

Parkour area 3



Parkour is all about creative moves, physical control and interacting with your environment. The best part about the sport is that you can start it anywhere and at any time. And you don't need any previous sporting ability either. You begin with small, simple actions, repeating them to progress to more challenging and complex moves. However complicated the moves, the motivation is the same – the main aim of parkour is to have fun. Parkour area includes: 220592, 081207M, 081275M, 220130, 081657M, 220466, 220685, 220615.