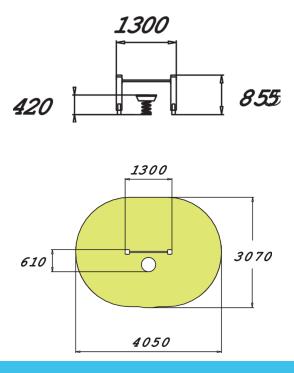




٢

Rocking bench placed in front of a bar for holding on to, intended for seniors. The bench height is 450 mm, and the bar is at 750 mm. Balancing on the unstable bench improves body control and balance, with a particular focus on the deep muscles. This is also a fun way of improving one's posture.



LAPPSET GROUP LTD P.O. Box 8146, 96101 Rovaniemi, Finland lappset@lappset.com | www.lappset.com