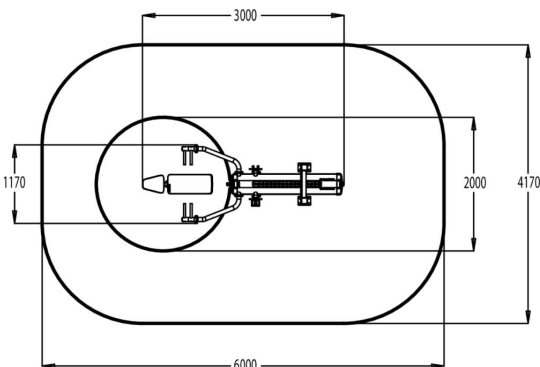
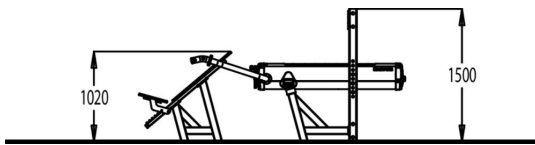


Sisu Incline Bench Press



The incline bench press is a weight training exercise used for developing the pectoralis, deltoids, and triceps muscles. The trainee presses the handles upwards while lying on the bench. In the handles, there are two grip widths and heights available. The seat of the bench is adjustable. The backrest is solid. The weight can be adjusted steplessly by turning the wheel. The level of resistance (10 - 100 kg) can be checked from the measuring scale. A towel hook and a bottle holder are for the trainee's convenience. You may download all 2d dwg top views for Sisu Fitness products from here: <https://lappset.contenthub.fi/ui/shares/w5923919/635076/en/workspaces/5923919>



Product length, mm	3000
Product width, mm	1170
Product height, mm	1500
Max. free fall height, mm	550
Metal	
Colour of walls and HPL	