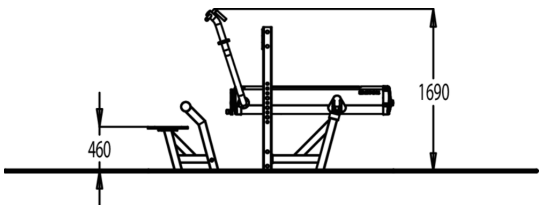
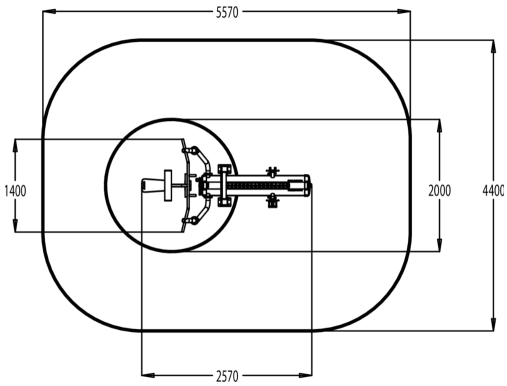
081861
Sisu Overhead Pulldown



The overhead pulldown exercise is a strength training exercise used for developing the back muscles (latissimus dorsi) and the biceps muscles. The trainee, while seated on the bench facing the equipment, pulls the bar down towards one's chest. To activate muscles from a different angle, the grip width can be varied along the bar from narrow to wide. The seat is equipped with a thigh– and footrest for the trainee's convenience. The weight can be adjusted steplessly by turning the wheel. The level of resistance (15 -100 kg) can be checked from the measuring scale. A towel hook and a bottle holder are for the trainee's convenience.





Number of users	1
Product length, mm	2570
Product width, mm	1400
Product height, mm	1690
Height required, mm	1960
Max. free fall height, mm	460
Safety info	EN 16630 TÜV
Foundation options	surface_mounting
Metal	
Colour of walls and HPL	

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