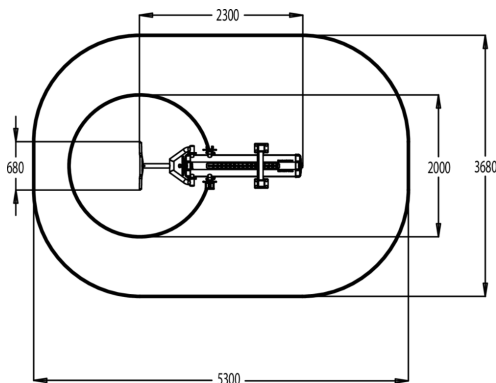
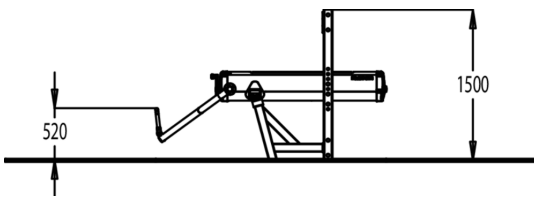


# Sisu Bicep Curl



The bicep curl is a strength exercise for developing biceps brachii. The trainee stands close to the handles, grabs the handles from the desired width, and curls the weight up towards the shoulders. The weight can be adjusted steplessly by turning the wheel. The level of resistance (10 - 85 kg) can be checked from the measuring scale. A towel hook and a bottle holder are for the trainee's convenience.



Product length, mm	2300
Product width, mm	680
Product height, mm	1500
Safety info	EN 16630 TÜV
Foundation options	surface_mounting
Metal	
Colour of walls and HPL	