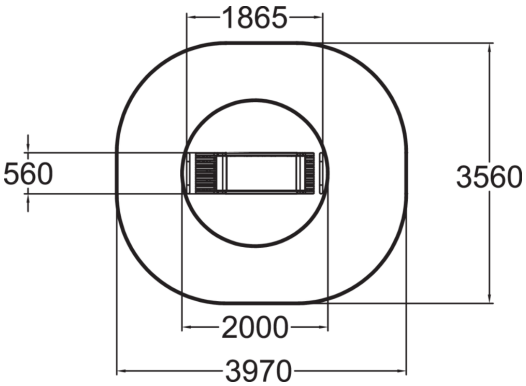
LAPPSET

081210M
BACK'N ABS



Back’n Abs is an inclined bench (685 mm high at one end and 430 mm at the other), suitable for back and abdominal exercises, in order to improve core strength equally at the front and back of the body. There are separate metal footrests at both ends. Core fitness helps to support the body and provide good posture, forming an important elements of almost everything we do.





Number of users	1
Product length, mm	1865
Product width, mm	560
Product height, mm	685
Max. free fall height, mm	685
Safety info	EN 16630, EN 1176-1 TÜV
Installation time (for 1), H	2
Foundation options	deep_mounting surface_mounting
Wood	
Metal	

LAPPSET GROUP LTD
P.O. Box 8146, 96101 Rovaniemi, Finland
lappset@lappset.com | www.lappset.com

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