalattuun puuhun.

Vår produktmärkning levereras på ett av följande sätt:**1) Produktskylt i metall**

- Fäst skylten med de medföljande skruvarna

2) Självhäftande produktetikett

- Rengör den pulverlackerade metallytan eller laminatyten så att den blir fri från smuts och fukt. Fäst etiketten enligt fig. 2.
- Obs! Fäst ej etiketten på detaljer med skrovlig yta eller på målat trä.

Product label is delivered by one of following ways:**1) Metal product label and screws**

- Fasten the label with screws.

2) Label sticker

- Clean the painted metal or plywood surface from dirt and moisture. Fasten the sticker as shown in the figure 2.
- Note. Do not attach the sticker to rough surfaced laminate or painted wood.

La plaque d'informations produit est livrée sous l'une de ces 3 formes :**1) Plaque métallique et vis**

- Fixez la plaque à l'aide des vis.

2) Etiquette autocollante

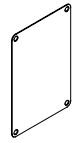

- Avant de coller l'étiquette, nettoyez le composant métallique peint ou la plaque de contreplaqué, de toute saleté. La surface doit être sèche (voir image 2).
- Attention, ne pas coller l'étiquette sur une surface lamellé-collée irrégulière ou sur du bois peint.

Die Auslieferung des Produktaufklebers erfolgt auf eine dieser Arten:**1) Produkt-Schild aus Metall incl. Schrauben**

- Die Befestigung des Schildes erfolgt mittels der Schrauben.

2) Aufkleber

- Entfernen Sie zunächst Schmutz und Feuchtigkeit vom lackierten Metall bzw. von der Holzoberfläche und bringen Sie den Aufkleber wie im Bild oben rechts beschrieben auf den gesäuberten Untergrund auf.
- Beachten Sie: Bringen Sie den Aufkleber nicht auf raues laminiertes oder lackiertes Holz an.

①	SIGN	PCS	②	905390	PCS
 118x78		1	 Ø4,8x28		4

