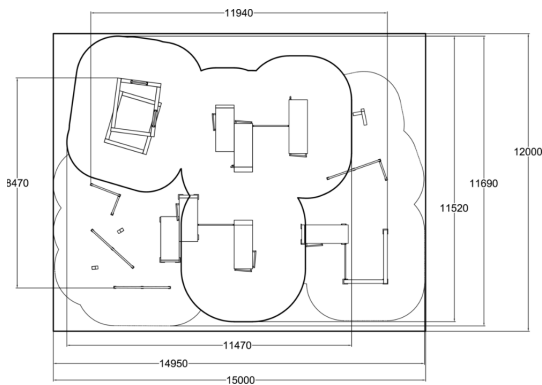


M1 is a medium category spot including the following products: Base Double M, Base L, Base Frame, Base Double S1, Base M, Base Pile, Vault L, Rail Corner High, Rail Corner Low, 2 x Rail Line, Dex Landing, 2 x Dex Step, 3 x Additional Bar Element. This spot has some higher elements that enable proper wall running, swinging and leaping for youth and adults. In addition there are specific balancing, vaulting and underbar elements. M1 covers all the core parkour functions and offers even more variability and movement connecting options (especially in wall techniques) than small category spots. Watch a wide selection of parkour techniques performed on Dash Parkour equipment. The playlist showcases how the products can be used in versatile ways: Watch the videos here.



User age	10-99
Product length, mm	11940
Product width, mm	8470
Product height, mm	2450
Impact area, m <sup>2</sup>	84.2
Falling space, m <sup>2</sup>	148.5
Height required, mm	4550
Max. free fall height, mm	1500
Foundation options	deep_mounting surface_mounting
Wood	
Metal	