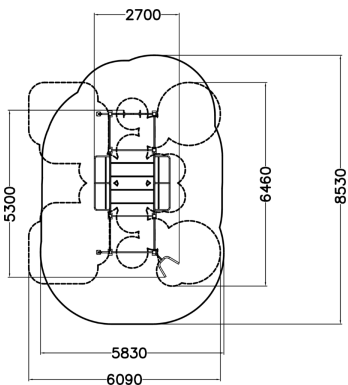
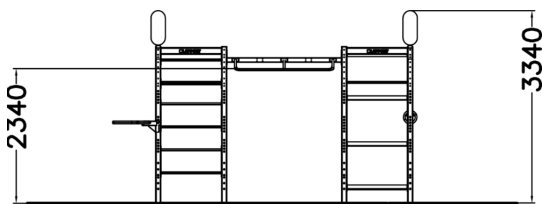


# Sisu Fitness Frame M



Bodyweight training enhances your stamina, mobility and strength. At the same time, it improves your balance and improves your speed and agility. Lappset Fitness frame offers challenges to both beginners and more advanced users, because the equipment allows versatile variations of the exercise routines.



Product length, mm	5300
Product width, mm	2700
Product height, mm	3340
Impact area, m <sup>2</sup>	42.8
Max. free fall height, mm	2510
Safety info	EN 16630 TÜV
Foundation options	surface_mounting
Metal	